



# Central Valley Academy

## (G) V Cheerleading (Fall)

### Coaches:

- Shannon Darrow
- Ianna Eddy

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 19, 2024	Mon	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Aug 20, 2024	Tue	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Aug 21, 2024	Wed	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Aug 22, 2024	Thu	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Aug 23, 2024	Fri	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Aug 26, 2024	Mon	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Aug 27, 2024	Tue	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Aug 28, 2024	Wed	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Aug 29, 2024	Thu	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Aug 30, 2024	Fri	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 2, 2024	Mon	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 3, 2024	Tue	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 4, 2024	Wed	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 5, 2024	Thu	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 6, 2024	Fri	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 6, 2024	Fri	Regular Season	@ Fonda-Fultonville	7:00 PM		Fonda-Fultonville HS	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Sep 6, 2024 <b>Departure Time:</b> 4:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2024	Fri	Regular Season	@ South Jefferson (Fall)	TBD		SJ HS/MS - Stadium Turf Field	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Sep 5, 2025 <b>Departure Time:</b> 4:45 PM	L
Sep 9, 2024	Mon	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 10, 2024	Tue	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 11, 2024	Wed	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 13, 2024	Fri	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 16, 2024	Mon	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 17, 2024	Tue	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 18, 2024	Wed	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 19, 2024	Thu	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 23, 2024	Mon	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 24, 2024	Tue	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 25, 2024	Wed	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 26, 2024	Thu	Regular Season	@ TBD	7:00 PM		TBD	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Sep 26, 2024 <b>Departure Time:</b> 5:00 PM	L
Sep 27, 2024	Fri	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Sep 30, 2024	Mon	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 1, 2024	Tue	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 2, 2024	Wed	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 3, 2024	Thu	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 4, 2024	Fri	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 5, 2024	Sat	Regular Season	@ Camden (Fall)	6:30 PM		Camden High School Stadium	<b>Departure Date:</b> Oct 5, 2024 <b>Departure Time:</b> 4:30 PM	L
Oct 7, 2024	Mon	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 8, 2024	Tue	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 9, 2024	Wed	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 10, 2024	Thu	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 14, 2024	Mon	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 15, 2024	Tue	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 16, 2024	Wed	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 17, 2024	Thu	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 18, 2024	Fri	Regular Season	@ Vernon-Verona-Sherrill (Dance Team)	7:00 PM		Turf Field Stadium	<b>Departure Point:</b> Weber Ave <b>Departure Date:</b> Oct 18, 2024 <b>Departure Time:</b> 6:00 PM	L
Oct 21, 2024	Mon	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 22, 2024	Tue	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 23, 2024	Wed	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 24, 2024	Thu	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 25, 2024	Fri	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 25, 2024	Fri	Regular Season	New Hartford (Fall)	6:30 PM		Diss Athletic Complex		L
Oct 28, 2024	Mon	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 29, 2024	Tue	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 30, 2024	Wed	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Oct 31, 2024	Thu	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		
Nov 1, 2024	Fri	Practice (Cheerleading Practice)	N/A	3:00 PM	5:00 PM	CVA Main Gym		

Date: 2025-12-05