



Central Valley Academy

(G) V Cheerleading (Winter)

Coaches:

- Shannon Darrow
- Ianna Eddy

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Nov 19, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Nov 20, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Nov 21, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Nov 22, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Nov 25, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	CVA NJROTC room 1300		
Nov 26, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	CVA NJROTC room 1300		
Dec 2, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Dec 3, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Barringer Road Elementary Gym		
Dec 4, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Barringer Road Elementary Gym		
Dec 5, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Dec 6, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Dec 9, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Dec 11, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Barringer Road Elementary Gym		
Dec 12, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Dec 16, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Dec 18, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Barringer Road Elementary Gym		
Dec 19, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Dec 30, 2024	Mon	Practice	N/A	10:00 AM	12:00 PM	CVA Small Gym		
Jan 2, 2025	Thu	Practice	N/A	10:00 AM	12:00 PM	CVA Small Gym		
Jan 3, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Jan 6, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Jan 7, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Barringer Road Elementary Gym		
Jan 8, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Barringer Road Elementary Gym		
Jan 28, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	CVA Small Gym		
Jan 30, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 4, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Feb 5, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	CVA Small Gym		
CANCELLED Feb 6, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	CVA Small Gym		
Feb 10, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	CVA Small Gym		
Feb 12, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	CVA NJROTC room 1300		
Feb 13, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	CVA Small Gym		
Feb 24, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	CVA Small Gym		

Date: 2025-12-05