Coaches:

Kevin Schulz

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2023	Wed	Regular Season	Jamesville-Dewitt @ East Syracuse Minoa	4:50 PM		ESM Kirkville Rd. Field	Departure Point: Middle School Departure Time: 3:15 PM	L
Sep 16, 2023	Sat	Regular Season (ESM Invitational)	@ TBD	10:30 AM		ESM Kirkville Rd. Field	Departure Point: High School Departure Time: 9:15 AM	L
Sep 20, 2023	Wed	Regular Season	Fulton	5:45 PM		CS: MHE XC Course	Departure Point: High School	L
Sep 23, 2023	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	1:00 PM	6:30 PM	Bville - Durgee Cross Country Trail	Departure Point: High School Departure Time: 11:00 AM	L
Sep 27, 2023	Wed	Regular Season	Corcoran (Syracuse West), Jamesville- Dewitt	5:45 PM		CS: MHE XC Course	Departure Point: High School	L
Sep 30, 2023	Sat	Regular Season (McQuaid Invitational)	@ TBD	3:15 PM		Genesee Valley Park - McQuaid	Departure Point: High School Departure Time: 12:00 PM	NL
Oct 4, 2023	Wed	Regular Season	Nottingham @ Oswego	5:45 PM		Oswego Middle School Cross Country Trail	Departure Point: Middle School Departure Time: 4:00 PM	L
Oct 7, 2023	Sat	Regular Season (Whitesboro Invitational)	@ Whitesboro	9:30 AM		Deerfield Town Wilderness Park	Departure Point: High School Departure Time: 7:00 AM	L
Oct 14, 2023	Sat	Regular Season (Rome Invitational)	@ Rome Free Academy	TBD		RFA Cross Country Course	Departure Point: High School Departure Time: 9:00 AM	L
Oct 19, 2023	Thu	Regular Season (SCAC Modified XC Invitational)	Oswego, Fulton, Jamesville-Dewitt, Auburn, Nottingham, Corcoran (Syracuse West), Henninger, Cicero-North Syracuse, Liverpool, Fayetteville-Manlius, West Genesee, Baldwinsville @ East Syracuse Minoa	4:30 PM	7:30 PM	ESM Kirkville Rd. Field	Departure Point: Middle School Departure Time: 3:00 PM	L

Date: 2024-04-10