Central Square (G) V Cross Country

Coaches:

• Sheri Hansen

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 6, 2025	Sat	Regular Season (Mustang Invitational)	Remsen, Utica Proctor, Auburn, Camden, Weedsport, Fayetteville-Manlius, Chittenango, Canastota, South Lewis, Jamesville- Dewitt, Cicero-North Syracuse, Onondaga Central, Jordan- Elbridge, Marcellus, Beaver River, Watertown, Pulaski, Baldwinsville, Indian River, Liverpool, Phoenix, West Genesee, Tully, New Hartford, Notre Dame, Utica, Holland Patent, Waterville, Clinton, Fabius-Pompey, Vernon-Verona- Sherrill, Oneida, Cazenovia, Whitesboro, DeRuyter, Hamilton, Guilderland High School, Nottingham (Nottingham), Central Valley Academy @ Mount Markham	8:00 AM		Mount Markham HS	Departure Point: High School Departure Time: 7:45 AM	NL
Sep 10, 2025	Wed	Regular Season (SCAC Relays)	Cicero-North Syracuse, Liverpool, Baldwinsville, West Genesee, Corcoran (Syracuse West), Henninger (Henninger), Nottingham (Nottingham), Jamesville-Dewitt, Fulton, Oswego @ East Syracuse Minoa	4:30		ESM Kirkville Rd. Field	Departure Point: High School Departure Time: 3:15 PM	L
Sep 13, 2025	Sat	Regular Season (ESM Invitational)	@ TBD	TBD		ESM Kirkville Rd. Field	Departure Point: High School Departure Time: 7:00 AM	L
Sep 17, 2025	Wed	Regular Season	Jamesville-Dewitt	4:30 PM		CS: MHE XC Course		L
Sep 20, 2025	Sat	Regular Season (Baldwinsville Invite)	@ TBD	TBD	6:30 PM	Bville - Durgee Cross Country Trail	Departure Point: High School Departure Time: 9:40 AM	L
Sep 24, 2025	Wed	Regular Season	Auburn	4:30 PM		CS: MHE XC Course		L
Sep 27, 2025	Sat	Regular Season (McQuaid Invitational)	@ McQuaid Jesuit	TBD		Genesee Valley Park - McQuaid	Departure Point: High School Departure Time: 12:15 PM	L
Oct 1, 2025	Wed	Regular Season	Oswego @ Fayetteville-Manlius	4:30 PM		FM Cross Country	Departure Point: High School Departure Time: 3:00 PM	L

Oct 8, 2025	Wed	Regular Season (Senior Night)	Fulton @ East Syracuse Minoa	4:30 PM	ESM Kirkville Rd. Field	Departure Point: High School Departure Time: 3:00 PM	L
Oct 11, 2025	Sat	Regular Season (Manhattan Invitational)	@ TBD	TBD	Van Cortlandt Park	Departure Point: High School	L
Oct 22, 2025	Wed	Regular Season (SCAC Championships)	Auburn, Corcoran (Syracuse West), Fayetteville-Manlius, Fulton, Fowler (Syracuse West), Henninger (Henninger), Jamesville-Dewitt, Liverpool, Cicero-North Syracuse, Nottingham (Nottingham), West Genesee, Oswego, East Syracuse Minoa @ Baldwinsville	4.30 DM	Bville - Durgee Cross Country Trail	Departure Point: High School Departure Time: 3:00 PM	L
Nov 8, 2025	Sat	Regular Season (Section III Championship)	@ TBD	2:05 PM	Mount Markham	Departure Point: High School Departure Time: 11:00 AM	L

Date: 2025-12-05