

# Central Square

## (G) V Cross Country

Coaches:

- Sheri Hansen

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	TBD, Adirondack, Auburn, Beaver River, Canastota, Cato-Meridian (Blue Devils), Cazenovia, Christian Brothers Academy, Dewitt, Central Valley Academy, Chittenango, Clinton, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius-Pompey, Fayetteville-Manlius, Holland Patent, Homer, Indian River, Jamesville-Dewitt, Jordan-Elbridge, Liverpool, Marcellus, Mexico, New Hartford, Notre Dame, Utica, Nottingham (Nottingham), Oneida, Onondaga Central, Phoenix, Utica Proctor, Pulaski, Remsen, Rome Free Academy, Skaneateles, South Lewis, South Jefferson, Tully, Vernon-Verona-Sherrill, Watertown, Whitesboro, Waterville, Weedsport, West Genesee, Westmoreland @ Mount Markham	8:00 AM	12:00 PM	HS Track		NL
Sep 11, 2024	Wed	Regular Season	Oswego @ Fulton	5:00 PM		Bodley H S	Departure Point: High School Departure Time: 3:10 PM	L
Sep 14, 2024	Sat	Regular Season (ESM Invitational)	@ TBD	9:45 PM		ESM Kirkville Road	Departure Point: High School Departure Time: 7:15 AM	L
Sep 18, 2024	Wed	Regular Season	Jamesville-Dewitt	5:00 PM		CS: MHE XC Course		L
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invite)	@ TBD	TBD		Baldwinsville Durgee Jr. High	Departure Point: High School Departure Time: 11:30 AM	L
Sep 25, 2024	Wed	Regular Season	@ Auburn	5:00 PM		Auburn - Holland Stadium (Turf)	Departure Point: High School Departure Time: 3:10 PM	L
Sep 28, 2024	Sat	Regular Season (McQuaid Invitational)	@ TBD	4:40 PM		Genesee Valley Park - McQuaid	Departure Point: High School Departure Time: 1:00 PM	L
Oct 2, 2024	Wed	Regular Season	East Syracuse Minoa, Nottingham (Nottingham)	5:30 PM		CS: MHE XC Course		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 11, 2024	Fri	Practice (Varsity XC Weekend Away Trip)	N/A	TBD		Alden Central High School	<b>Departure Point:</b> High School Route 12 Side <b>Departure Date:</b> Oct 11, 2024 <b>Departure Time:</b> 9:00 AM <b>Return Date:</b> Oct 13, 2024 <b>Return Time:</b> 6:30 PM	
Oct 12, 2024	Sat	Regular Season (Alden Bulldogs Stampede)	@ TBD	TBD		Alden Central High School	<b>Departure Point:</b> High School	L
Oct 23, 2024	Wed	Post-Season (SCAC Championships @ TBD)	Cicero-North Syracuse, Liverpool, Fayetteville-Manlius, Fulton, Auburn, Jamesville-Dewitt, Nottingham (Nottingham), Oswego, Corcoran (Syracuse West), Henninger (Henninger), West Genesee, Baldwinsville @ East Syracuse Minoa	5:10 PM	5:40 PM	ESM Kirkville Rd. Field	<b>Departure Point:</b> High School <b>Departure Time:</b> 3:10 PM	L
Nov 9, 2024	Sat	Post-Season (Sectionals)	TBD	10:30 AM		Mount Markham	<b>Departure Point:</b> High School <b>Departure Time:</b> 6:45 AM	NL

Date: 2025-12-05