



Cato-Meridian

(G) V Winter Track (Blue Devils)

Coaches:

- Ryan Ellis
- Donna Cappellano

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Nov 14, 2023	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Nov 15, 2023	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		
Nov 16, 2023	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Nov 17, 2023	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Nov 18, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Nov 20, 2023	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Nov 21, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	TBD		
Nov 22, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	TBD		
Nov 24, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	TBD		
Nov 25, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Nov 27, 2023	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Nov 28, 2023	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Nov 29, 2023	Wed	Regular Season (Jack Morse Kickoff Meet)	TBD	4:30 PM	9:00 PM	OCC		L
Nov 30, 2023	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 1, 2023	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 2, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 4, 2023	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 5, 2023	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 6, 2023	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 7, 2023	Thu	Regular Season (Oscar Jensen Memorial Relays)	TBD	4:30 PM	9:00 PM	OCC		L
Dec 8, 2023	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 9, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 11, 2023	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 12, 2023	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 13, 2023	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 14, 2023	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 15, 2023	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 16, 2023	Sat	Regular Season (George Constantino Memorial Meet)	TBD	9:00 AM	2:00 PM	OCC		L
Dec 18, 2023	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 19, 2023	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 20, 2023	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 21, 2023	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Dec 22, 2023	Fri	Regular Season (Westhill Invitational)	TBD	4:00 PM	8:00 PM	OCC	Departure Time: 2:30 PM	NL
Dec 23, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 26, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 27, 2023	Wed	Regular Season (Utica Invitational)	TBD	TBD		Utica College		L
Dec 28, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 29, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 30, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Jan 1, 2024	Mon	Practice	N/A	10:00 AM	12:00 PM	TBD		
Jan 2, 2024	Tue	Practice	N/A	8:00 AM	10:00 AM	TBD		
Jan 3, 2024	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 4, 2024	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 5, 2024	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 6, 2024	Sat	Regular Season (John Arcaro Memorial Meet)	TBD	9:00 AM	2:00 PM	OCC	Departure Time: 7:30 AM	L
Jan 8, 2024	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
POSTPONED Jan 9, 2024	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 10, 2024	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 11, 2024	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 12, 2024	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 13, 2024	Sat	Regular Season (Fred Kirschenheiter Memorial Meet)	TBD	3:00 PM	8:00 PM	OCC	Departure Time: 1:30 PM	L
Jan 15, 2024	Mon	Practice	N/A	8:00 AM	10:00 AM	TBD		
Jan 16, 2024	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 17, 2024	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 18, 2024	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 19, 2024	Fri	Regular Season	TBD	4:30 PM	8:00 PM	OCC	Departure Time: 2:30 PM	L
Jan 20, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Jan 22, 2024	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 23, 2024	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 24, 2024	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 25, 2024	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 26, 2024	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 27, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Jan 29, 2024	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 30, 2024	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jan 31, 2024	Wed	Post-Season (League Championship (OHSL II))	TBD	4:30 PM	9:30 PM	OCC	Departure Time: 2:30 PM	L
Feb 1, 2024	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Feb 2, 2024	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Feb 3, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Feb 5, 2024	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Feb 6, 2024	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Feb 7, 2024	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		
Feb 8, 2024	Thu	Post-Season (Section Championship (Class C))	TBD	4:30 PM	8:30 PM	OCC		NL
Feb 9, 2024	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Feb 10, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Feb 12, 2024	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Feb 13, 2024	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Feb 14, 2024	Wed	Post-Season (State Qualifier)	TBD	4:30 PM	8:30 PM	OCC	Departure Time: 2:30 PM	NL
Mar 2, 2024	Sat	Post-Season (State Championships)	TBD	TBD		Ocean Breeze Athletic Complex- Staten Island		NL