



# Cato-Meridian

## (B) V Outdoor Track (Blue Devils)

### Coaches:

- Ryan Ellis
- Travis Muhlnickel

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 17, 2025	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Mar 18, 2025	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Mar 19, 2025	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		
Mar 20, 2025	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Mar 21, 2025	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Mar 22, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Mar 24, 2025	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Mar 25, 2025	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Mar 26, 2025	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		
Mar 27, 2025	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Mar 28, 2025	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Mar 29, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Mar 31, 2025	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Apr 1, 2025	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Apr 2, 2025	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		
Apr 3, 2025	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Apr 4, 2025	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Apr 5, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Apr 7, 2025	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Apr 8, 2025	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
POSTPONED Apr 9, 2025	Wed	Regular Season	OnTech High School, Syracuse Academy of Science	4:30 PM	6:30 PM	Cato-Meridian Track		L
Apr 10, 2025	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Apr 11, 2025	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Apr 12, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Apr 14, 2025	Mon	Practice	N/A	8:00 AM	10:00 AM	TBD		
Apr 15, 2025	Tue	Meet (Westhill Spring Invite)	Vs. Multiple	1:00 PM		TBD		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 16, 2025	Wed	Practice	N/A	8:00 AM	10:00 AM	TBD		
Apr 17, 2025	Thu	Practice	N/A	8:00 AM	10:00 AM	TBD		
Apr 18, 2025	Fri	Practice	N/A	8:00 AM	10:00 AM	TBD		
Apr 19, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Apr 21, 2025	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Apr 22, 2025	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Apr 23, 2025	Wed	Regular Season	OnTech High School @ Weedsport	4:30 PM		Weedsport Jr.-Sr. High School		L
Apr 24, 2025	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
Apr 25, 2025	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Apr 26, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Apr 28, 2025	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
POSTPONED Apr 29, 2025	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Apr 30, 2025	Wed	Regular Season	Altmar-Parish-Williamstown (APW Rebels), Syracuse Academy of Science	4:30 PM	6:30 PM	Cato-Meridian Track		L
May 1, 2025	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 2, 2025	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 3, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
May 5, 2025	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 6, 2025	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 7, 2025	Wed	Regular Season (Senior Night)	Port Byron, Bishop Ludden	5:00 PM	6:30 PM	Cato-Meridian Track		L
May 8, 2025	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 9, 2025	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 10, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
May 12, 2025	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 13, 2025	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 14, 2025	Wed	Regular Season	@ Pulaski	4:30 PM		Pulaski MS/HS Stadium		L
May 15, 2025	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 16, 2025	Fri	Regular Season (Camelbeek Invitational)	Weedsport, Westmoreland, Institute of Technology, Syracuse, Jordan-Elbridge, Morrisville-Eaton @ DeRuyter	4:00 PM		DeRuyter HS Track		NL
May 17, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
May 19, 2025	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 20, 2025	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 21, 2025	Wed	Post-Season (Patriot National Meet)	OnTech High School, Altmar-Parish-Williamstown (APW Rebels), Pulaski, Weedsport, Syracuse Academy of Science, Bishop Ludden @ Port Byron	4:00 PM		Port Byron Track and Field		NL
May 22, 2025	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 23, 2025	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 23, 2025	Fri	Regular Season (CNS Invitational)	Adirondack, Auburn, Baldwinsville, Bishop Grimes, Canastota, Carthage, Cazenovia, Christian Brothers Academy, Dewitt, Chenango Valley, Chittenango, Corcoran, Fabius-Pompey, Faith Heritage, Hannibal, Holland Patent, Indian River, Irondequoit, Institute of Technology, Syracuse, Jamesville-Dewitt, Mexico, Morrisville-Eaton, New Hartford, Nottingham, Ogdensburg, OnTech High School, Oneida, Onondaga Central (OCS/Laf), Phoenix, Utica Proctor, Pulaski, Saranac Lake, Solvay, South Jefferson, South Lewis, Tully, West Canada Valley, West Genesee, Westhill, Whitesboro @ Cicero-North Syracuse	4:30 PM	8:45 PM	CNS HS-Bragman Stadium	Departure Time: 2:45 PM	L
May 24, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
May 26, 2025	Mon	Practice	N/A	8:00 AM	10:00 AM	TBD		
May 27, 2025	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 28, 2025	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		
May 29, 2025	Thu	Practice	N/A	3:05 PM	5:15 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 30, 2025	Fri	Post-Season (Sectionals )	Tully, Sauquoit Valley, Utica Academy of Science, South Lewis, Cooperstown, Weedsport, Beaver River, Westmoreland, OnTech High School, Port Byron, Sandy Creek, Waterville, Bishop Grimes @ West Canada Valley	4:30 PM		WCV Track		NL
May 31, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Jun 2, 2025	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jun 3, 2025	Tue	Post-Season (State Qualifier)	@ Cicero-North Syracuse	4:00 PM	8:45 PM	CNS HS-Bragman Stadium		NL
Jun 4, 2025	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jun 6, 2025	Fri	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jun 7, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Jun 9, 2025	Mon	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jun 10, 2025	Tue	Practice	N/A	3:05 PM	5:15 PM	TBD		
Jun 11, 2025	Wed	Practice	N/A	3:05 PM	5:15 PM	TBD		

Date: 2025-12-06