



Cato-Meridian

(B) V Outdoor Track (Blue Devils)

Coaches:

- Ryan Ellis
- Travis Muhlnickel

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 20, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	Cato-Meridian Track		
Mar 21, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	Cato-Meridian Track		
Mar 22, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	Cato-Meridian Track		
Mar 23, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Cato-Meridian Track		
Mar 24, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	Cato-Meridian Track		
Mar 25, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Cato-Meridian Track		
Mar 27, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	Cato-Meridian Track		
Mar 28, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	Cato-Meridian Track		
Mar 29, 2023	Wed	Regular Season	Weedsport, Onondaga Central (OCS/Laf), Manlius Pebble Hill	4:30 PM	6:30 PM	Cato-Meridian Track		L
Mar 30, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Cato-Meridian Track		
Mar 31, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	Cato-Meridian Track		
Apr 1, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Cato-Meridian Track		
Apr 3, 2023	Mon	Regular Season (Tully Co-Ed Spring Invitational)	OnTech High School, Cazenovia, Fulton, Hannibal, Henninger, Onondaga Central (OCS/Laf), Homer, South Lewis, Institute of Technology, Syracuse @ Tully	3:00 PM	6:00 PM	Tully HS Track		NL
Apr 4, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	Cato-Meridian Track		
Apr 5, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	Cato-Meridian Track		
Apr 6, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	Cato-Meridian Track		
Apr 7, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	Cato-Meridian Track		
Apr 8, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Cato-Meridian Track		
Apr 11, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	TBD		
Apr 12, 2023	Wed	Regular Season (meet)	@ Altmar-Parish-Williamstown (APW Rebels)	4:30 PM	8:00 PM	A-P-W Elementary School	Departure Time: 2:30 PM	L
Apr 13, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	TBD		
Apr 14, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	TBD		
Apr 15, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 17, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	TBD		
Apr 18, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	TBD		
Apr 19, 2023	Wed	Regular Season	Pulaski, Syracuse Academy of Science	4:30 PM	6:30 PM	Cato-Meridian Track		L
Apr 20, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	TBD		
Apr 21, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	TBD		
Apr 24, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	TBD		
Apr 25, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	TBD		
Apr 26, 2023	Wed	Regular Season	Bishop Grimes, Bishop Ludden	4:30 PM	6:30 PM	Cato-Meridian Track		L
Apr 27, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	TBD		
Apr 28, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	TBD		
Apr 29, 2023	Sat	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	6:00 PM	Chittenango HS- Stadium	Departure Time: 11:00 AM	NL
May 1, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 2, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 3, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 4, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 5, 2023	Fri	Regular Season (Ed Wadas Track invitational)	Watertown, Chittenango, Dolgeville, Cazenovia, Waterville, Homer, West Canada Valley, Altmar-Parish-Williamstown (APW Rebels), Holland Patent, Henninger, New Hartford, Oneida, Niskayuna High School, Nottingham, Beaver River, West Genesee, Notre Dame, Utica, Town of Webb UFSD (Varsity Boys Track), Rome Free Academy, Vernon-Verona-Sherrill, Skaneateles, Westmoreland, Central Valley Academy, Central Square, New York Mills, Remsen, South Lewis, Clinton, Camden, Saranac Lake, Adirondack, Indian River @ Whitesboro	4:00 PM		Ed Wadas Complex High School	Departure Time: 2:30 PM	NL
May 6, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 8, 2023	Mon	Regular Season	@ Port Byron	4:30 PM		Port Byron Track and Field	Departure Time: 3:00 PM	L
May 9, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 10, 2023	Wed	Regular Season	Faith Heritage, Altmar-Parish-Williamstown (APW Rebels), Jordan-Elbridge	4:30 PM	6:30 PM	Cato-Meridian Track		L
May 11, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 12, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 13, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
May 15, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 16, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 17, 2023	Wed	Meet (OHSL Patriot League Meet)	Vs. Multiple	4:00 PM	9:00 PM	Jordan Elbridge HS Sports Complex		NL
May 18, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 19, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 20, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
May 22, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 23, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 24, 2023	Wed	Post-Season (Class C-2 Co-ed Sectionals)	Sauquoit Valley, Tully, Frankfort-Schuyler, Port Byron, Weedsport, Dolgeville, Cooperstown, Waterville, Sandy Creek, Morrisville-Eaton, Madison, TBD @ Beaver River	4:00 PM		Beaver River H S	Departure Time: 12:30 PM	L
May 25, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 26, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	TBD		
May 27, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
May 29, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	TBD		
May 30, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	TBD		
May 31, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	TBD		
Jun 2, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	TBD		
Jun 3, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Jun 5, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jun 6, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	TBD		
Jun 7, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	TBD		
Jun 8, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	TBD		
Jun 9, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	TBD		
Jun 10, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Jun 12, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	TBD		
Jun 13, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	TBD		
Jun 14, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	TBD		

Date: 2025-12-19