



# Cato-Meridian

## (G) MOD7/8/9 Cross Country (Blue Devils)

### Coaches:

- Ryan Ellis
- Megan Cady

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 3, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 4, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 5, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 6, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 9, 2024	Mon	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 10, 2024	Tue	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 11, 2024	Wed	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 12, 2024	Thu	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 13, 2024	Fri	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 14, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Sep 16, 2024	Mon	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 17, 2024	Tue	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 18, 2024	Wed	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 19, 2024	Thu	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 20, 2024	Fri	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 23, 2024	Mon	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 24, 2024	Tue	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 25, 2024	Wed	Regular Season	Syracuse Academy of Science, Port Byron (Port Byron/Union Springs)	4:30 PM	5:30 PM	Cato-Meridian Cross Country Course		L
Sep 26, 2024	Thu	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 27, 2024	Fri	Practice	N/A	3:00 PM	4:45 PM	TBD		
Sep 30, 2024	Mon	Practice	N/A	3:00 PM	4:45 PM	TBD		
Oct 1, 2024	Tue	Practice	N/A	3:05 PM	5:00 PM	TBD		
Oct 2, 2024	Wed	Regular Season	Pulaski @ Weedsport	4:30 PM		Weedsport Jr.-Sr. High School	Departure Time: 3:30 PM	L
Oct 3, 2024	Thu	Practice	N/A	3:05 PM	5:00 PM	TBD		
Oct 4, 2024	Fri	Practice	N/A	3:05 PM	5:00 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 5, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 7, 2024	Mon	Practice	N/A	3:05 PM	5:00 PM	TBD		
Oct 8, 2024	Tue	Practice	N/A	3:05 PM	5:00 PM	TBD		
Oct 8, 2024	Tue	Regular Season (OHSL Modified Meet )	Hannibal, Altmar-Parish-Williamstown (APW Rebels), Port Byron (Port Byron/Union Springs), Tully, Pulaski, LaFayette, Faith Heritage @ Weedsport	4:30 PM		Weedsport Jr.-Sr. High School		NL
Oct 10, 2024	Thu	Practice	N/A	3:05 PM	5:00 PM	TBD		
Oct 11, 2024	Fri	Practice	N/A	3:05 PM	5:00 PM	TBD		
Oct 15, 2024	Tue	Practice	N/A	3:05 PM	5:00 PM	TBD		
Oct 16, 2024	Wed	Regular Season	Hannibal @ Altmar-Parish-Williamstown (APW Rebels)	4:30 PM		A-P-W Elementary School	Departure Time: 2:45 PM	L
Oct 17, 2024	Thu	Practice	N/A	3:05 PM	5:00 PM	TBD		
Oct 18, 2024	Fri	Practice	N/A	3:05 PM	5:00 PM	TBD		
Oct 21, 2024	Mon	Practice	N/A	3:05 PM	5:00 PM	TBD		
Oct 22, 2024	Tue	Practice	N/A	3:05 PM	5:00 PM	TBD		

Date: 2025-12-05