



Cato-Meridian

(G) V Cross Country (Blue Devils)

Coaches:

- Donna Cappellano
- Ryan Ellis

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 18, 2025	Mon	Practice	N/A	7:00 AM	9:00 AM	TBD		
Aug 19, 2025	Tue	Practice	N/A	7:00 AM	9:00 AM	TBD		
Aug 20, 2025	Wed	Practice	N/A	7:00 AM	9:00 AM	TBD		
Aug 21, 2025	Thu	Practice	N/A	7:00 AM	9:00 AM	TBD		
Aug 22, 2025	Fri	Practice	N/A	7:00 AM	9:00 AM	TBD		
Aug 23, 2025	Sat	Practice	N/A	7:00 AM	9:00 AM	TBD		
Aug 25, 2025	Mon	Practice	N/A	7:00 AM	9:00 AM	TBD		
Aug 26, 2025	Tue	Practice	N/A	8:00 AM	12:00 PM	TBD		
Aug 27, 2025	Wed	Practice	N/A	7:00 AM	9:00 AM	TBD		
Aug 28, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD		
Aug 29, 2025	Fri	Practice	N/A	7:00 AM	9:00 AM	TBD		
Aug 30, 2025	Sat	Practice	N/A	7:00 AM	9:00 AM	TBD		
Sep 1, 2025	Mon	Practice	N/A	7:00 AM	9:00 AM	TBD		
Sep 2, 2025	Tue	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 3, 2025	Wed	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 4, 2025	Thu	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 5, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 6, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Sep 8, 2025	Mon	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 9, 2025	Tue	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 10, 2025	Wed	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 11, 2025	Thu	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 12, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 13, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Sep 15, 2025	Mon	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 16, 2025	Tue	Practice	N/A	3:00 PM	5:15 PM	TBD		

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Sep 17, 2025	Wed	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 17, 2025	Wed	Scrimmage	Weedsport, Port Byron (Port Byron/Union Springs)	4:30 PM	6:30 PM	Cato-Meridian Cross Country Course		NL
Sep 18, 2025	Thu	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 19, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 20, 2025	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	9:00 AM	6:00 PM	Bville - Durgee Cross Country Trail	Departure Time: 9:00 AM	NL
Sep 22, 2025	Mon	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 23, 2025	Tue	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 24, 2025	Wed	Regular Season	Syracuse Academy of Science @ Port Byron (Port Byron/Union Springs)	4:30 PM		Port Byron Cross Country Trail		L
POSTPONED Sep 25, 2025	Thu	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 26, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 27, 2025	Sat	Regular Season (McQuaid Invitational)	@ McQuaid Jesuit	4:30 PM	6:00 PM	Genesee Valley Park	Departure Time: 5:45 AM	NL
Sep 29, 2025	Mon	Practice	N/A	3:00 PM	5:15 PM	TBD		
Sep 30, 2025	Tue	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 1, 2025	Wed	Regular Season	Pulaski, Weedsport	4:30 PM	6:00 PM	Cato-Meridian Cross Country Course		L
Oct 2, 2025	Thu	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 3, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 4, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 6, 2025	Mon	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 7, 2025	Tue	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 8, 2025	Wed	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 9, 2025	Thu	Practice	N/A	3:00 PM	5:15 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 11, 2025	Sat	Regular Season (Burnt Hills Invy)	Shaker High School, Lake George, Niskayuna High School, Ballston Spa High School, Schuylerville, Greenville, Gloversville, Colonie High School, TBD @ Burnt Hills-Ballston Lake HS	9:00 AM	5:25 PM	Saratoga Spa State Park		NL
Oct 13, 2025	Mon	Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 14, 2025	Tue	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 15, 2025	Wed	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 16, 2025	Thu	Regular Season	Altmar-Parish-Williamstown (APW Rebels) @ Hannibal	4:30 PM	6:00 PM	Hannibal Warrior Stadium		L
Oct 17, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 18, 2025	Sat	Regular Season (Williamson/Marion Cross Country Invitational)	@ Williamson	10:00 AM		Williamson Town Park	Departure Date: Oct 18, 2025	NL
Oct 20, 2025	Mon	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 21, 2025	Tue	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 22, 2025	Wed	Regular Season	Bishop Ludden	4:30 PM	6:00 PM	Cato-Meridian Cross Country Course		L
Oct 23, 2025	Thu	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 24, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 25, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 27, 2025	Mon	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 28, 2025	Tue	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 29, 2025	Wed	Meet (OHSL League Meet at Tully)	Vs. Multiple	4:30 PM	7:00 PM	Tully XC Course		NL
Oct 30, 2025	Thu	Practice	N/A	3:00 PM	5:15 PM	TBD		
Oct 31, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	TBD		
Nov 1, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Nov 3, 2025	Mon	Practice	N/A	3:00 PM	5:15 PM	TBD		
Nov 4, 2025	Tue	Practice	N/A	3:00 PM	5:15 PM	TBD		
Nov 5, 2025	Wed	Practice	N/A	3:00 PM	5:15 PM	TBD		
Nov 6, 2025	Thu	Practice	N/A	3:00 PM	5:15 PM	TBD		

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Nov 7, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	TBD		
Nov 8, 2025	Sat	Post-Season (Cross Country Sectionals)	@ Mount Markham	9:30 AM	2:00 PM	HS Track	Departure Time: 6:15 AM	NL

Date: 2025-12-05