

## Cato-Meridian (G) V Cross Country (Blue Devils)

## Coaches:

- Donna Cappellano
- Ryan Ellis

| DATE         | WEEK<br>DAY | ТҮРЕ  | OPPONENTS   | START END<br>TIME TIME | LOCATION   | DEPARTURE TRANSPORTATION          | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---|---|------------------------|--|-----------------------------------|----------------------------|
| Sep 8, 2021  | Wed         | Regular<br>Season   | Weedsport   | 4:30<br>PM             | Cato-<br>Meridian<br>Track                                 |                                   | L                          |
| Sep 11, 2021 | Sat         | Regular<br>Season<br>(Invitational)                       | @ Vernon-<br>Verona-<br>Sherrill                            | 2:00<br>PM             | Cross<br>Country<br>Course                                 | <b>Departure Time:</b> 10:15 AM   | L                          |
| Sep 15, 2021 | Wed         | Regular<br>Season   | Port Byron<br>(Port<br>Byron/Union<br>Springs)              | 4:30<br>PM             | Cato-<br>Meridian<br>Track                                 |                                   | L                          |
| Sep 22, 2021 | Wed         | Regular<br>Season   | @ Pulaski   | 4:30<br>PM             | Selkirk<br>Shores<br>State Park                            | <b>Departure Time:</b> 3:00 PM    | L                          |
| Sep 25, 2021 | Sat         | Regular<br>Season<br>(Baldwinsville<br>Invitational)      | @ TBD   | 10:45<br>AM            | Bville -<br>Durgee<br>Cross<br>Country<br>Trail            | <b>Departure Time:</b> 7:30 AM    | NL                         |
| Sep 29, 2021 | Wed         | Regular<br>Season   | Bishop Grimes   | 4:30<br>PM             | Cato-<br>Meridian<br>Track                                 |                                   | L                          |
| Oct 2, 2021  | Sat         | Regular<br>Season<br>(McQuaid<br>Invitational)            | @ McQuaid<br>Jesuit   | 10:15<br>AM            | TBD  | <b>Departure Time:</b> 5:15 AM    | NL                         |
| Oct 6, 2021  | Wed         | Regular<br>Season   | Pulaski @<br>Port Byron<br>(Port<br>Byron/Union<br>Springs) | 4:30<br>PM             | Port Byron<br>Cross<br>Country<br>Trail                    | <b>Departure Time:</b><br>3:45 PM | L                          |
| Oct 9, 2021  | Sat         | Regular<br>Season<br>(Manhattan<br>Invitational)          | @ TBD   | TBD                    | Manhattan<br>Invitational<br>Van<br>Cortlandt<br>Park East |                                   | NL                         |
| Oct 13, 2021 | Wed         | Regular<br>Season (Senior<br>Night For Cato-<br>Meridian) |   | 4:30<br>PM             | Cato-<br>Meridian<br>Track                                 |                                   | L                          |
| Oct 20, 2021 | Wed         | Regular<br>Season (OHSL<br>League<br>Championship)        | LaFayette   | 4:00<br>PM             | Cato-<br>Meridian<br>Track                                 |                                   | L                          |
| Oct 20, 2021 | Wed         | Post-Season<br>(League Meet)                              | Manlius<br>Pebble Hill                                      | 4:00<br>PM             | Cato-<br>Meridian<br>Track                                 |                                   | L                          |
| Oct 20, 2021 | Wed         | Regular<br>Season   | Fabius-<br>Pompey   | 4:00<br>PM             | Cato-<br>Meridian<br>Track                                 |                                   | L                          |
| Oct 20, 2021 | Wed         | Regular<br>Season<br>(League<br>Championship<br>Meet)     | Weedsport   | 4:00<br>PM             | TBD  |                                   | L                          |

| DATE         | WEEK<br>DAY | ТҮРЕ                                     | OPPONENTS                        | START<br>TIME | END<br>TIME | LOCATION                         | DEPARTURE                       | E TRANSPORTATIO             | LEAGUE<br>N / NON-<br>LEAGUE |
|--------------|-------------|--|----------------------------------|---------------|-------------|----------------------------------|---------------------------------|-----------------------------|------------------------------|
| Oct 20, 2021 | Wed         | Regular<br>Season                        | Onondaga<br>Central              | 4:00<br>PM    |             | Cato-<br>Meridian<br>Track       |                                 |                             | L                            |
| Oct 20, 2021 | Wed         | Post-Season                              | Bishop<br>Ludden                 | 4:30<br>PM    |             | Cato-<br>Meridian<br>Track       |                                 |                             | L                            |
| Nov 6, 2021  | Sat         | Post-Season<br>(Section<br>Championship) | @ Vernon-<br>Verona-<br>Sherrill | 9:00<br>AM    | 3:30<br>PM  | Cross<br>Country<br>Course       |                                 |                             | NL                           |
| Nov 8, 2021  | Mon         | Practice                                 | N/A                              | 3:15<br>PM    | 5:15<br>PM  | Cato-<br>Meridian<br>Track       |                                 |                             |                              |
| Nov 9, 2021  | Tue         | Practice                                 | N/A                              | 3:15<br>PM    | 5:15<br>PM  | Cato-<br>Meridian<br>Track       |                                 |                             |                              |
| Nov 10, 2021 | Wed         | Practice                                 | N/A                              | 3:15<br>PM    | 5:15<br>PM  | Cato-<br>Meridian<br>Track       |                                 |                             |                              |
| Nov 11, 2021 | Thu         | Practice                                 | N/A                              | 8:00<br>AM    | 10:00<br>AM | Cato-<br>Meridian<br>Track       |                                 |                             |                              |
| Nov 12, 2021 | Fri         | Practice                                 | N/A                              | 2:00<br>PM    | 4:00<br>PM  | Chenango<br>Valley State<br>Park | Class<br>Dismissal:<br>12:05 PM | Departure Time:<br>12:30 PM |                              |

Date: 2025-12-06