

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|---|---|---------------|-------------|---|----------------|----------------------------|
| POSTPONED Nov 19, 2022 | Sat | Regular Season | Copenhagen, South Jefferson, Watertown, Indian River, General Brown, Sandy Creek, Lowville, South Lewis @ Beaver River | 11:00 AM | | Beaver River H S | | L |
| POSTPONED Nov 21, 2022 | Mon | Regular Season | Sandy Creek, South Jefferson, Watertown, General Brown, Lowville, Beaver River, Copenhagen, South Lewis @ Indian River | 5:00 PM | | Indian River Middle School Gym#1 (Main Office) | | L |
| Nov 30, 2022 | Wed | Regular Season | Indian River, Sandy Creek, Watertown @ General Brown | 5:00 PM | | Dexter Elem Gym | | L |
| Dec 2, 2022 | Fri | Regular Season (Mod Wrestling (2 bouts)) | General Brown, South Jefferson, Watertown, Ogdensburg, Gouverneur, Canton, Lowville, Beaver River, Copenhagen, South Lewis, Sandy Creek @ Indian River | 5:00 PM | 10:00 PM | Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side) | | L |
| Dec 5, 2022 | Mon | Regular Season | General Brown, South Jefferson, South Lewis, Watertown | 5:00 PM | | Carthage HS Gym | | L |
| Dec 7, 2022 | Wed | Regular Season | Beaver River, South Lewis, Copenhagen, Sandy Creek @ Lowville | 5:00 PM | | Lowville High School | | L |
| Dec 8, 2022 | Thu | Regular Season | @ South Jefferson | 5:00 PM | | SJ HS/MS Gym 2 (HS) | | L |
| Dec 10, 2022 | Sat | Regular Season | Copenhagen, Lowville, General Brown, South Lewis, South Jefferson, Indian River @ Watertown | 10:00 AM | | Watertown Case M S | | L |
| Dec 14, 2022 | Wed | Regular Season | Copenhagen, Beaver River, Lowville, Watertown @ General Brown | 5:00 PM | | GBHS Auxiliary Gym | | L |
| Dec 17, 2022 | Sat | Regular Season (3 Bouts) | Copenhagen, South Jefferson, Indian River, Watertown, General Brown, Lowville, Beaver River, Sandy Creek @ South Lewis | 10:00 AM | | South Lewis HS Gymnasium | | L |

Date: 2024-05-19