



# Whitney Point

## (B) V Wrestling

### Coaches:

- James Black, Coach
- Deirdre Ballard, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	2:30 PM	4:30 PM	WPHS Wrestling Room			
Nov 18, 2025	Tue	Practice	N/A	2:30 PM	4:30 PM	WPHS Wrestling Room			
Nov 19, 2025	Wed	Practice	N/A	2:30 PM	4:30 PM	WPHS Wrestling Room			
Nov 20, 2025	Thu	Practice	N/A	2:30 PM	4:30 PM	WPHS Wrestling Room			
Nov 21, 2025	Fri	Practice	N/A	2:30 PM	4:30 PM	WPHS Wrestling Room			
Nov 22, 2025	Sat	Regular Season (Weight certifications at Sidney High School)	TBD	5:15 PM		Sidney HS gym	Departure Time: 3:30 PM		L
Nov 24, 2025	Mon	Practice	N/A	2:30 PM	4:30 PM	WPHS Wrestling Room			
Nov 25, 2025	Tue	Practice	N/A	2:30 PM	4:30 PM	WPHS Wrestling Room			
Nov 26, 2025	Wed	Practice	N/A	10:00 AM	12:00 PM	WPHS Wrestling Room			
Nov 28, 2025	Fri	Practice	N/A	10:00 AM	12:00 PM	WPHS Wrestling Room			
Nov 29, 2025	Sat	Regular Season (Boys Friends of Section IV Wrestling & Section IV Officials Association JV Wrestling Tournament)	@ Waverly	9:30 AM		Waverly High School Gym	Departure Time: 6:30 AM		L
Dec 1, 2025	Mon	Practice	N/A	2:15 PM	4:30 PM	WPHS Wrestling Room			
CANCELLED Dec 2, 2025	Tue	Practice	N/A	2:15 PM	4:30 PM	WPHS Wrestling Room			
Dec 3, 2025	Wed	Regular Season 28-49 L	Odessa-Montour	6:00 PM		WPHS Gymnasium			L
Dec 4, 2025	Thu	Practice	N/A	2:15 PM	4:30 PM	WPHS Wrestling Room			
Dec 5, 2025	Fri	Practice	N/A	2:15 PM	4:30 PM	WPHS Wrestling Room			

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Dec 6, 2025	Sat	Regular Season (Larry Goodrich)	Odessa-Montour, Elmira, Owego Apalachin, Deposit (Deposit-Hancock), Dryden, Hannibal, Elmira Heights, Binghamton, Central Valley Academy, Penfield, Groton, Cortland, Trumansburg @ Newark Valley	10:00 AM		Newark Valley High School			L
Dec 8, 2025	Mon	Practice	N/A	2:15 PM	4:30 PM	WPHS Wrestling Room			
Dec 9, 2025	Tue	Practice	N/A	2:15 PM	4:30 PM	WPHS Wrestling Room			
Dec 11, 2025	Thu	Practice	N/A	2:15 PM	4:30 PM	WPHS Wrestling Room			
Dec 12, 2025	Fri	Practice	N/A	2:15 PM	4:30 PM	WPHS Wrestling Room			
Dec 12, 2025	Fri	Regular Season (Girls UE Wrestling Tournament)	@ Union-Endicott	5:30 PM		UEHS Main Gym	Departure Time: 3:45 PM		L
Dec 13, 2025	Sat	Regular Season (Boys Dave Buck Memorial Tournament at Elmira High School)	@ Elmira	10:00 AM		EHS Gym	Departure Time: 7:30 AM		L
Dec 15, 2025	Mon	Regular Season	@ Lansing (Co-ed)	6:00 PM		Lansing HS	Departure Time: 4:30 PM		L
Dec 16, 2025	Tue	Practice	N/A	2:15 PM	4:30 PM	WPHS Wrestling Room			
Dec 17, 2025	Wed	Practice	N/A	2:15 PM	4:30 PM	WPHS Wrestling Room			
Dec 18, 2025	Thu	Practice	N/A	2:15 PM	4:30 PM	WPHS Wrestling Room			
Dec 18, 2025	Thu	Regular Season	Dryden	6:00 PM		WPHS Gymnasium			L
Dec 19, 2025	Fri	Practice	N/A	2:15 PM	4:30 PM	WPHS Wrestling Room			
Dec 20, 2025	Sat	Regular Season (Boys Cuneen Doane Holiday Wrestling Tournament)	@ Walton (WDA)	9:30 AM		Walton HS Gym	Departure Time: 6:30 AM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 22, 2025	Mon	Practice	N/A	9:00 AM	11:00 AM	WPHS Wrestling Room			
Dec 23, 2025	Tue	Practice	N/A	9:00 AM	11:00 AM	WPHS Wrestling Room			
Dec 29, 2025	Mon	Practice	N/A	9:00 AM	11:00 AM	WPHS Wrestling Room			
Dec 30, 2025	Tue	Practice	N/A	9:00 AM	11:00 AM	WPHS Wrestling Room			
Dec 31, 2025	Wed	Practice	N/A	9:00 AM	11:00 AM	WPHS Wrestling Room			
Jan 2, 2026	Fri	Practice	N/A	11:00 AM	1:00 PM	WPHS Wrestling Room			
Jan 3, 2026	Sat	Regular Season (O-M Duals)	Marathon, South Seneca, Horseheads, Dundee, Elmira Heights, Ithaca @ Odessa-Montour	9:00 AM		O-M HS Gym	Departure Time: 7:00 AM		NL
Jan 3, 2026	Sat	Regular Season (Boys Odessa Montour Dual Meet Tournamnet)	@ TBD	9:00 AM		Jack Davis Gym (High School)	Departure Time: 7:00 AM		L
Jan 7, 2026	Wed	Regular Season (WP SENIOR NIGHT)	Elmira Heights	6:00 PM		WPHS Gymnasium			L
Jan 10, 2026	Sat	Regular Season (Boys River Hawk Round Robin at Owego Free Academy)	@ Owego Apalachin	9:00 AM		OFA Gymnasium	Departure Time: 7:00 AM		L
Jan 14, 2026	Wed	Regular Season (Senior night)	@ Spencer-Van Etten (SVEC Eagles)	6:00 PM		Spencer-Van Etten HS	Departure Time: 3:30 PM		L
Jan 19, 2026	Mon	Regular Season (JV tournament)	Odessa-Montour	9:00 AM	8:00 PM	WPHS Gymnasium			L
Jan 19, 2026	Mon	Regular Season (MKL JV Wrestling Tournament)	TBD	9:30 AM	8:00 PM	WPHS Gymnasium			L
Jan 24, 2026	Sat	Regular Season (IAC Championships at Watkins Glen )	@ Watkins Glen (Storm)	10:00 AM		W G Field House Gym	Class Dismissal: 6:30 AM	Departure Time: 6:30 AM	L

Date: 2026-01-25