



Whitney Point (B) V Wrestling

Coaches:

- Deirdre Ballard, Asst Coach
- James Black, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 15, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 16, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 17, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 18, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 21, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 22, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 28, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 29, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 30, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 1, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 2, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 5, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 6, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 7, 2022	Wed	Regular Season	@ Groton	6:00 PM		Groton High School Gym	Departure Time: 4:30 PM	L
Dec 8, 2022	Thu	Regular Season	Sidney	6:00 PM		WPHS Gymnasium		L
Dec 10, 2022	Sat	Regular Season (Elmira City School District 55th Annual Dave Buck Memorial Tournament)	@ Elmira	9:00 AM		EHS Gym	Departure Time: 7:00 AM	L
Dec 14, 2022	Wed	Regular Season 18-57 L	Odessa-Montour	6:00 PM		WPHS Gymnasium		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 17, 2022	Sat	Regular Season (Cuneen Doane Tournament)	Port Jervis, Deposit (Deposit-Hancock), Windsor, Susquehanna Valley, Sidney, Morrisville-Eaton (Morrisville-Eaton), Homer, Sherburne-Earlville, Chenango Valley, Lansing (Co-ed), Pine Bush, Groton @ Delaware Academy (WDA)	9:30 AM		Walton HS Gym	Departure Time: 7:30 AM	NL
Dec 19, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 20, 2022	Tue	Regular Season	@ Hancock (Deposit-Hancock)	6:00 PM		Hancock Elementary	Departure Time: 4:20 PM	L
Dec 21, 2022	Wed	Regular Season	@ Elmira Heights	6:00 PM		Cohen Middle School	Departure Time: 4:20 PM	L
Dec 22, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 23, 2022	Fri	Practice	N/A	9:00 AM	11:00 AM	WPHS Wrestling Room		
Dec 24, 2022	Sat	Practice	N/A	10:00 AM	12:00 PM	WPHS Weight Room		
Dec 27, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Weight Room		
Dec 28, 2022	Wed	Regular Season (Mark Cody Duals)	Vestal, Maine-Endwell, Owego Apalachin, Odessa-Montour, Newark Valley, Victor @ Binghamton	9:00 AM		Binghamton High School-Gym	Departure Time: 7:45 AM	NL
Dec 29, 2022	Thu	Practice	N/A	9:00 AM	11:00 AM	WPHS Wrestling Room		
Dec 30, 2022	Fri	Practice	N/A	9:00 AM	11:00 AM	WPHS Wrestling Room		
Jan 3, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 4, 2023	Wed	Regular Season (WP PARENT NIGHT)	Lansing (Co-ed)	6:00 PM		WPHS Gymnasium		L
Jan 5, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 6, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 7, 2023	Sat	Regular Season (O-M Duals)	Elmira Heights, Dundee @ Odessa-Montour	9:00 AM		O-M HS Gym	Departure Time: 7:00 AM	NL
Jan 9, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 10, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 11, 2023	Wed	Regular Season	@ Moravia	6:00 PM		Moravia H S Gym	Departure Time: 4:25 PM	L
Jan 12, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 13, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 16, 2023	Mon	Regular Season (JV Tournament)	Hancock (Deposit-Hancock)	9:30 AM		WPHS Gymnasium		L
Jan 19, 2023	Thu	Regular Season	@ Dryden	6:00 PM		Dryden H S	Departure Time: 4:30 PM	L
Jan 21, 2023	Sat	Regular Season (IAC Championships - Online Ticketing Only - GoFan.co)	Odessa-Montour, Tioga, Dryden, Newark Valley, Marathon, Spencer-Van Etten (SVEC Eagles), Groton, Lansing (Co-ed), Moravia, Elmira Heights, TBD @ Waverly	9:30 AM		Waverly High School Gym	Departure Time: 7:00 AM	L
Feb 4, 2023	Sat	Post-Season (Section IV Division II Qualifying tournament)	Chenango Valley, Unatego (UVUF), Marathon, Walton (WDA), Lansing (Co-ed), Norwich, Odessa-Montour, Oneonta (Var/JV), Dryden, Owego Apalachin, Elmira Heights @ Tioga	10:00 AM		High School Gym	Departure Time: 6:30 AM	NL
Feb 11, 2023	Sat	Regular Season (Section IV Wrestling Championships at Visions FCU Veterans Memorial Arena)	@ TBD	8:30 AM		Arena - Visions Veterans Memoria Arena	Departure Time: 7:00 AM	L

Date: 2025-12-06