



Whitney Point (B) V Wrestling

Coaches:

- Austin Richcreek, Head Coach
- Bill MacNeill, Asst Coach
- Richard Ballard, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 14, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 15, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 16, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 17, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 22, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	WPHS Wrestling Room		
Nov 24, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	WPHS Wrestling Room		
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 5, 2023	Tue	Practice (Wrestling Morning Strength & Conditioning)	N/A	6:00 AM	7:00 AM	WPHS Weight Room		
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 6, 2023	Wed	Regular Season 36-34 W	Odessa-Montour	6:00 PM		WPHS Gymnasium		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 7, 2023	Thu	Practice (Wrestling Morning Strength & Conditioning)	N/A	6:00 AM	7:00 AM	WPHS Weight Room		
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 12, 2023	Tue	Practice (Wrestling Morning Strength & Conditioning)	N/A	6:00 AM	7:00 AM	WPHS Weight Room		
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 14, 2023	Thu	Practice (Wrestling Morning Strength & Conditioning)	N/A	6:00 AM	7:00 AM	WPHS Weight Room		
Dec 14, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 19, 2023	Tue	Practice (Wrestling Morning Strength & Conditioning)	N/A	6:00 AM	7:00 AM	WPHS Weight Room		
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Dec 21, 2023	Thu	Practice (Wrestling Morning Strength & Conditioning)	N/A	6:00 AM	7:00 AM	WPHS Weight Room		
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 4, 2024	Thu	Regular Season	Dryden	6:00 PM		WPHS Gymnasium		L
Jan 5, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
CANCELLED Jan 9, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 10, 2024	Wed	Regular Season	Elmira Heights	6:00 PM		WPHS Gymnasium		L
Jan 11, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 11, 2024	Thu	Regular Season (WP SENIOR NIGHT)	Moravia	6:00 PM	9:00 PM	WPHS Gymnasium		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 15, 2024	Mon	Regular Season (GIRLS Section IV State Qualifier)	TBD	9:10 AM	4:30 PM	WPHS Gymnasium		L
Jan 15, 2024	Mon	Regular Season (Girls Qualifier)	Spencer-Van Etten (SVEC Eagles)	TBD		WPHS Gymnasium		L
CANCELLED Jan 16, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 17, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 19, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
CANCELLED Jan 23, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 24, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 25, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 26, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
CANCELLED Jan 27, 2024	Sat	Regular Season (MLK Tournament)	Sidney, Newark Valley, Marathon, Bainbridge Guilford (Bears)	8:00 AM	6:00 PM	WPHS Gymnasium		L
Jan 29, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 30, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Feb 1, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Feb 2, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		

Date: 2024-05-05