



# Whitney Point

## (B) V Winter Track

### Coaches:

- Murphee Hayes

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 21, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Nov 22, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Dec 5, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Dec 6, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Dec 7, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Dec 8, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Dec 17, 2022	Sat	Regular Season (Finger Lake Invite SUNY Cortland)	@ TBD	9:00 AM		SUNY Cortland	<b>Departure Point:</b> High School Main Lobby <b>Departure Time:</b> 7:45 AM	L
Dec 19, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Dec 20, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Dec 21, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Dec 22, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Dec 27, 2022	Tue	Practice	N/A	9:00 AM	10:30 AM	WPHS Main Lobby and Hallways		
Dec 28, 2022	Wed	Practice	N/A	9:00 AM	10:30 AM	WPHS Main Lobby and Hallways		
Dec 29, 2022	Thu	Regular Season (Snowman Showdown Meet SUNY Cortland)	@ TBD	10:00 AM		SUNY Cortland	<b>Departure Point:</b> High School Main Lobby <b>Departure Time:</b> 8:45 AM	L
Jan 3, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Jan 4, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Jan 5, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Jan 6, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		

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Jan 7, 2023	Sat	Regular Season (607 Invite at SUNY Cortland College)	@ TBD	1:00 PM		SUNY Cortland	<b>Departure Point:</b> High School Main Lobby <b>Departure Time:</b> 11:40 AM	L
Jan 9, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Jan 10, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Jan 11, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Jan 12, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Jan 12, 2023	Thu	Regular Season (Indoor T&F Meet at SUNY Cortland)	@ TBD	7:00 PM		SUNY Cortland	<b>Departure Point:</b> High School Main Lobby <b>Departure Time:</b> 6:30 PM	L
Jan 13, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Jan 14, 2023	Sat	Regular Season (Winterfest Invite at SUNY Cortland College)	@ TBD	9:00 AM		SUNY Cortland	<b>Departure Point:</b> High School Main Lobby <b>Departure Time:</b> 7:30 AM	L
Jan 17, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Jan 18, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Jan 19, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Jan 20, 2023	Fri	Regular Season (Quinney Invite at Ithaca College)	@ TBD	5:00 PM		Ithaca College	<b>Departure Point:</b> High School Main Lobby <b>Departure Time:</b> 3:00 PM	L
CANCELLED Jan 23, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Jan 24, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
CANCELLED Jan 25, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Jan 26, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Jan 28, 2023	Sat	Regular Season (Section IV Classic at Cornell)	@ TBD	1:00 PM		Cornell University Barton Hall	<b>Departure Point:</b> High School Main Lobby <b>Departure Time:</b> 11:30 AM	L
Jan 30, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Jan 31, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		

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Feb 1, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Feb 2, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
CANCELLED Feb 3, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Feb 6, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Feb 7, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Feb 8, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Feb 9, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Feb 10, 2023	Fri	Regular Season (Section IV Class Meet at Ithaca College)	@ TBD	5:00 PM		Ithaca College	<b>Departure Point:</b> High School Main Lobby	L
Feb 13, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Feb 14, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	CEA Gymnasium		
Feb 15, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Feb 16, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	WPHS Main Lobby and Hallways		
Feb 25, 2023	Sat	Regular Season (Finger Lakes Invite SUNY Cortland)	@ TBD	9:00 AM		SUNY Cortland	<b>Departure Point:</b> High School Main Lobby <b>Departure Time:</b> 7:45 AM	L
Feb 25, 2023	Sat	Regular Season (Section IV State Qualifiers Track & Field Championships at Cornell)	@ TBD	12:00 PM		TBD	<b>Departure Point:</b> High School Main Lobby <b>Departure Time:</b> 7:30 AM	L
CANCELLED Mar 13, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	WPHS Wrestling Room		
CANCELLED Mar 14, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	WPHS Wrestling Room		
Mar 15, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	WPHS Wrestling Room		
Mar 16, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	WPHS Wrestling Room		
Mar 17, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	WPHS Wrestling Room		
Mar 21, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	WPHS Wrestling Room		
Mar 22, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	WPHS Wrestling Room		

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				TIME	TIME			/ NON-LEAGUE
Mar 23, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	WPHS Wrestling Room		
Mar 24, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	WPHS Wrestling Room		

Date: 2026-01-26