



Whitney Point (B) V Winter Track

Coaches:

- Murphee Hayes

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Nov 5, 2018	Mon	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Nov 6, 2018	Tue	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Nov 7, 2018	Wed	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Nov 8, 2018	Thu	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Nov 9, 2018	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Main Lobby and Hallways	
Nov 13, 2018	Tue	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Nov 19, 2018	Mon	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Nov 20, 2018	Tue	Practice	N/A	3:30 PM	5:00 PM	WPHS Main Lobby and Hallways	
Nov 26, 2018	Mon	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Nov 27, 2018	Tue	Practice	N/A	3:30 PM	5:00 PM	WPHS Main Lobby and Hallways	
Nov 28, 2018	Wed	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Nov 29, 2018	Thu	Practice	N/A	3:30 PM	5:00 PM	WPHS Main Lobby and Hallways	
Nov 30, 2018	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Main Lobby and Hallways	
Dec 1, 2018	Sat	Regular Season (Meet at SUNY Cortland)	@ TBD	5:00 PM		SUNY Cortland	Departure Point: High School Main Lobby Departure Time: 3:20 PM L
Dec 3, 2018	Mon	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Dec 4, 2018	Tue	Practice	N/A	3:30 PM	5:00 PM	WPHS Main Lobby and Hallways	
Dec 5, 2018	Wed	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Dec 7, 2018	Fri	Practice	N/A	3:00 PM	4:00 PM	WPHS Weight Room	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Dec 10, 2018	Mon	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Dec 11, 2018	Tue	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium	
Dec 12, 2018	Wed	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Dec 13, 2018	Thu	Practice	N/A	3:30 PM	5:00 PM	WPHS Main Lobby and Hallways	
Dec 14, 2018	Fri	Practice	N/A	3:00 AM	5:00 PM	WPHS Main Lobby and Hallways	
Dec 15, 2018	Sat	Regular Season (Meet at SUNY Cortland)	@ TBD	9:00 AM		SUNY Cortland	Departure Point: High School Main Lobby Departure Time: 7:40 AM L
Dec 17, 2018	Mon	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Dec 18, 2018	Tue	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium	
Dec 19, 2018	Wed	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Dec 20, 2018	Thu	Practice	N/A	3:30 PM	5:00 PM	WPHS Main Lobby and Hallways	
Dec 21, 2018	Fri	Practice	N/A	3:00 AM	5:00 PM	WPHS Main Lobby and Hallways	
Dec 21, 2018	Fri	Regular Season (Meet at SUNY Cortland)	@ TBD	5:00 PM		SUNY Cortland	Departure Point: High School Main Lobby Departure Time: 3:30 PM L
Dec 26, 2018	Wed	Practice	N/A	9:00 AM	10:30 AM	WPHS Main Lobby and Hallways	
Dec 27, 2018	Thu	Practice	N/A	9:00 AM	10:30 AM	WPHS Main Lobby and Hallways	
Dec 28, 2018	Fri	Practice	N/A	9:00 AM	10:30 AM	WPHS Main Lobby and Hallways	
Dec 29, 2018	Sat	Regular Season (Meet at SUNY Cortland)	@ TBD	9:00 AM		SUNY Cortland	Departure Time: 7:40 AM L
Dec 31, 2018	Mon	Practice	N/A	9:00 AM	10:30 AM	WPHS Main Lobby and Hallways	
Jan 3, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium	
Jan 4, 2019	Fri	Regular Season (Meet at SUNY Cortland)	@ TBD	5:00 PM		SUNY Cortland	Departure Time: 3:45 PM L
Jan 7, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Jan 8, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
Jan 9, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways		
Jan 10, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	WPHS Main Lobby and Hallways		
Jan 11, 2019	Fri	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium		
Jan 11, 2019	Fri	Regular Season (Meet at SUNY Cortland Frozen 5)	@ TBD	6:00 PM		SUNY Cortland	Departure Point: High School Main Lobby Departure Time: 5:15 PM	L
Jan 14, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways		
Jan 15, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium		
Jan 16, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways		
Jan 17, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium		
Jan 18, 2019	Fri	Regular Season (Meet at Ithaca College)	@ TBD	5:00 PM		Ithaca College	Departure Point: High School Main Lobby Departure Time: 3:00 PM	L
POSTPONED Jan 23, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways		
Jan 25, 2019	Fri	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium		
Jan 25, 2019	Fri	Regular Season (Meet at SUNY Cortland)	@ TBD	6:00 PM		SUNY Cortland	Departure Point: High School Main Lobby Departure Time: 5:15 PM	L
Jan 28, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways		
Jan 29, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium		
Jan 30, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways		
POSTPONED Jan 31, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	WPHS Main Lobby and Hallways		
Feb 4, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways		
Feb 5, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium		
Feb 6, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways		
Feb 7, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium		
Feb 8, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Main Lobby and Hallways		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Feb 11, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Feb 12, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium	
Feb 13, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Feb 14, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium	
Feb 15, 2019	Fri	Regular Season (Meet at Ithaca College Sectionals)	@ TBD	5:00 PM		Ithaca College	Departure Point: High School Main Lobby Departure Time: 3:00 PM L
Feb 19, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium	
POSTPONED Feb 20, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	WPHS Main Lobby and Hallways	
Feb 21, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium	
Feb 22, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Main Lobby and Hallways	
Feb 23, 2019	Sat	Regular Season (Meet at Cornell University Barton Hall State Qualifiers)	@ TBD	9:00 AM		Cornell University Barton Hall	Departure Point: High School Main Lobby Departure Time: 7:30 AM L
Feb 28, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	CEA Gymnasium	

Date: 2026-01-08