



# Whitney Point

## (G) V Winter Track

### Coaches:

- Murphee Hayes

| DATE         | WEEK DAY | TYPE  | OPPONENTS | START TIME | END TIME | LOCATION                     | DEPARTURE | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|------------------------------|-----------|--|---------------------|
| Nov 13, 2023 | Mon      | Practice  | N/A       | 3:00 PM    | 5:00 PM  | WPHS Main Lobby and Hallways |           |  |                     |
| Nov 14, 2023 | Tue      | Practice  | N/A       | 3:00 PM    | 5:00 PM  | WPHS Main Lobby and Hallways |           |  |                     |
| Nov 20, 2023 | Mon      | Practice  | N/A       | 3:00 PM    | 5:00 PM  | WPHS Main Lobby and Hallways |           |  |                     |
| Nov 21, 2023 | Tue      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |           |  |                     |
| Nov 27, 2023 | Mon      | Practice  | N/A       | 3:00 PM    | 5:00 PM  | WPHS Main Lobby and Hallways |           |  |                     |
| Nov 28, 2023 | Tue      | Practice  | N/A       | 3:00 PM    | 5:00 PM  | WPHS Main Lobby and Hallways |           |  |                     |
| Nov 29, 2023 | Wed      | Practice  | N/A       | 3:00 PM    | 5:00 PM  | WPHS Main Lobby and Hallways |           |  |                     |
| Nov 30, 2023 | Thu      | Practice  | N/A       | 3:00 PM    | 5:00 PM  | WPHS Main Lobby and Hallways |           |  |                     |
| Dec 1, 2023  | Fri      | Practice  | N/A       | 3:00 PM    | 5:00 PM  | WPHS Main Lobby and Hallways |           |  |                     |
| Dec 4, 2023  | Mon      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |           |  |                     |
| Dec 5, 2023  | Tue      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |           |  |                     |
| Dec 6, 2023  | Wed      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |           |  |                     |
| Dec 8, 2023  | Fri      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |           |  |                     |
| Dec 9, 2023  | Sat      | Regular Season (Finger Lake Invite SUNY Cortland) | @ TBD     | 9:00 AM    |          | SUNY Cortland                |           | <b>Departure Point:</b><br>High School Main Lobby<br><b>Departure Time:</b><br>7:45 AM | L                   |

| DATE         | WEEK DAY | TYPE   | OPPONENTS | START TIME | END TIME | LOCATION                     | DEPARTURE                       | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|--------------|----------|--|-----------|------------|----------|------------------------------|---------------------------------|--|---------------------|
| Dec 11, 2023 | Mon      | Practice   | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |                                 |  |                     |
| Dec 12, 2023 | Tue      | Practice   | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |                                 |  |                     |
| Dec 13, 2023 | Wed      | Practice   | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |                                 |  |                     |
| Dec 14, 2023 | Thu      | Practice   | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |                                 |  |                     |
| Dec 18, 2023 | Mon      | Practice   | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |                                 |  |                     |
| Dec 19, 2023 | Tue      | Practice   | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |                                 |  |                     |
| Dec 20, 2023 | Wed      | Practice   | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |                                 |  |                     |
| Dec 20, 2023 | Wed      | Regular Season (It's About Time Meet at SUNY Cortland) | @ TBD     | 4:30 PM    |          | SUNY Cortland                | <b>Class Dismissal:</b> 3:30 PM | <b>Departure Point:</b> High School Main Lobby<br><b>Departure Time:</b> 3:00 PM | L                   |
| Dec 21, 2023 | Thu      | Practice   | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |                                 |  |                     |
| Dec 26, 2023 | Tue      | Practice   | N/A       | 12:30 PM   | 2:00 PM  | WPHS Main Lobby and Hallways |                                 |  |                     |
| Dec 27, 2023 | Wed      | Regular Season (Snowman Meet at SUNY Cortland)         | @ TBD     | 9:30 AM    |          | SUNY Cortland                |                                 | <b>Departure Point:</b> High School Main Lobby<br><b>Departure Time:</b> 8:30 AM | L                   |
| Jan 2, 2024  | Tue      | Practice   | N/A       | 12:30 PM   | 2:00 PM  | WPHS Main Lobby and Hallways |                                 |  |                     |
| Jan 3, 2024  | Wed      | Practice   | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |                                 |  |                     |
| Jan 4, 2024  | Thu      | Practice   | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |                                 |  |                     |
| Jan 5, 2024  | Fri      | Regular Season (Hurley Invite)                         | @ TBD     | 5:00 PM    |          | Ithaca College               |                                 | <b>Departure Point:</b> High School Main Lobby<br><b>Departure Time:</b> 3:30 PM | L                   |
| Jan 8, 2024  | Mon      | Practice   | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |                                 |  |                     |

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|------------------------|----------|---|-----------|------------|----------|------------------------------|---|----------------|---------------------|
| CANCELLED Jan 9, 2024  | Tue      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| Jan 10, 2024           | Wed      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| Jan 11, 2024           | Thu      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |   |                |                     |
| Jan 12, 2024           | Fri      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| Jan 13, 2024           | Sat      | Regular Season (Quinney Invite at SUNY Cortland College)  | @ TBD     | 1:30 PM    |          | SUNY Cortland                | Departure Point: High School Main Lobby<br>Departure Time: 12:30 PM |                | L                   |
| CANCELLED Jan 16, 2024 | Tue      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| Jan 17, 2024           | Wed      | Regular Season (Twilight Invite at SUNY Cortland)         | @ TBD     | 7:30 PM    |          | SUNY Cortland                | Departure Point: High School Main Lobby<br>Departure Time: 6:30 PM  |                | L                   |
| Jan 18, 2024           | Thu      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| Jan 19, 2024           | Fri      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| Jan 22, 2024           | Mon      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |   |                |                     |
| CANCELLED Jan 23, 2024 | Tue      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | WPHS Main Lobby and Hallways |   |                |                     |
| Jan 24, 2024           | Wed      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| Jan 25, 2024           | Thu      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| Jan 26, 2024           | Fri      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| Jan 27, 2024           | Sat      | Regular Season (Class C-D Championships at SUNY Cortland) | @ TBD     | 6:00 PM    |          | SUNY Cortland                | Departure Point: High School Main Lobby<br>Departure Time: 4:30 PM  |                | L                   |
| Jan 29, 2024           | Mon      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| Jan 30, 2024           | Tue      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| Jan 31, 2024           | Wed      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| Feb 1, 2024            | Thu      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| Feb 2, 2024            | Fri      | Practice  | N/A       | 3:00 PM    | 4:30 PM  | CEA Gymnasium                |   |                |                     |
| POSTPONED Feb 9, 2024  | Fri      | Regular Season (Section Class Meet)                       | @ TBD     | TBD        |          | Ithaca College               | Departure Point: High School Main Lobby                             |                | L                   |
| Feb 14, 2024           | Wed      | Practice  | N/A       | 3:00 PM    | 4:00 PM  | WPHS Main Lobby and Hallways |   |                |                     |

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|------|----------|------|-----------|------------|----------|----------|-----------|----------------|---------------------|
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| Feb 15, 2024 | Thu | Practice   | N/A   | 3:00 PM |  | CEA Gymnasium                  |  |   |   |
| Feb 17, 2024 | Sat | Regular Season (Section IV Classic at SUNY Cortland)                                       | TBD   | 6:00 PM |  | SUNY Cortland                  |  | <b>Departure Point:</b><br>High School Main Lobby<br><b>Departure Time:</b><br>4:30 PM  | L |
| Feb 20, 2024 | Tue | Practice   | N/A   | 3:00 PM |  | CEA Gymnasium                  |  |   |   |
| Feb 21, 2024 | Wed | Practice   | N/A   | 3:00 PM |  | CEA Gymnasium                  |  |   |   |
| Feb 22, 2024 | Thu | Practice   | N/A   | 3:00 PM |  | CEA Gymnasium                  |  |   |   |
| Feb 23, 2024 | Fri | Practice   | N/A   | 3:00 PM |  | CEA Gymnasium                  |  |   |   |
| Feb 25, 2024 | Sun | Regular Season (Section IV State Qualifiers Indoor Track & Field Championships at Cornell) | @ TBD | 2:00 PM |  | Cornell University Barton Hall |  | <b>Departure Point:</b><br>High School Main Lobby<br><b>Departure Time:</b><br>12:30 PM | L |

Date: 2026-02-13