



# Whitney Point (G) V Swimming/Diving

## Coaches:

- Kari DiTondo, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice (Practice at Rec Pool in Binghamton Departs at 7:30 am and returns 11:00 am )	N/A	8:00 AM	10:30 AM	Chenango Valley Central School District Pool		
Aug 27, 2024	Tue	Practice (Practice at CV Pool Bus Departs at 10:00 am and returns 12:30 pm)	N/A	10:30 AM	12:00 PM	Chenango Valley Central School District Pool		
Aug 28, 2024	Wed	Practice (Practice at Rec Pool in Binghamton Departs at 7:30 am and returns 11:00 am )	N/A	8:00 AM	10:30 AM	Chenango Valley Central School District Pool		
Aug 29, 2024	Thu	Practice (Practice at CV Pool Bus Departs at 10:00 am and returns 12:30 pm)	N/A	10:30 AM	12:00 PM	Chenango Valley Central School District Pool		
Aug 30, 2024	Fri	Practice (Practice at CV Pool Bus Departs at 10:00 am and returns 12:30 pm)	N/A	10:30 AM	12:00 PM	Chenango Valley Central School District Pool		
Sep 4, 2024	Wed	Practice (Wednesday- bus leaves WPHS at 4:25, practice at Greene from 4:45 - 6:15. Bus returns to WPHS at 6:35.)	N/A	4:25 PM	6:35 PM	TBD		
Sep 5, 2024	Thu	Practice	N/A	3:15 PM	4:15 PM	WPHS Weight Room		
Sep 6, 2024	Fri	Practice (Wednesday- bus leaves WPHS at 4:25, practice at Greene from 4:45 - 6:15. Bus returns to WPHS at 6:35.)	N/A	4:25 PM	6:35 PM	TBD		
Sep 9, 2024	Mon	Practice (Bus leaves WPHS at 4:30, practice at Greene from 4:45 - 6:20. Bus returns to WPHS at 6:40.)	N/A	4:30 PM	6:40 PM	TBD		
Sep 10, 2024	Tue	Practice (Swim Strength & conditioning at WP Weight Room)	N/A	3:15 PM	4:15 PM	WPHS Weight Room		
Sep 10, 2024	Tue	Practice (Bus leaves WPHS at 4:30, practice at Greene from 4:45 - 6:20. Bus returns to WPHS at 6:40.)	N/A	4:30 PM	6:40 PM	TBD		

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Sep 11, 2024	Wed	Practice (Bus leaves WPHS at 4:30, practice at Greene from 4:45 - 6:20. Bus returns to WPHS at 6:40.)	N/A	4:30 PM	6:40 PM	TBD		
Sep 12, 2024	Thu	Regular Season 20-76 L	@ Lansing	4:30 PM		Lansing HS (Pool)	<b>Departure Time:</b> 3:30 PM	L
Sep 13, 2024	Fri	Practice (Swim Strength & conditioning at WP Weight Room)	N/A	3:15 PM	4:15 PM	WPHS Weight Room		
Sep 13, 2024	Fri	Practice (Bus leaves WPHS at 4:30, practice at Greene from 4:45 - 6:20. Bus returns to WPHS at 6:40.)	N/A	4:30 PM	6:40 PM	TBD		
Sep 26, 2024	Thu	Regular Season 24-81 L	@ Watkins Glen (Storm)	5:30 PM		W G Pool	<b>Departure Time:</b> 3:30 PM	L
Oct 3, 2024	Thu	Regular Season 20-106 L	@ Dryden	4:30 PM		Dryden H S	<b>Departure Time:</b> 3:00 PM	L
Oct 17, 2024	Thu	Regular Season	Notre Dame, Elmira @ Dryden	4:30 PM		Dryden H S	<b>Departure Time:</b> 3:00 PM	L
Oct 21, 2024	Mon	Regular Season 22-46 L	@ Lansing	4:30 PM		Lansing HS (Pool)	<b>Departure Time:</b> 3:00 PM	L
Oct 24, 2024	Thu	Regular Season 20-59 L	@ Greene	5:00 PM		Greene HS Pool	<b>Departure Time:</b> 3:45 PM	NL
Oct 26, 2024	Sat	Regular Season (IAC CHAMPIONSHIPS)	Notre Dame, Elmira, Dryden, Lansing @ Watkins AM Glen (Storm)	11:30		W G Pool	<b>Departure Time:</b> 9:15 AM	L
CANCELLED Oct 26, 2024	Sat	Regular Season (IAC Swimming & Diving Championships @ Watkins)	Notre Dame, Elmira, Lansing, Southern Cayuga, Dryden @ Watkins Glen (Storm)	11:30 AM		W G Pool		L
Nov 6, 2024	Wed	Post-Season (Sectional Prelims)	Dryden, Chenango Forks, Greene, Lansing, Southern Cayuga, Susquehanna Valley @ Watkins Glen (Storm)	5:00 PM		W G Pool		NL
Nov 6, 2024	Wed	Regular Season (C-D Section IV Prelims)	@ Watkins Glen (Storm)	5:00 PM		W G Pool	<b>Departure Time:</b> 3:00 PM	L
Nov 9, 2024	Sat	Post-Season (Sectional Swimming Finals )	Dryden, Southern Cayuga, Lansing, Notre Dame, Elmira, Chenango Forks, Susquehanna Valley, Greene @ Watkins Glen (Storm)	11:00 AM		W G Pool		NL
Nov 9, 2024	Sat	Regular Season (C-D Section IV Finals)	@ Watkins Glen (Storm)	11:00 AM		W G Pool	<b>Departure Time:</b> 9:00 AM	L

Date: 2026-01-28