



Whitney Point

(G) 7/8TH Outdoor Track

Coaches:

- Troy Rounds, Coach
- Cathryn Lally, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 20, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Mar 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Mar 22, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Mar 23, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Mar 24, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	WPHS Wrestling Room		
Mar 27, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	WPHS Wrestling Room		
Mar 28, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	WPHS Wrestling Room		
Mar 29, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	WPHS Wrestling Room		
Mar 30, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	WPHS Wrestling Room		
Mar 31, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	WPHS Wrestling Room		
Apr 3, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	WPHS Wrestling Room		
Apr 4, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	WPHS Wrestling Room		
Apr 5, 2023	Wed	Regular Season (Week 3 @ Groton)	Trumansburg, Newfield, Lansing, Dryden @ Groton	4:30 PM		Groton High Track/Practice Field	Departure Time: 3:15 PM	L
Apr 6, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	WPHS Wrestling Room		
Apr 10, 2023	Mon	Practice (Meet at WP HS bus to Marathon Track and Field Facility for Practice)	N/A	2:15 PM	4:30 PM	Whitney Point High School		
Apr 11, 2023	Tue	Practice (Meet at WP HS bus to Marathon Track and Field Facility for Practice)	N/A	2:15 PM	4:30 PM	Whitney Point High School		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 12, 2023	Wed	Practice (Meet at WP HS bus to Marathon Track and Field Facility for Practice)		2:15 PM	4:30 PM	Whitney Point High School		
Apr 17, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
Apr 18, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
Apr 19, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
Apr 20, 2023	Thu	Regular Season	Newfield, Newark Valley @ Marathon	5:00 PM		TBD	Departure Time: 4:20 PM	L
Apr 21, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
Apr 24, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
Apr 25, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
Apr 26, 2023	Wed	Regular Season	Marathon, Southern Cayuga, Notre Dame, Elmira @ Dryden	4:30 PM		Dryden High School Stadium	Departure Time: 3:15 PM	L
Apr 27, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
Apr 28, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
May 1, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
May 2, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
May 3, 2023	Wed	Regular Season (Modified Track & Field Invitational)	Newark Valley, Tioga, Marathon, Trumansburg, Dryden, Union Springs, Southern Cayuga, Groton, Newfield, Lansing @ Moravia	4:30 PM		Scarry Athletic Complex (Track)	Departure Time: 3:00 PM	L
May 4, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
May 5, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
May 8, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
May 9, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
May 10, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
CANCELLED May 11, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
May 11, 2023	Thu	Regular Season (Trumansburg Invitational)	Lansing, Moravia, Union Springs, Marathon, Odessa-Montour, Newfield @ Trumansburg	4:30 PM		Stadium Field	Departure Time: 3:00 PM	L
May 12, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
May 15, 2023	Mon	Regular Season	Trumansburg, Lansing @ Dryden	4:00 PM		Dryden High School Stadium	Departure Time: 2:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 16, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
May 17, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
May 18, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
May 19, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	Whitney Point High School		
May 22, 2023	Mon	Regular Season	@ Marathon	4:00 PM		Appleby E S	Departure Time: 3:15 PM	L

Date: 2026-01-28