

Coaches:

- Tonya Ellerson, Asst Coach
- Samantha Driscoll, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE / TRANSPORTATION NON- LEAGUE
Apr 3, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
Apr 4, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
Apr 5, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
Apr 6, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
Apr 17, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
Apr 18, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
Apr 20, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
Apr 21, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
Apr 25, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
Apr 26, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
Apr 27, 2023	Thu	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
Apr 28, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
CANCELLED May 1, 2023	Mon	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
May 2, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
May 3, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
May 5, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
May 9, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
May 10, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
May 12, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
May 16, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
May 17, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
May 19, 2023	Fri	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
May 23, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
May 24, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
May 30, 2023	Tue	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
May 31, 2023	Wed	Practice	N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	

DATE	WEEK DAY	TYPE OPPONEN	ITS START	END TIME	LOCATION	LEAGUE / TRANSPORTATION NON- LEAGUE
Jun 2, 2023	Fri	Practice N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	
Jun 5, 2023	Mon	Practice N/A	2:45 PM	5:00 PM	TRA River Flats - Field Hockey/Lacrosse	

Date: 2024-05-20