



# Whitney Point

## (B) 7/8TH Cross Country

### Coaches:

- Murphee Hayes

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 22, 2023	Tue	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 23, 2023	Wed	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 24, 2023	Thu	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 28, 2023	Mon	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 29, 2023	Tue	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 30, 2023	Wed	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 31, 2023	Thu	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Sep 5, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Sep 7, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 8, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 14, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 15, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 19, 2023	Tue	Regular Season	Dryden, Marathon, Moravia, Notre Dame, Elmira	5:00 PM		WP Cross Country Course		L
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 26, 2023	Tue	Regular Season	Marathon, Moravia, Southern Cayuga @ Lansing	5:00 PM		Lansing HS		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 27, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 28, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Oct 3, 2023	Tue	Regular Season	@ TBD	4:30 PM		TBD		L
Oct 10, 2023	Tue	Regular Season	@ TBD	5:00 PM		Appleby E S		L
Oct 14, 2023	Sat	Regular Season (Marathon Invitation)	@ Marathon	9:00 AM		Appleby E S		L
Oct 16, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Oct 17, 2023	Tue	Regular Season (Whitney Point Invite)	Sidney	5:10 PM		WP Cross Country Course		NL
Oct 18, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Oct 19, 2023	Thu	Regular Season (IAC End of Season Meet)	@ TBD	5:00 PM		Football Practice Field		L
Oct 25, 2023	Wed	Regular Season (IAC League Championships)	@ Marathon	5:00 PM		Appleby E S		L

Date: 2025-12-19