



Whitney Point

(B) 7/8TH Cross Country

Coaches:

- Murphee Hayes

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course		
Aug 23, 2022	Tue	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course		
Aug 24, 2022	Wed	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course		
Aug 25, 2022	Thu	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course		
Aug 26, 2022	Fri	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course		
Aug 29, 2022	Mon	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course		
Aug 30, 2022	Tue	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course		
Aug 31, 2022	Wed	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course		
Sep 1, 2022	Thu	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course		
Sep 6, 2022	Tue	Regular Season	Candor (Candor), Dryden, Lansing, Moravia	5:00 PM		WP Cross Country Course		L
Sep 7, 2022	Wed	Practice	N/A	3:30 PM	4:30 PM	WP Cross Country Course		
Sep 8, 2022	Thu	Practice	N/A	3:00 PM	4:00 PM	WP Cross Country Course		
Sep 9, 2022	Fri	Practice	N/A	2:15 PM	3:30 PM	WP Cross Country Course		
Sep 12, 2022	Mon	Practice	N/A	2:15 PM	4:00 PM	WP Cross Country Course		
Sep 13, 2022	Tue	Regular Season	@ TBD	5:00 PM		Stone Hedges Golf Course		L
Sep 13, 2022	Tue	Regular Season	Marathon, Southern Cayuga @ Moravia	5:00 PM		Fillmore Glen Golf Course		L
Sep 14, 2022	Wed	Practice	N/A	2:15 PM	4:00 PM	WP Cross Country Course		
Sep 15, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		

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Sep 16, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Sep 19, 2022	Mon	Practice	N/A	2:45 PM	4:15 PM	WP Cross Country Course		
Sep 20, 2022	Tue	Regular Season	Lansing, Marathon, Moravia, Southern Cayuga	5:00 PM		WP Cross Country Course	L	
Sep 21, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Sep 22, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Sep 26, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Sep 28, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Sep 29, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Sep 30, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 3, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 4, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 5, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 6, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 11, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 12, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 13, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 14, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 15, 2022	Sat	Regular Season	@ Marathon	9:00 AM		Appleby E S	L	
Oct 17, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 18, 2022	Tue	Regular Season (Invitational @ Whitney Point)	Southern Cayuga	4:30 PM		WP Cross Country Course	L	
Oct 18, 2022	Tue	Regular Season (WP Invite)	Unatego	4:30 PM		TBD		NL

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Oct 19, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 24, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 25, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 26, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 27, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 28, 2022	Fri	Regular Season (IAC League Championships)	@ Marathon	4:00 PM		Appleby E S		L

Date: 2026-01-20