| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | $\begin{aligned} & \text { END } \\ & \text { TIME } \end{aligned}$ | LOCATION | LEAGUE TRANSPORTATION / NON- LEAGUE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Aug 21, 2023 | Mon | Practice | N/A | $\begin{aligned} & 2: 00 \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 3:30 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Aug 22, 2023 | Tue | Practice | N/A | $\begin{aligned} & 2: 00 \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 3:30 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Aug 23, 2023 | Wed | Practice | N/A | $\begin{aligned} & \text { 2:00 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 3:30 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Aug 24, 2023 | Thu | Practice | N/A | $\begin{aligned} & \text { 2:00 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 3:30 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Aug 28, 2023 | Mon | Practice | N/A | $\begin{aligned} & 2: 00 \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 3:30 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Aug 29, 2023 | Tue | Practice | N/A | $\begin{aligned} & \text { 2:00 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & 3: 30 \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Aug 30, 2023 | Wed | Practice | N/A | $\begin{aligned} & \text { 2:00 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 3:30 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Aug 31, 2023 | Thu | Practice | N/A | $\begin{aligned} & \text { 2:00 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 3:30 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Sep 5, 2023 | Tue | Practice | N/A | $\begin{aligned} & \text { 3:30 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & 5: 00 \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Sep 7, 2023 | Thu | Practice | N/A | $\begin{aligned} & \text { 3:00 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 5:00 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Sep 8, 2023 | Fri | Practice | N/A | $\begin{aligned} & \text { 3:00 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 5:00 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Sep 11, 2023 | Mon | Practice | N/A | $\begin{aligned} & 3: 00 \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 5:00 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Sep 13, 2023 | Wed | Practice | N/A | $\begin{aligned} & \text { 3:00 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & 5: 00 \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Sep 14, 2023 | Thu | Practice | N/A | $\begin{aligned} & 3: 00 \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 5:00 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Sep 15, 2023 | Fri | Practice | N/A | $\begin{aligned} & \text { 3:00 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 5:00 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Sep 19, 2023 | Tue | Regular Season | Dryden, Marathon, Moravia, Notre Dame, Elmira | $\begin{aligned} & 5: 00 \\ & \text { PM } \end{aligned}$ |  | WP Cross Country Course | L |
| Sep 25, 2023 | Mon | Practice | N/A | $\begin{aligned} & 3: 00 \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & 5: 00 \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Sep 27, 2023 | Wed | Practice | N/A | $\begin{aligned} & \text { 3:00 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & 5: 00 \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |


| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | $\begin{aligned} & \text { END } \\ & \text { TIME } \end{aligned}$ | LOCATION | LEAGUE TRANSPORTATION / NON- LEAGUE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sep 28, 2023 | Thu | Practice | N/A | $\begin{aligned} & \text { 3:00 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & 5: 00 \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Oct 16, 2023 | Mon | Practice | N/A | $\begin{aligned} & \text { 3:00 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 5:00 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |
| Oct 17, 2023 | Tue | Regular Season (Whitney Point Invite) | Sidney | $\begin{aligned} & 5: 10 \\ & \text { PM } \end{aligned}$ |  | WP Cross Country Course | NL |
| Oct 18, 2023 | Wed | Practice | N/A | $\begin{aligned} & \text { 3:00 } \\ & \text { PM } \end{aligned}$ | $\begin{aligned} & \text { 5:00 } \\ & \text { PM } \end{aligned}$ | WP Cross Country Course |  |

Date: 2024-05-05

