

Coaches:

• Murphee Hayes, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 26, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Aug 27, 2024	Tue	Practice	N/A	2:00 PM	РМ	WP Cross Country Course		
Aug 28, 2024	Wed	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 30, 2024	Fri	Practice	N/A	2:00 PM	РМ	WP Cross Country Course		
Sep 3, 2024	Tue	Practice	N/A	3:30 PM	РМ	WP Cross Country Course		
Sep 4, 2024	Wed	Practice	N/A	3:30 PM	РМ	WP Cross Country Course		
Sep 9, 2024	Mon	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		
Sep 10, 2024	Tue	Regular Season	Elmira Heights, Dryden @ Moravia	5:00 PM		Cross Country a Fillmore Glen State Park	t	L
Sep 11, 2024	Wed	Practice	N/A	2:15 PM	РМ	WP Cross Country Course		
Sep 12, 2024	Thu	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		
Sep 13, 2024	Fri	Practice	N/A	2:15 PM	РМ	WP Cross Country Course		
Sep 16, 2024	Mon	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		
Sep 17, 2024	Tue	Regular Season (Groton Golf Course Stonehedges)	@ TBD	5:00 PM		Stonehedges Golf Course - Cross Country & Golf		L
Sep 17, 2024	Tue	Regular Season 0-0-0-0-5-0 W	Marathon, Southern Cayuga, Trumansburg, Moravia @ Groton	5:00 PM		Stonehedges Golf Course - Cross Country & Golf		L
Sep 18, 2024	Wed	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		
Sep 19, 2024	Thu	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		
Sep 20, 2024	Fri	Practice	N/A	2:15 PM	РМ	WP Cross Country Course		
Sep 23, 2024	Mon	Practice	N/A	2:15 PM	РМ	WP Cross Country Course		
Sep 24, 2024	Tue	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		
Sep 25, 2024	Wed	Regular Season	Elmira Heights, Notre Dame, Elmira, Moravia, Odessa-Montour @ Lansing	5:00 PM		Lansing Varsity Field (Sobus)	Departure Time: 3:00 PM	L
Sep 26, 2024	Thu	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		
Sep 30, 2024	Mon	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		
Oct 2, 2024	Wed	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		

								LEAGUE
DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	
Oct 3, 2024	Thu	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		
Oct 4, 2024	Fri	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		
Oct 7, 2024	Mon	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		
Oct 8, 2024	Tue	Regular Season (Divisionals)	Notre Dame, Elmira, Elmira Heights, Watkins Glen, Dryden, Lansing, Trumansburg @ Newark Valley	4:30 PM		Newark Valley High School		L
Oct 9, 2024	Wed	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		
Oct 10, 2024	Thu	Practice	N/A	2:15 PM	4:30 PM	WP Cross Country Course		
Oct 22, 2024	Tue	Regular Season (Whitney Point Invitational @ Whitney Point Elementary)	Delaware Academy	4:00 PM		TBD		L
Oct 22, 2024	Tue	Regular Season (WP INVITATIONAL)	TBD	4:30 PM		WP Cross Country Course		L
Oct 22, 2024	Tue	Regular Season (Whitney Point Golden Eagles Cross Country Invitational)	Elmira	4:30 PM		Caryl E. Adams Elementary School		NL
Oct 22, 2024	Tue	Regular Season (Invite)	Unadilla Valley (UV/GMU)	4:30 PM		WP Cross Country Course		L

Date: 2025-12-05