



# Whitney Point

## (B) V Cross Country

### Coaches:

- Murphee Hayes, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 22, 2023	Tue	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 23, 2023	Wed	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 24, 2023	Thu	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 28, 2023	Mon	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 29, 2023	Tue	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 30, 2023	Wed	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Aug 31, 2023	Thu	Practice	N/A	2:00 PM	3:30 PM	WP Cross Country Course		
Sep 5, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Sep 7, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 8, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 12, 2023	Tue	Regular Season	Lansing, Marathon, Newark Valley, Trumansburg @ Groton	5:00 PM		Stone Hedges Golf Course		L
Sep 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 14, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 15, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 19, 2023	Tue	Regular Season	Dryden, Marathon, Moravia, Notre Dame, Elmira	5:00 PM		WP Cross Country Course		L
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		

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Sep 26, 2023	Tue	Regular Season	Marathon, Moravia, Southern Cayuga @ Lansing	5:00 PM		Lansing HS		L
Sep 27, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 28, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Oct 3, 2023	Tue	Regular Season	Dryden, Lansing, Marathon, Southern Cayuga, Trumansburg @ Groton	5:00 PM		Stone Hedges Golf Course		L
Oct 10, 2023	Tue	Regular Season	@ TBD	5:00 PM		Appleby E S		L
Oct 14, 2023	Sat	Regular Season (Marathon Invitation)	@ Marathon	9:00 AM		Appleby E S		L
Oct 16, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Oct 17, 2023	Tue	Regular Season (Whitney Point Invite)	Sidney	4:30 PM		WP Cross Country Course		NL
Oct 17, 2023	Tue	Regular Season (Invitational)	Moravia	4:30 PM		WP Cross Country Course		L
Oct 17, 2023	Tue	Regular Season	Unadilla Valley (UV/GMU)	4:30 PM	6:00 PM	WP Cross Country Course		L
Oct 17, 2023	Tue	Regular Season (WHITNEY POINT INVITATIONAL)	TBD	5:00 PM		WP Cross Country Course		L
Oct 18, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Oct 25, 2023	Wed	Regular Season (IAC Championships at Marathon )	@ Marathon	4:00 PM		Appleby E S		L
Nov 2, 2023	Thu	Regular Season (Section IV Championships at Chenango Valley State Park)	@ TBD	TBD		Chenango Valley State Park		L

Date: 2025-12-19