

Coaches:

• Murphee Hayes, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Aug 22, 2022	Mon	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course	
Aug 23, 2022	Tue	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course	
Aug 24, 2022	Wed	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course	
Aug 25, 2022	Thu	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course	
Aug 26, 2022	Fri	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course	
Aug 29, 2022	Mon	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course	
Aug 30, 2022	Tue	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course	
Aug 31, 2022	Wed	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course	
Sep 1, 2022	Thu	Practice	N/A	1:00 PM	2:00 PM	WP Cross Country Course	
Sep 2, 2022	Fri	Practice	N/A	9:00 AM	10:30 AM	WP Cross Country Course	
Sep 6, 2022	Tue	Regular Season	Candor (Candor), Dryden, Lansing, Moravia	5:00 PM		WP Cross Country Course	L
Sep 7, 2022	Wed	Practice	N/A	3:30 PM	4:30 PM	WP Cross Country Course	
Sep 8, 2022	Thu	Practice	N/A	3:00 PM	4:00 PM	WP Cross Country Course	
Sep 9, 2022	Fri	Practice	N/A	2:15 PM	3:30 PM	WP Cross Country Course	
Sep 12, 2022	Mon	Practice	N/A	2:15 PM	4:00 PM	WP Cross Country Course	
Sep 13, 2022	Tue	Regular Season	Marathon, Southern Cayuga @ Moravia	5:00 PM		Fillmore Glen Golf Course	L
Sep 14, 2022	Wed	Practice	N/A	2:15 PM	4:00 PM	WP Cross Country Course	
Sep 15, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course	
Sep 16, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course	
Sep 19, 2022	Mon	Practice	N/A	2:45 PM	4:15 PM	WP Cross Country Course	
Sep 20, 2022	Tue	Regular Season	Lansing, Marathon Moravia, Southern Cayuga	' 5:00 PM		WP Cross Country Course	L
Sep 21, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course	
Sep 22, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course	
Sep 26, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course	
Sep 27, 2022	Tue	Regular Season	Marathon @ Groton	5:00 PM		Stone Hedges Golf Course	L

Sep 27, 2022 Tue Regular Season Marathon @ Groton 5:00 PM Stone Hedges Golf Course L Sep 28, 2022 Wed Practice N/A 3:00 PM PM Country Course WP Cross PM PM Country Course Sep 29, 2022 Thu Practice N/A 3:00 PM PM Country Course Sep 30, 2022 Fri Practice N/A 3:00 PM PM Country Course Oct 3, 2022 Mon Practice N/A 3:00 PM PM Country Course Oct 4, 2022 Tue Practice N/A 3:00 PM PM Country Course Oct 4, 2022 Tue Practice N/A 3:00 PM PM Country Course Oct 4, 2022 Tue Regular Season Dryden, Lansing, Marathon, Moravia, Southern Cayuga, Trumansburg @ Groton 4:30 PM PM Country Course Stone Hedges Golf Course L Oct 5, 2022 Wed Practice N/A 3:00 PM PM PM Country Course Country Course
Sep 29, 2022 Thu Practice N/A 3:00 4:30 WP Cross Country Course Sep 30, 2022 Fri Practice N/A 3:00 4:30 WP Cross Country Course Oct 3, 2022 Mon Practice N/A 3:00 4:30 WP Cross Country Course Oct 4, 2022 Tue Practice N/A 3:00 4:30 WP Cross Country Course Oct 4, 2022 Tue Practice N/A 3:00 4:30 WP Cross Country Course Oct 4, 2022 Tue Practice N/A 3:00 WP Cross Country Course Oct 4, 2022 Tue Regular Season Dryden, Lansing, Marathon, Moravia, Southern Cayuga, Trumansburg @ Groton Oct 5, 2022 Wed Practice N/A 3:00 4:30 WP Cross Golf Course L Oct 5, 2022 Wed Practice N/A 3:00 4:30 WP Cross PM PM Country Course
Sep 29, 2022 Inu Practice N/A PM PM Country Course Sep 30, 2022 Fri Practice N/A 3:00 4:30 WP Cross Country Course Oct 3, 2022 Mon Practice N/A 3:00 4:30 WP Cross Oct 4, 2022 Tue Practice N/A 3:00 4:30 WP Cross Oct 4, 2022 Tue Regular Season Dryden, Lansing, Marathon, Moravia, Southern Cayuga, Trumansburg @ Groton Oct 5, 2022 Wed Practice N/A 3:00 4:30 WP Cross Country Course L Stone Hedges Golf Course L A:30 WP Cross Country Course L A:30 Stone Hedges Golf Course L Cayuga, Trumansburg @ Groton PM PM Country Course Country Course L Oct 5, 2022 Wed Practice N/A 3:00 4:30 WP Cross Country Course
Oct 3, 2022 Mon Practice N/A 3:00 4:30 WP Cross Country Course Oct 4, 2022 Tue Practice N/A 3:00 4:30 WP Cross Country Course Oct 4, 2022 Tue Practice N/A 3:00 4:30 WP Cross Country Course Oct 4, 2022 Tue Regular Season Dryden, Lansing, Marathon, Moravia, Southern Cayuga, Trumansburg @ Groton Oct 5, 2022 Wed Practice N/A 3:00 4:30 WP Cross Country Course L Oct 5, 2022 Wed Practice N/A 3:00 4:30 WP Cross Country Course
Oct 4, 2022 Tue Practice N/A Oct 4, 2022 Tue Practice N/A Dryden, Lansing, Marathon, Moravia, Southern Cayuga, Trumansburg @ Groton Oct 5, 2022 Wed Practice N/A PM PM Country Course Dryden, Lansing, Marathon, Moravia, Southern Cayuga, Trumansburg @ Groton Stone Hedges Golf Course L Oct 5, 2022 Wed Practice N/A 3:00 4:30 WP Cross Country Course
Oct 4, 2022 Tue Practice N/A PM PM Country Course Dryden, Lansing, Marathon, Moravia, Southern Cayuga, Trumansburg @ Groton Oct 5, 2022 Wed Practice N/A 3:00 4:30 WP Cross N/A PM PM Country Course L Stone Hedges Golf Course L A:30 WP Cross Country Course
Oct 4, 2022 Tue Regular Season Marathon, Moravia, Southern 4:30 Cayuga, Trumansburg @ Groton Oct 5, 2022 Wed Practice N/A Marathon, Moravia, Southern 4:30 PM Golf Course L WP Cross Country Course
Oct 5, 2022 Wed Practice N/A PM PM Country Course
3.00 A.30 WP Cross
Oct 6, 2022 Thu Practice N/A PM PM Country Course
Oct 11, 2022 Tue Practice N/A 3:00 4:30 WP Cross PM PM Country Course
Oct 12, 2022 Wed Practice N/A 3:00 4:30 WP Cross PM PM Country Course
Oct 13, 2022 Thu Practice N/A 3:00 4:30 WP Cross PM PM Country Course
Oct 14, 2022 Fri Practice N/A 3:00 4:30 WP Cross PM PM Country Course
Oct 15, 2022 Sat Regular Season @ Marathon TBD TBD L
Oct 17, 2022 Mon Practice N/A 3:00 4:30 WP Cross PM PM Country Course
Oct 18, 2022 Tue Regular Season (Whitney Point Invitational) Gilbertsville-Mount 4:30 Upton (UV/GMU) PM TBD NL
Oct 18, 2022 Tue Regular Season (Whitney Point Invitational) @ Seton Catholic 4:30 Whitney Point HS
Regular Season Oct 18, 2022 Tue (Not a League Meet Groton - Invitational) Regular Season 4:30 Whitney Point High School
Oct 18, 2022 Tue Regular Season (WHITNEY POINT TBD HM Country Course L INVITATIONAL) Regular Season 4:30 WP Cross Country Course
Oct 18, 2022 Tue Regular Season (Whitney Point TBD Invitational) TBD A:30 8:00 Lacrosse Boys - PM PM Rotary/Keibel Road L
Oct 18, 2022 Tue Regular Season (WP Invite) Unatego 4:30 PM TBD NL
Oct 18, 2022 Tue Regular Season (Invitational @ Southern Cayuga High PM) TBD L Whitney Point)
Oct 19, 2022 Wed Practice N/A 3:00 4:30 WP Cross PM PM Country Course
Oct 24, 2022 Mon Practice N/A 3:00 4:30 WP Cross PM PM Country Course
Oct 25, 2022 Tue Practice N/A 3:00 4:30 WP Cross PM PM Country Course

DATE	WEE! DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 26, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 27, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Oct 28, 2022	Fri	Regular Season (IAC League Championships)	@ Marathon	TBD		Appleby E S		L
Oct 31, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Nov 1, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	WP Cross Country Course		
Nov 3, 2022	Thu	Regular Season (Section IV State Qualifiers at Chenango Valley State Park)	TBD	12:30 PM		Chenango Valley State Park		L

Date: 2024-05-20