

Coaches:

- W. Devan Witman
- Andrew Aronstam Jr

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Nov 14, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium	
Nov 15, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium	
Nov 16, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium	
Nov 17, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium	
Nov 18, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium	
Nov 19, 2022	Sat	Practice	N/A	11:00 AM	1:00 PM	TBD	
Nov 21, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium	
Nov 22, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium	
Nov 22, 2022	Tue	Regular Season (Weight Assessments ONLY)	Spencer-Van Etten (SVEC Eagles)	6:45 PM		Chemung School Gymnasium	L
Nov 23, 2022	Wed	Practice	N/A	9:00 AM	11:00 PM	Chemung School Gymnasium	
Nov 25, 2022	Fri	Practice	N/A	9:00 AM	11:00 AM	Chemung School Gymnasium	
Nov 26, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	Chemung School Gymnasium	
Nov 26, 2022	Sat	Regular Season (Friends of Section IV Tournament)	Elmira, Hancock (Deposit-Hancock), Sidney @ Horseheads	9:30 AM	3:00 PM	HHS MS Gym	NL
Nov 28, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium	
Nov 28, 2022	Mon	Regular Season (SCRIMMAGE)	Ithaca	5:30 PM		Chemung School Gymnasium	NL
Nov 29, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium	
Nov 30, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium	
Dec 1, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 2, 2022	Fri	Regular Season (Friends of Horseheads Wrestling)	@ Horseheads	5:00 PM	8:00 PM	HHS HS North Gym	Departure Time: 3:00 PM	NL
Dec 3, 2022	Sat	Regular Season (Friends of Horseheads Wrestling)	@ Horseheads	10:00 AM	2:00 PM	HHS HS North Gym	Departure Time: 8:00 AM	NL
Dec 5, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Dec 6, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Dec 7, 2022	Wed	Regular Season (Weigh -ins at 5pm and match start 6pm)	@ Candor (SVEC Eagles)	5:00 PM		Spencer Van Etten HS		L
Dec 8, 2022	Thu	Regular Season	Athens	6:30 PM		Waverly High School Gym		NL
Dec 9, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Dec 10, 2022	Sat	Regular Season (Athens Wrestling Club)	@ Athens	9:30 AM	5:00 PM	Athens High School	Departure Time: 8:30 AM Return Date: Return Time: 5:00 PM	NL
Dec 12, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Dec 13, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Dec 14, 2022	Wed	Regular Season	Newark Valley	6:00 PM		Waverly High School Gym		L
Dec 15, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Dec 16, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Dec 18, 2022	Sun	Regular Season (Central Mountain HS, Central Mountain PA)	@ TBD	TBD		TBD	Departure Time: 5:30 AM	NL
Dec 19, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Dec 20, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Dec 22, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Dec 23, 2022	Fri	Practice	N/A	9:00 AM	11:00 AM	Chemung School Gymnasium		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 24, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	Chemung School Gymnasium		
Dec 26, 2022	Mon	Practice	N/A	9:00 AM	11:00 AM	Chemung School Gymnasium		
Dec 27, 2022	Tue	Practice	N/A	9:00 AM	11:00 AM	Chemung School Gymnasium		
Dec 28, 2022	Wed	Regular Season (Windsor Wrestling Club)	@ Windsor	10:00 AM	7:00 PM	Windsor High School	Departure Time: 7:00 AM Return Date: Return Time: 7:00 PM	NL
Dec 29, 2022	Thu	Regular Season (Windsor Wrestling Club)	@ Windsor	9:00 AM	8:00 PM	Windsor High School	Departure Time: 6:30 AM	NL
Dec 31, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	Chemung School Gymnasium		
Jan 2, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	Chemung School Gymnasium		
Jan 3, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Jan 4, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Jan 4, 2023	Wed	Regular Season	@ Tioga	6:00 PM		High School Gym		L
Jan 5, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
POSTPONED Jan 5, 2023	Thu	Regular Season	Towanda	6:30 PM		Waverly High School Gym		NL
Jan 6, 2023	Fri	Regular Season (Oneonta Wrestling Tournament)	@ Oneonta	4:30 PM		Oneonta High School	Departure Date: Jan 6, 2023 Departure Time: 1:00 PM Return Date: Jan 7, 2023 Return Time: 8:30 AM	NL
Jan 9, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Jan 10, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Jan 11, 2023	Wed	Regular Season	Dryden	6:30 PM		Waverly High School Gym		L
Jan 12, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		

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Jan 13, 2023	Fri	Regular Season (Southern Tier Memorial Tournament)	Sidney	8:00 AM		First Arena - Elmira NY		NL
Jan 14, 2023	Sat	Regular Season (Southern Tier Memorial Tournament-day 2)	Sidney	7:00 AM		First Arena - Elmira NY		NL
Jan 17, 2023	Tue	Practice	N/A	3:30 PM	3:30 PM	Chemung School Gymnasium		
Jan 18, 2023	Wed	Regular Season (Section IV Dual Meet Championship)	@ Tioga	4:00 PM		High School Gym		NL
Jan 19, 2023	Thu	Practice	N/A	3:30 PM	3:30 PM	Chemung School Gymnasium		
Jan 20, 2023	Fri	Practice	N/A	3:30 PM	3:30 PM	Chemung School Gymnasium		
Jan 21, 2023	Sat	Regular Season (IAC Championships - Online Ticketing Only - GoFan.co)	Odessa-Montour, Tioga, Dryden, Newark Valley, Marathon, Spencer- Van Etten (SVEC Eagles), Whitney Point, Groton, Lansing (Co-ed), Moravia, Elmira Heights, TBD	9:30 AM		Waverly High School Gym		L
Jan 23, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Jan 24, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Jan 25, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Jan 26, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Jan 27, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Chemung School Gymnasium		
Jan 31, 2023	Tue	Regular Season (Marathon Wrestling)	TBD	6:00 PM		Waverly High School Gym		L
Feb 4, 2023	Sat	Regular Season (Section IV Class Tournament - B)	Windsor, Bainbridge Guilford (Bears), Groton, Spencer-Van Etten (SVEC Eagles), Greene (Greene/Oxford), Maine-Endwell, Deposit (Deposit- Hancock), Susquehanna Valley, Newark Valley, Moravia @ Sidney	7:30 AM		Sidney HS gym		NL
Feb 4, 2023	Sat	Regular Season (@ Sidney High School)	@ TBD	10:00 AM		TBD	Departure Date: Feb 4, 2023 Departure Time: 7:00 AM	L

DATE	WEE! DAY	ТҮРЕ	OPPONENTS	START ENI		TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 11, 2023	Sat	Regular Season (Wrestling @ Binghamton Visions Arena - Sectional Qualifiers)	@ TBD	10:00 AM	TBD	Departure Time: 7:00 AM	L

Date: 2024-05-01