

Canastota  
(B) 7/8TH Wrestling

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 28, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Oct 29, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Oct 30, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Oct 31, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Nov 1, 2024	Fri	Practice	N/A	2:45 PM	3:30 PM	Fitness Center		
Nov 4, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Nov 5, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Nov 6, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Nov 7, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Nov 8, 2024	Fri	Practice	N/A	2:45 PM	4:30 PM	Playroom Gym		
Nov 12, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Nov 13, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Nov 15, 2024	Fri	Practice	N/A	2:45 PM	4:30 PM	Playroom Gym		
Nov 15, 2024	Fri	Regular Season	Sherburne-Earlville, Adirondack @ Mount Markham	4:30 PM		MS Big Gym	Departure Time: 2:45 PM	L
Nov 18, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Nov 19, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Nov 20, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Nov 21, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Nov 22, 2024	Fri	Practice	N/A	2:45 PM	4:30 PM	Playroom Gym		
Nov 23, 2024	Sat	Regular Season	Dolgeville, Adirondack @ Cooperstown (Modified)	9:30 AM		Burseay Gymnasium	Departure Time: 7:00 AM	L
Nov 25, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Playroom Gym		
Nov 27, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Playroom Gym		
Nov 30, 2024	Sat	Practice	N/A	3:00 PM	5:00 PM	Playroom Gym		
Dec 2, 2024	Mon	Regular Season	Cooperstown (Modified), Morrisville-Eaton, Herkimer, Mount Markham	5:00 PM		High School Gym		NL
Dec 3, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Fitness Center		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 4, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Dec 6, 2024	Fri	Practice	N/A	2:45 PM	4:45 PM	Playroom Gym		
Dec 9, 2024	Mon	Regular Season	Sherburne-Earlville, Cooperstown (Modified), Mount Markham, Dolgeville @ Adirondack	4:30 PM		MS Gym	Departure Time: 2:30 PM	L
Dec 11, 2024	Wed	Regular Season	Camden, Rome Free Academy @ Holland Patent	4:30 PM		HPE Gym	Departure Time: 2:45 PM	L
Dec 13, 2024	Fri	Practice	N/A	2:45 PM	4:15 PM	Playroom Gym		
Dec 14, 2024	Sat	Regular Season	Sherburne-Earlville, Adirondack, Cooperstown (Modified), Herkimer, Little Falls, Dolgeville, Mount Markham @ Morrisville-Eaton	10:00 AM		Middle/High School Gym	Departure Time: 8:30 AM	L
Dec 16, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Dec 16, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Dec 17, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Playroom Gym		
Dec 18, 2024	Wed	Regular Season	New Hartford, Rome Free Academy, Morrisville-Eaton @ Central Valley Academy	4:00 PM		CVA Main Gym	Departure Time: 2:15 PM	L
Dec 20, 2024	Fri	Practice	N/A	2:45 PM	4:45 PM	Playroom Gym		
Dec 21, 2024	Sat	Regular Season (TVL Tourney )	Central Valley Academy, Sherburne-Earlville, Rome Free Academy, New Hartford, Mount Markham, Cooperstown (Modified), Camden, Whitesboro, Gouverneur, Adirondack @ Holland Patent	9:00 AM	4:00 PM	HS Gym		L
Dec 21, 2024	Sat	Regular Season (at Holland Patent High School)	@ TBD	9:30 AM		TBD	Departure Time: 6:45 AM	NL

Date: 2025-12-19