

# Canastota

## (B) V Wrestling

### Coaches:

- Stan Congden, Head Coach
- Will Merithew, Assistant Coach
- Jesse Bixby, Assistant Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Nov 15, 2022	Tue	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Nov 16, 2022	Wed	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Nov 17, 2022	Thu	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Nov 18, 2022	Fri	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Nov 21, 2022	Mon	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Nov 22, 2022	Tue	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Nov 23, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	Peterboro Street Gym		
Nov 25, 2022	Fri	Scrimmage	East Syracuse Minoa	10:00 AM		Peterboro Street Gym, Peterboro Street Gym		NL
Nov 28, 2022	Mon	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Nov 29, 2022	Tue	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Nov 30, 2022	Wed	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Dec 1, 2022	Thu	Regular Season	@ Cazenovia	6:00 PM		Cazenovia HS Buckley Gym	<b>Departure Time:</b> 4:30 PM	NL
Dec 2, 2022	Fri	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Dec 3, 2022	Sat	Regular Season (Anderson Tournament )	Amsterdam (Amsterdam), Camden, Central Square, Chittenango, Cortland, Fayetteville-Manlius, Fairport, Falconer, Fonda-Fultonville (Fonda/Johnston), Fulton, General Brown, Homer, Indian River, Lansing (Co-ed), Marcellus, New Hartford, Watertown, Syracuse City (Syracuse City), Windsor, West Genesee @ Cicero-North Syracuse	9:00 AM	6:00 PM	CNS HS-Main Gym	<b>Departure Time:</b> 6:15 AM	L
Dec 5, 2022	Mon	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Dec 6, 2022	Tue	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Dec 7, 2022	Wed	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 8, 2022	Thu	Regular Season	Liverpool	6:00 PM		High School Gym		NL
Dec 9, 2022	Fri	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Dec 10, 2022	Sat	Regular Season (Coach K Duals)	Sidney, Oxford (Greene/Oxford), Dryden, Beekmantown @ Norwich	7:00 AM	8:00 PM	NHS Gym	Departure Time: 6:15 AM	NL
Dec 12, 2022	Mon	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Dec 13, 2022	Tue	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Dec 13, 2022	Tue	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Dec 14, 2022	Wed	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Dec 14, 2022	Wed	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
CANCELLED Dec 15, 2022	Thu	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
CANCELLED Dec 16, 2022	Fri	Practice	N/A	3:30 PM	5:15 PM	Playroom Gym		
Dec 19, 2022	Mon	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Dec 20, 2022	Tue	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Dec 21, 2022	Wed	Regular Season	Dolgeville	6:00 PM		High School Gym		L
Dec 30, 2022	Fri	Practice	N/A	9:30 AM	11:30 AM	Fitness Center		
Jan 3, 2023	Tue	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 4, 2023	Wed	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 5, 2023	Thu	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 6, 2023	Fri	Regular Season	@ Adirondack	6:00 PM		MS Gym	Departure Time: 3:45 PM	L
Jan 9, 2023	Mon	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 9, 2023	Mon	Regular Season	@ Little Falls	6:00 PM		HS Gym	Departure Time: 4:00 PM	L
Jan 10, 2023	Tue	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 11, 2023	Wed	Regular Season	Mount Markham	6:00 PM		High School Gym		L
Jan 12, 2023	Thu	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 13, 2023	Fri	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 14, 2023	Sat	Meet (Cazenovia Wrestling Invitational)	Vs. Multiple	9:30 AM	7:00 PM	Cazenovia HS Buckley Gym, Cazenovia Middle School Gym	Departure Time: 6:30 AM	NL
POSTPONED Jan 17, 2023	Tue	Post-Season (Section III Dual Meet Championships)	TBD	5:00 PM		High School Gym		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 18, 2023	Wed	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 19, 2023	Thu	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 20, 2023	Fri	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 21, 2023	Sat	Regular Season	East Syracuse Minoa, Baldwinsville, Cazenovia, Cicero-North Syracuse, West Genesee	9:30 AM		High School Gym, Laidlaw Gym		L
Jan 23, 2023	Mon	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 24, 2023	Tue	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 26, 2023	Thu	Regular Season	@ Vernon-Verona-Sherrill	6:00 PM	9:00 PM	VVS Main Gym (The Pit)	Departure Time: 4:30 PM	L
Jan 27, 2023	Fri	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 28, 2023	Sat	Post-Season (CSC League Tournament)	Little Falls, Cooperstown (Cooperstown/Milford), Dolgeville, Mount Markham, Sherburne-Earlville, Morrisville-Eaton (Morrisville-Eaton), TBD @ Adirondack	9:00 AM	6:00 PM	HS Gym	Departure Time: 6:00 AM	L
Jan 30, 2023	Mon	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Jan 30, 2023	Mon	Regular Season	@ Homer	6:00 PM		Homer High School	Departure Time: 3:45 PM	NL
Jan 31, 2023	Tue	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Feb 1, 2023	Wed	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Feb 2, 2023	Thu	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Feb 3, 2023	Fri	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Feb 4, 2023	Sat	Post-Season	@ Cooperstown (Cooperstown/Milford)	10:00 AM		Burse Gymnasium	Departure Time: 6:15 AM	NL
Feb 6, 2023	Mon	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Feb 7, 2023	Tue	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Feb 8, 2023	Wed	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Feb 9, 2023	Thu	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Feb 10, 2023	Fri	Practice	N/A	3:30 PM	5:15 PM	Peterboro Street Gym		
Feb 11, 2023	Sat	Post-Season (Section III Inter-Class Tournament )	@ TBD	9:15 AM		SRC Arena	Departure Time: 6:15 AM	NL