

Canastota

(G) V Winter Track

Coaches:

- John Copp, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 4, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	Playroom Gym		
Dec 6, 2019	Fri	Regular Season (at Utica College)	@ TBD	4:30 PM		Utica College	Departure Time: 3:15 PM	L
Dec 11, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	Playroom Gym		
Dec 12, 2019	Thu	Regular Season (at Utica College)	@ TBD	4:30 PM		Utica College	Departure Time: 3:15 PM	L
Dec 18, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	Playroom Gym		
Dec 23, 2019	Mon	Practice	N/A	9:00 AM	11:00 AM	TBD		
Dec 26, 2019	Thu	Practice	N/A	9:00 AM	11:00 AM	TBD		
Dec 30, 2019	Mon	Practice	N/A	9:00 AM	11:00 AM	TBD		
Jan 2, 2020	Thu	Practice	N/A	9:00 AM	11:00 AM	TBD		
Jan 3, 2020	Fri	Regular Season (at Utica College)	@ TBD	4:30 PM		Utica College	Departure Time: 3:00 PM	L
Jan 9, 2020	Thu	Practice	N/A	3:00 PM	4:30 PM	Playroom Gym		
Jan 10, 2020	Fri	Regular Season (at Utica College)	@ TBD	4:30 PM		Utica College	Departure Time: 3:00 PM	L
Jan 16, 2020	Thu	Practice	N/A	3:00 PM	4:30 PM	Playroom Gym		
Jan 17, 2020	Fri	Regular Season (at Utica College)	@ TBD	4:30 PM		Utica College	Departure Time: 3:00 PM	L
Jan 22, 2020	Wed	Practice	N/A	3:00 PM	4:30 PM	Playroom Gym		
Jan 31, 2020	Fri	Regular Season (CSC/Tri-Valley Championships at Utica College)	@ TBD	4:30 PM		Utica College	Departure Time: 3:00 PM	NL
Feb 5, 2020	Wed	Practice	N/A	3:00 PM	4:30 PM	Playroom Gym		
Feb 8, 2020	Sat	Post-Season (Section 3 Championships at OCC)	@ TBD	2:00 PM		Onondaga Community College	Departure Time: 12:00 PM	NL
Feb 25, 2020	Tue	Post-Season (State Qualifiers @ OCC)	@ TBD	4:30 PM		Onondaga Community College	Departure Time: 3:00 PM	NL

Date: 2025-12-14