

# Canastota

## (G) 7/8TH Volleyball

### Coaches:

- Samantha Miller, 7th Grade Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 30, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Laidlaw Gym		
Oct 31, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Laidlaw Gym		
Nov 1, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Laidlaw Gym		
Nov 2, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Laidlaw Gym		
Nov 3, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Laidlaw Gym		
Nov 4, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Laidlaw Gym		
Nov 6, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Laidlaw Gym		
Nov 7, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Laidlaw Gym		
Nov 8, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Laidlaw Gym		
Nov 9, 2023	Thu	Regular Season	Adirondack	4:00 PM	6:00 PM	Laidlaw Gym		L
Nov 10, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	Laidlaw Gym		
Nov 11, 2023	Sat	Practice	N/A	8:30 AM	10:00 AM	Laidlaw Gym		
Nov 13, 2023	Mon	Regular Season	Chittenango	4:00 PM	6:30 PM	Laidlaw Gym		NL
Nov 14, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Laidlaw Gym		
Nov 15, 2023	Wed	Regular Season	@ Sauquoit Valley	4:30 PM	6:00 PM	MS Gym	Departure Time: 3:00 PM	L
Nov 16, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Laidlaw Gym		
Nov 17, 2023	Fri	Regular Season	@ Clinton	4:30 PM		MS Gym	Departure Time: 3:30 PM	L
Nov 18, 2023	Sat	Practice	N/A	12:15 PM	2:15 PM	Laidlaw Gym		
Nov 20, 2023	Mon	Regular Season	Westmoreland	4:30 PM	6:00 PM	Laidlaw Gym		L
Nov 24, 2023	Fri	Practice	N/A	9:00 AM	11:00 AM	Laidlaw Gym		
Nov 27, 2023	Mon	Regular Season	Herkimer	4:30 PM		Laidlaw Gym		L
Nov 28, 2023	Tue	Practice	N/A	3:30 PM	4:30 PM	Playroom Gym		
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		
Nov 30, 2023	Thu	Practice	N/A	3:15 PM	4:45 PM	High School Gym		
Nov 30, 2023	Thu	Practice	N/A	3:30 PM	4:30 PM	Playroom Gym		
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		
Dec 4, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Laidlaw Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 4, 2023	Mon	Regular Season	New York Mills (Modified (7/8))	4:30 PM	6:00 PM	Laidlaw Gym		L
Dec 5, 2023	Tue	Regular Season	Sauquoit Valley	4:30 PM	6:00 PM	Laidlaw Gym		L
Dec 6, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Laidlaw Gym		
Dec 7, 2023	Thu	Regular Season	Clinton	4:30 PM	6:00 PM	Laidlaw Gym		L
Dec 9, 2023	Sat	Meet (Modified 8th Grade Volleyball Play Day)	Vs. Multiple	9:00 AM	1:00 PM	Chittenango HS- Large Gym	<b>Departure Time:</b> 8:00 AM	NL
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		
Dec 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		
Dec 14, 2023	Thu	Regular Season	@ Herkimer	4:30 PM		Elementary School Gym	<b>Departure Time:</b> 2:45 PM	L
Dec 15, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	Laidlaw Gym		
Dec 16, 2023	Sat	Regular Season (5 Set Match)	@ Chittenango	11:00 AM	1:00 PM	Chittenango HS- Large Gym	<b>Departure Time:</b> 10:00 AM	NL
Dec 18, 2023	Mon	Practice	N/A	3:15 PM	5:30 PM	Playroom Gym		
Dec 18, 2023	Mon	Regular Season	@ Westmoreland	4:30 PM		Westmoreland M S	<b>Departure Time:</b> 3:15 PM	L
Dec 19, 2023	Tue	Regular Season	@ New York Mills (Modified (7/8))	4:30 PM	6:00 PM	N Y Mills E S	<b>Departure Time:</b> 3:00 PM	L
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		
Dec 21, 2023	Thu	Regular Season	@ Adirondack	4:30 PM	6:30 PM	Boonville Elementary Gym	<b>Departure Time:</b> 2:30 PM	L

Date: 2025-12-05