

Canastota

(B) V Volleyball

Coaches:

- Shay Sgroi

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 29, 2021	Mon	Practice	N/A	3:45 PM	4:30 PM	Laidlaw Gym		
Dec 1, 2021	Wed	Practice	N/A	5:00 PM	7:30 PM	Laidlaw Gym		
Dec 2, 2021	Thu	Practice	N/A	3:00 PM	3:45 PM	Laidlaw Gym		
Dec 3, 2021	Fri	Practice	N/A	2:45 PM	4:45 PM	Laidlaw Gym		
Dec 4, 2021	Sat	Practice	N/A	7:00 AM	8:45 PM	Laidlaw Gym		
Dec 6, 2021	Mon	Practice	N/A	3:00 PM	4:45 PM	Laidlaw Gym		
Dec 7, 2021	Tue	Practice	N/A	7:00 PM	9:00 PM	Laidlaw Gym		
Dec 8, 2021	Wed	Practice	N/A	3:45 PM	4:45 PM	Laidlaw Gym		
Dec 9, 2021	Thu	Practice	N/A	7:00 PM	9:00 PM	Laidlaw Gym		
Dec 10, 2021	Fri	Practice	N/A	3:30 PM	4:45 PM	Laidlaw Gym		
Dec 11, 2021	Sat	Practice	N/A	8:00 AM	10:30 AM	Laidlaw Gym		
Dec 13, 2021	Mon	Practice	N/A	5:00 PM	7:00 PM	Laidlaw Gym		
Dec 14, 2021	Tue	Practice	N/A	6:00 PM	8:30 PM	Laidlaw Gym		
Dec 15, 2021	Wed	Practice	N/A	3:45 PM	4:45 PM	Laidlaw Gym		
Dec 16, 2021	Thu	Practice	N/A	5:15 PM	7:15 PM	Laidlaw Gym		
Dec 17, 2021	Fri	Practice	N/A	3:30 PM	4:45 PM	Laidlaw Gym		
Dec 17, 2021	Fri	Scrimmage (Pre-Season Tournament)	Little Falls	6:00 PM		Laidlaw Gym		L
Dec 18, 2021	Sat	Regular Season (Tournament)	Central Valley Academy, Chittenango, Mount Markham, Oneida, Vernon-Verona-Sherrill, Sauquoit Valley, Voorheesville	9:30 AM		Laidlaw Gym, High School Gym		NL
Dec 20, 2021	Mon	Practice	N/A	5:15 PM	7:30 PM	Laidlaw Gym		
Dec 21, 2021	Tue	Regular Season 0-3 L	@ Chittenango	6:45 PM	8:00 PM	Chittenango HS- Large Gym	Departure Time: 4:30 PM	NL
Dec 22, 2021	Wed	Practice	N/A	3:15 PM	5:30 PM	Laidlaw Gym		
Dec 27, 2021	Mon	Practice	N/A	3:15 PM	6:00 PM	High School Gym		
Dec 29, 2021	Wed	Scrimmage	@ Oneida	6:00 PM		Fariel Gym	Departure Time: 3:45 PM	NL
Jan 3, 2022	Mon	Practice	N/A	5:00 PM	7:00 PM	Laidlaw Gym		

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Jan 4, 2022	Tue	Practice	N/A	7:00 PM	9:00 PM	Laidlaw Gym		
Jan 5, 2022	Wed	Practice	N/A	3:00 PM	4:45 PM	Laidlaw Gym		
Jan 6, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		
Jan 10, 2022	Mon	Practice	N/A	3:00 PM	5:15 PM	Laidlaw Gym		
Jan 11, 2022	Tue	Regular Season	Mount Markham	6:45 PM	8:15 PM	Laidlaw Gym		L
Jan 12, 2022	Wed	Practice	N/A	5:00 PM	7:15 PM	Laidlaw Gym		
Jan 13, 2022	Thu	Regular Season 1-3 L	@ Chittenango	7:00 PM	8:15 PM	Bolivar Rd Elem- Gym	Departure Time: 4:30 PM	L
Jan 14, 2022	Fri	Practice	N/A	5:00 PM	7:15 PM	Laidlaw Gym		
Jan 18, 2022	Tue	Regular Season	Sauquoit Valley	6:30 PM	8:00 PM	Laidlaw Gym		L
Jan 19, 2022	Wed	Practice	N/A	3:00 PM	4:45 PM	Laidlaw Gym		
Jan 20, 2022	Thu	Regular Season	Central Valley Academy	6:45 PM	8:15 PM	Laidlaw Gym		L
Jan 21, 2022	Fri	Practice	N/A	6:15 PM	8:15 PM	Laidlaw Gym		
Jan 22, 2022	Sat	Regular Season	@ Westmoreland	1:30 PM	3:00 PM	Westmoreland H S	Departure Time: 10:45 AM	L
Jan 24, 2022	Mon	Practice	N/A	6:30 PM	8:30 PM	Laidlaw Gym		
Jan 25, 2022	Tue	Regular Season 0-3 L	Vernon-Verona-Sherrill	6:45 PM	8:15 PM	Laidlaw Gym		L
Jan 26, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		
Jan 27, 2022	Thu	Regular Season	Oneida	6:30 PM		Laidlaw Gym		L
Jan 28, 2022	Fri	Practice	N/A	2:45 PM	4:45 PM	Laidlaw Gym		
Jan 31, 2022	Mon	Regular Season	Little Falls	6:45 PM	8:15 PM	Laidlaw Gym		L
Feb 1, 2022	Tue	Practice	N/A	7:00 PM	9:00 PM	Laidlaw Gym		
Feb 2, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		
Feb 3, 2022	Thu	Practice	N/A	7:00 PM	9:00 PM	Laidlaw Gym		
Feb 5, 2022	Sat	Practice	N/A	12:30 PM	2:30 PM	Laidlaw Gym		
Feb 7, 2022	Mon	Regular Season 0-3 L	Chittenango	6:45 PM	8:15 PM	Laidlaw Gym		L
Feb 8, 2022	Tue	Practice	N/A	3:00 PM	3:45 PM	Laidlaw Gym		
Feb 9, 2022	Wed	Regular Season	@ Sauquoit Valley	6:45 PM	8:15 PM	MS Gym	Departure Time: 4:00 PM	L
Feb 10, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		
Feb 11, 2022	Fri	Regular Season	@ Central Valley Academy	6:00 PM	8:15 PM	CVA Small Gym	Departure Time: 5:00 PM	L
Feb 14, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 15, 2022	Tue	Regular Season	Westmoreland	6:45 PM	8:15 PM	Laidlaw Gym		L
Feb 16, 2022	Wed	Regular Season	@ Mount Markham	6:00 PM		MS Big Gym	Departure Time: 4:15 PM	L
Feb 17, 2022	Thu	Regular Season 0-3 L	@ Vernon-Verona-Sherrill	6:45 PM	8:15 PM	VVS MS Gym	Departure Time: 4:30 PM	L
Feb 18, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		
Feb 19, 2022	Sat	Regular Season	@ Little Falls	12:30 PM	2:00 PM	MS Gym	Departure Time: 9:15 PM	L
Feb 22, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		
Feb 23, 2022	Wed	Regular Season	@ Oneida	6:30 PM		Fariel Gym	Departure Time: 4:00 PM	L
Feb 24, 2022	Thu	Regular Season 0-3 L	Vernon-Verona-Sherrill	6:15 PM		Laidlaw Gym		NL
Feb 25, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		
Feb 26, 2022	Sat	Practice	N/A	12:00 PM	2:00 PM	Laidlaw Gym		
Feb 28, 2022	Mon	Practice	N/A	6:00 PM	8:00 PM	High School Gym		
Mar 1, 2022	Tue	Post-Season	Mount Markham	6:00 PM		High School Gym		NL
Mar 2, 2022	Wed	Practice	N/A	6:00 PM	8:00 PM	High School Gym		
Mar 3, 2022	Thu	Post-Season	Sauquoit Valley	5:00 PM	6:30 PM	High School Gym		NL

Date: 2025-12-05