

Canastota

(B) V Volleyball

Coaches:

- Shay Sgroi

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--------------------------|------------|----------|--------------------|--------------------------------|---------------------|
| Dec 2, 2019 | Mon | Practice | N/A | 3:00 PM | 3:45 PM | Laidlaw Gym | | |
| Dec 3, 2019 | Tue | Practice | N/A | 3:00 PM | 4:45 PM | Laidlaw Gym | | |
| Dec 4, 2019 | Wed | Practice | N/A | 3:00 PM | 3:45 PM | Laidlaw Gym | | |
| Dec 5, 2019 | Thu | Practice | N/A | 3:00 PM | 3:45 PM | Laidlaw Gym | | |
| Dec 7, 2019 | Sat | Practice | N/A | 8:00 AM | 10:00 AM | Laidlaw Gym | | |
| Dec 9, 2019 | Mon | Practice | N/A | 6:45 PM | 9:00 PM | Laidlaw Gym | | |
| Dec 10, 2019 | Tue | Practice | N/A | 6:45 PM | 9:00 PM | Laidlaw Gym | | |
| Dec 11, 2019 | Wed | Practice | N/A | 4:45 PM | 7:00 PM | Laidlaw Gym | | |
| Dec 12, 2019 | Thu | Practice | N/A | 6:45 PM | 9:00 PM | Laidlaw Gym | | |
| Dec 13, 2019 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | Laidlaw Gym | | |
| Dec 16, 2019 | Mon | Practice | N/A | 6:45 PM | 9:00 PM | Laidlaw Gym | | |
| Dec 17, 2019 | Tue | Practice | N/A | 7:00 PM | 9:00 PM | Laidlaw Gym | | |
| Dec 19, 2019 | Thu | Practice | N/A | 7:00 PM | 9:00 PM | Laidlaw Gym | | |
| Dec 20, 2019 | Fri | Practice | N/A | 3:30 PM | 6:00 PM | Laidlaw Gym | | |
| Dec 21, 2019 | Sat | Practice | N/A | 8:00 AM | 10:00 AM | Laidlaw Gym | | |
| Dec 23, 2019 | Mon | Scrimmage | @ Oneida | 6:30 PM | | Fariel Gym | Departure Time: 4:30 PM | NL |
| Dec 26, 2019 | Thu | Practice | N/A | 5:00 PM | 7:00 PM | Laidlaw Gym | | |
| Dec 28, 2019 | Sat | Regular Season (Ichabod Crane Holiday Tournament @ Ichabod Crane High School) | @ Ichabod Crane | 9:00 AM | | Ichabod Crane HS | Departure Time: 6:15 AM | NL |
| Dec 30, 2019 | Mon | Practice | N/A | 5:00 PM | 7:00 PM | Laidlaw Gym | | |
| Dec 31, 2019 | Tue | Regular Season (Spiking in the New Year Tournament) | @ Vernon-Verona-Sherrill | 10:00 AM | | VVS Volleyball Gym | Departure Time: 8:30 AM | NL |
| Jan 2, 2020 | Thu | Practice | N/A | 5:00 PM | 7:00 PM | Laidlaw Gym | | |
| Jan 6, 2020 | Mon | Practice | N/A | 3:00 PM | 4:45 PM | Laidlaw Gym | | |
| Jan 7, 2020 | Tue | Regular Season | @ Sauquoit Valley | 7:00 PM | 8:30 PM | MS Gym | Departure Time: 4:00 PM | L |
| Jan 8, 2020 | Wed | Practice | N/A | 7:00 PM | 9:00 PM | Laidlaw Gym | | |
| Jan 9, 2020 | Thu | Regular Season 0-3 L | @ Oneida | 6:30 PM | 8:30 PM | Fariel Gym | Departure Time: 4:00 PM | L |
| Jan 10, 2020 | Fri | Regular Season 1-3 L | Westmoreland | 7:00 PM | | Laidlaw Gym | | L |

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| Jan 11, 2020 | Sat | Practice | N/A | 8:00 AM | 10:00 AM | Laidlaw Gym | | |
| Jan 13, 2020 | Mon | Practice | N/A | 3:00 PM | 4:45 PM | Laidlaw Gym | | |
| Jan 14, 2020 | Tue | Regular Season | @ Mount Markham | 7:00 PM | 8:30 PM | MS Big Gym | Departure Time: 3:45 PM | L |
| Jan 15, 2020 | Wed | Practice | N/A | 3:00 PM | 4:45 PM | Laidlaw Gym | | |
| Jan 16, 2020 | Thu | Practice | N/A | 7:00 PM | 9:00 PM | Laidlaw Gym | | |
| Jan 17, 2020 | Fri | Practice | N/A | 3:00 PM | 4:45 PM | Laidlaw Gym | | |
| Jan 20, 2020 | Mon | Practice (Not a mandatory practice) | N/A | 5:30 PM | 7:30 PM | Laidlaw Gym | | |
| Jan 20, 2020 | Mon | Practice (Not a mandartory practice) | N/A | 5:30 PM | 7:30 PM | Laidlaw Gym | | |
| Jan 21, 2020 | Tue | Regular Season 3-1 W | Little Falls | 7:00 PM | 8:30 PM | Laidlaw Gym | | L |
| Jan 22, 2020 | Wed | Practice | N/A | 5:30 PM | 7:30 PM | Laidlaw Gym | | |
| Jan 23, 2020 | Thu | Regular Season 2-3 L | @ Westmoreland | 7:30 PM | | HS Gym | Departure Time: 4:45 PM | L |
| Jan 24, 2020 | Fri | Regular Season 0-3 L | Chittenango | 7:00 PM | 8:30 PM | Laidlaw Gym | | L |
| Jan 25, 2020 | Sat | Regular Season 0-3 L | @ Vernon-Verona-Sherrill | 1:30 PM | | VVS Volleyball Gym | Departure Time: 10:45 PM | L |
| Jan 27, 2020 | Mon | Regular Season 0-3 L | @ Chittenango | 7:00 PM | 8:30 PM | Chittenango HS- Large Gym | Departure Time: 4:30 PM | L |
| Jan 28, 2020 | Tue | Practice | N/A | 7:00 PM | 9:00 PM | Laidlaw Gym | | |
| Jan 29, 2020 | Wed | Practice | N/A | 3:45 PM | 4:45 PM | Laidlaw Gym | | |
| Jan 30, 2020 | Thu | Regular Season 0-3 L | Vernon-Verona-Sherrill | 6:30 PM | | Laidlaw Gym | | L |
| Jan 31, 2020 | Fri | Practice | N/A | 7:00 PM | 9:00 PM | Laidlaw Gym | | |
| Feb 1, 2020 | Sat | Practice | N/A | 8:00 AM | 10:00 AM | Laidlaw Gym | | |
| Feb 3, 2020 | Mon | Regular Season 0-3 L | Oneida | 7:00 PM | 8:30 PM | Laidlaw Gym | | L |
| Feb 4, 2020 | Tue | Practice | N/A | 5:15 PM | 7:30 PM | Laidlaw Gym | | |
| Feb 5, 2020 | Wed | Regular Season | Mount Markham | 7:00 PM | 8:30 PM | Laidlaw Gym | | L |
| Feb 6, 2020 | Thu | Practice | N/A | 7:00 PM | 9:00 PM | Laidlaw Gym | | |
| Feb 7, 2020 | Fri | Practice | N/A | 2:45 PM | 4:45 PM | Laidlaw Gym | | |
| Feb 10, 2020 | Mon | Practice | N/A | 3:00 PM | 4:45 PM | Laidlaw Gym | | |
| Feb 11, 2020 | Tue | Regular Season 0-3 L | Vernon-Verona-Sherrill | 7:00 PM | 8:30 PM | Laidlaw Gym | | L |
| Feb 12, 2020 | Wed | Practice | N/A | 5:00 PM | 7:00 PM | Laidlaw Gym | | |

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| Feb 13, 2020 | Thu | Regular Season 3-0 W | @ Little Falls | 6:30 PM | 8:00 PM | MS Gym | Departure Time: 3:15 PM | L |
| Feb 14, 2020 | Fri | Practice | N/A | 3:00 PM | 5:00 PM | Laidlaw Gym | | |
| Feb 17, 2020 | Mon | Practice | N/A | 4:30 PM | 6:30 PM | Laidlaw Gym | | |
| Feb 18, 2020 | Tue | Practice | N/A | 4:30 PM | 6:30 PM | Laidlaw Gym | | |
| Feb 19, 2020 | Wed | Regular Season | Sauquoit Valley | 6:00 PM | 7:30 PM | Laidlaw Gym | | L |
| Feb 21, 2020 | Fri | Practice | N/A | 4:30 PM | 6:30 PM | Laidlaw Gym | | |
| Feb 22, 2020 | Sat | Regular Season (Mt. Markham Tournament) | @ Mount Markham | 9:00 AM | | MS Big Gym | Departure Time: 7:15 AM | NL |
| Feb 24, 2020 | Mon | Practice | N/A | 5:00 PM | 7:00 PM | Laidlaw Gym | | |
| Feb 25, 2020 | Tue | Post-Season (Sectional Game) 0-3 L | @ Sauquoit Valley | 6:00 PM | | MS Gym | Departure Time: 4:00 PM | NL |
| Mar 9, 2020 | Mon | Regular Season | Westmoreland | 7:00 PM | | Laidlaw Gym | | L |

Date: 2025-12-10