

# Canastota

## (B) 7/8TH Football

- Coaches:
- Mike Ames, Head Coach
  - John Michael Grosso. Assistant Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2022	Wed	Scrimmage	Chittenango	4:00 PM	5:45 PM	High School Stadium Field (Turf)		NL
Sep 19, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	High School Gym		
Sep 21, 2022	Wed	Regular Season 0-23 L	@ Central Valley Academy	4:30 PM		Fisher Elementary Lower Tolpa Softball Field	Departure Time: 2:45 PM	L
Sep 28, 2022	Wed	Regular Season	New Hartford	4:00 PM		High School Stadium Field (Turf)		L
Sep 29, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	High School Gym		
Sep 29, 2022	Thu	Practice	N/A	4:30 PM	5:15 PM	High School Cafeteria		
Oct 5, 2022	Wed	Regular Season	@ Vernon-Verona-Sherrill	4:30 PM		Turf Field Stadium	Departure Time: 3:00 PM	L
Oct 11, 2022	Tue	Practice	N/A	3:30 PM	5:15 PM	High School Stadium Field (Turf)		
Oct 12, 2022	Wed	Regular Season	Camden	4:30 PM		High School Stadium Field (Turf)		L
Oct 19, 2022	Wed	Regular Season	@ Rome Free Academy	4:30 PM		Guyer Grass Field	Departure Time: 3:00 PM	L
Oct 24, 2022	Mon	Regular Season	Oneida	4:00 PM		High School Stadium Field (Turf)		L

Date: 2025-12-08