

# Canastota

## (G) V Field Hockey

### Coaches:

- Danielle Birkhead, Head Coach, Head Coach
- Steve White, Assistant Coach
- Alexandria Jones, Assistant Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	8:00 AM	12:00 PM	High School Stadium Field (Turf)		
Aug 22, 2023	Tue	Practice	N/A	7:00 PM	9:00 PM	High School Stadium Field (Turf)		
Aug 23, 2023	Wed	Practice	N/A	8:00 AM	12:00 PM	High School Stadium Field (Turf)		
Aug 24, 2023	Thu	Practice	N/A	8:00 AM	12:00 PM	High School Stadium Field (Turf)		
Aug 25, 2023	Fri	Practice	N/A	8:00 AM	12:00 PM	High School Stadium Field (Turf)		
Aug 26, 2023	Sat	Practice	N/A	7:00 AM	11:00 AM	High School Stadium Field (Turf)		
Aug 28, 2023	Mon	Practice	N/A	1:00 PM	4:00 PM	High School Stadium Field (Turf)		
Aug 29, 2023	Tue	Practice	N/A	9:00 AM	12:00 PM	High School Stadium Field (Turf)		
Aug 30, 2023	Wed	Practice	N/A	8:00 AM	12:00 PM	High School Stadium Field (Turf)		
Aug 31, 2023	Thu	Scrimmage	@ Oneida	4:30 PM		HS Field Hockey Field	<b>Departure Time:</b> 3:30 PM	NL
Sep 1, 2023	Fri	Practice	N/A	8:00 AM	12:00 PM	High School Stadium Field (Turf)		
Sep 2, 2023	Sat	Regular Season	Cicero-North Syracuse	10:00 AM	12:00 PM	High School Stadium Field (Turf)		NL
Sep 4, 2023	Mon	Practice	N/A	6:30 PM	8:30 PM	High School Stadium Field (Turf)		
Sep 5, 2023	Tue	Regular Season	@ Liverpool	5:00 PM		LIVERPOOL HS STADIUM	<b>Departure Time:</b> 3:30 PM	NL
Sep 6, 2023	Wed	Regular Season 8-0 W	Sherburne-Earlville	5:30 PM	7:00 PM	High School Stadium Field (Turf)		L
Sep 7, 2023	Thu	Practice	N/A	3:00 PM	3:45 PM	High School Stadium Field (Turf)		
Sep 8, 2023	Fri	Regular Season (Whitesboro Fall Classic against F-M)	@ TBD	4:30 PM		Ed Wadas Complex (Whitesboro)	<b>Departure Time:</b> 3:00 PM	NL
Sep 9, 2023	Sat	Regular Season (Whitesboro Fall Classic)	@ TBD	TBD		TBD		NL
Sep 11, 2023	Mon	Regular Season 1-4 L	Clinton	4:00 PM	6:00 PM	High School Stadium Field (Turf)		NL

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Sep 12, 2023	Tue	Practice	N/A	6:45 PM	9:00 PM	High School Stadium Field (Turf)		
Sep 13, 2023	Wed	Regular Season	@ New Hartford	5:00 PM		New Hartford HS Turf Field	<b>Departure Time:</b> 3:30 PM	NL
Sep 14, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	High School Stadium Field (Turf)		
Sep 15, 2023	Fri	Regular Season	@ Mount Markham (Mt. Markham / Coop)	4:30 PM	6:00 PM	HS Field Hockey Field	<b>Departure Time:</b> 2:45 PM	L
Sep 18, 2023	Mon	Practice	N/A	3:00 PM	3:45 PM	High School Stadium Field (Turf)		
Sep 19, 2023	Tue	Practice	N/A	3:00 PM	3:45 PM	High School Stadium Field (Turf)		
Sep 20, 2023	Wed	Regular Season	Little Falls	7:00 PM	9:00 PM	High School Stadium Field (Turf)		NL
Sep 21, 2023	Thu	Regular Season	@ Sauquoit Valley	4:30 PM		Stadium Field	<b>Departure Time:</b> 3:00 PM	NL
Sep 22, 2023	Fri	Practice	N/A	4:15 PM	6:15 PM	High School Stadium Field (Turf)		
Sep 23, 2023	Sat	Regular Season 1-2 L	Whitesboro	1:15 PM	2:45 PM	High School Stadium Field (Turf)		NL
Sep 25, 2023	Mon	Regular Season	Port Byron (Port Byron/Union Springs)	4:30 PM		High School Stadium Field (Turf)		NL
Sep 26, 2023	Tue	Practice	N/A	3:00 PM	3:45 PM	High School Stadium Field (Turf)		
Sep 27, 2023	Wed	Practice	N/A	7:00 PM	9:00 PM	High School Stadium Field (Turf)		
Sep 29, 2023	Fri	Practice	N/A	2:30 PM	4:15 PM	High School Stadium Field (Turf)		
Sep 30, 2023	Sat	Practice	N/A	8:30 AM	10:15 AM	High School Stadium Field (Turf)		
Oct 2, 2023	Mon	Regular Season 10-0 W	@ Sherburne-Earville	4:30 PM	6:00 PM	Varsity/JV Field Hockey Field	<b>Departure Time:</b> 2:45 PM	L
Oct 3, 2023	Tue	Regular Season 1-5 L	@ Clinton	4:30 PM	6:00 PM	Field Hockey Field 29 Norton Ave	<b>Departure Time:</b> 3:00 PM	L
Oct 4, 2023	Wed	Practice	N/A	6:45 PM	9:00 PM	High School Stadium Field (Turf)		
Oct 5, 2023	Thu	Practice	N/A	5:00 PM	6:30 PM	High School Stadium Field (Turf)		
Oct 6, 2023	Fri	Practice	N/A	4:30 PM	6:30 PM	High School Stadium Field (Turf)		
Oct 7, 2023	Sat	Practice	N/A	8:00 AM	9:00 AM	High School Stadium Field (Turf)		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 9, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	High School Stadium Field (Turf)		
Oct 10, 2023	Tue	Practice	N/A	7:50 PM	9:00 PM	High School Stadium Field (Turf)		
Oct 11, 2023	Wed	Regular Season (Senior Night)	Mount Markham (Mt. Markham / Coop)	6:45 PM	8:15 PM	High School Stadium Field (Turf)		L
Oct 12, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	High School Stadium Field (Turf)		
Oct 13, 2023	Fri	Regular Season (SENIOR NIGHT )	@ Cicero-North Syracuse	5:30 PM	6:45 PM	CNS HS-Bragman Stadium	Departure Time: 4:00 PM	NL
Oct 16, 2023	Mon	Practice	N/A	7:00 PM	9:00 PM	High School Stadium Field (Turf)		
Oct 17, 2023	Tue	Post-Season (Quarterfinal Sectional Game)	Vernon-Verona-Sherrill	4:30 PM		High School Stadium Field (Turf)		NL
Oct 18, 2023	Wed	Practice	N/A	3:00 PM	5:15 PM	High School Stadium Field (Turf)		
Oct 19, 2023	Thu	Practice	N/A	4:45 PM	6:30 PM	High School Stadium Field (Turf)		
Oct 20, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	High School Stadium Field (Turf)		
Oct 21, 2023	Sat	Practice	N/A	11:00 AM	1:15 PM	TBD		
Oct 22, 2023	Sun	Post-Season 2-3 L	@ Clinton	11:00 AM		Turf Field Stadium		NL

Date: 2025-12-19