

# Canastota

## (G) V Field Hockey

### Coaches:

- Danielle Birkhead, Head Coach, Head Coach
- Steve White, Assistant Coach
- Alexandria Jones, Assistant Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice	N/A	8:00 AM	12:00 PM	High School Stadium Field (Turf)		
Aug 23, 2022	Tue	Practice	N/A	8:00 AM	12:00 PM	High School Stadium Field (Turf)		
Aug 24, 2022	Wed	Practice	N/A	7:30 AM	9:30 AM	High School Stadium Field (Turf)		
Aug 25, 2022	Thu	Practice	N/A	7:30 AM	9:30 AM	High School Stadium Field (Turf)		
Aug 26, 2022	Fri	Practice	N/A	7:30 AM	9:30 AM	High School Stadium Field (Turf)		
Aug 27, 2022	Sat	Practice	N/A	7:30 AM	11:00 AM	High School Stadium Field (Turf)		
Aug 29, 2022	Mon	Practice	N/A	7:00 AM	11:00 AM	High School Stadium Field (Turf)		
Aug 30, 2022	Tue	Practice	N/A	7:30 AM	9:30 AM	High School Stadium Field (Turf)		
Aug 31, 2022	Wed	Regular Season 0-5 L	@ Cicero-North Syracuse	12:00 PM	2:00 PM	CNS HS-Bragman Stadium	<b>Departure Time:</b> 10:45 AM	NL
Sep 1, 2022	Thu	Practice	N/A	5:00 PM	7:00 PM	High School Stadium Field (Turf)		
Sep 2, 2022	Fri	Regular Season 1-2 L	New Hartford	11:00 AM		High School Stadium Field (Turf)		NL
Sep 5, 2022	Mon	Practice	N/A	1:00 PM	3:00 PM	High School Stadium Field (Turf)		
Sep 6, 2022	Tue	Regular Season 4-0 W	Sauquoit Valley	4:30 PM		High School Stadium Field (Turf)		NL
Sep 7, 2022	Wed	Practice	N/A	7:00 PM	9:00 PM	High School Stadium Field (Turf)		
Sep 9, 2022	Fri	Regular Season (6th Annual Fall Classic) 2-0 W	@ Fayetteville-Manlius	4:30 PM	6:00 PM	Ed Wadas Complex (Whitesboro)	<b>Departure Time:</b> 3:00 PM	NL
Sep 10, 2022	Sat	Regular Season (Whitesboro Consols/Finals ) 3-1 W	Little Falls	2:00 PM		High School Stadium Field (Turf)		NL
Sep 12, 2022	Mon	Regular Season 2-0 W	Clinton	4:30 PM	6:00 PM	High School Stadium Field (Turf)		L
Sep 13, 2022	Tue	Practice	N/A	4:45 PM	6:15 PM	High School Stadium Field (Turf)		

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Sep 14, 2022	Wed	Regular Season 7-1 W	@ Port Byron (Port Byron/Union Springs)	6:00 PM		Port Byron Turf Stadium	<b>Departure Time:</b> 4:15 PM	NL
Sep 15, 2022	Thu	Practice	N/A	5:00 PM	6:45 PM	High School Stadium Field (Turf)		
Sep 16, 2022	Fri	Practice	N/A	2:45 PM	4:45 PM	High School Stadium Field (Turf)		
Sep 19, 2022	Mon	Practice	N/A	3:00 PM	3:45 PM	High School Stadium Field (Turf)		
Sep 20, 2022	Tue	Practice	N/A	7:15 PM	9:00 PM	High School Stadium Field (Turf)		
Sep 21, 2022	Wed	Practice	N/A	3:00 PM	4:45 PM	High School Stadium Field (Turf)		
Sep 23, 2022	Fri	Practice	N/A	5:45 PM	7:00 PM	High School Stadium Field (Turf)		
Sep 24, 2022	Sat	Regular Season 2-1 W	Liverpool	1:30 PM		High School Stadium Field (Turf)		NL
Sep 26, 2022	Mon	Practice	N/A	3:15 PM	4:45 PM	High School Stadium Field (Turf)		
Sep 27, 2022	Tue	Practice	N/A	5:00 PM	7:00 PM	High School Stadium Field (Turf)		
POSTPONED Sep 28, 2022	Wed	Regular Season	@ Cortland	5:30 PM	7:00 PM	Cortland Jr-Sr HS Stadium	<b>Departure Time:</b> 3:30 PM	NL
Sep 29, 2022	Thu	Regular Season 2-0 W	@ Mount Markham (Mt. Markham / Coop)	4:30 PM	6:00 PM	HS Field Hockey Field	<b>Departure Time:</b> 2:45 PM	L
Sep 30, 2022	Fri	Practice	N/A	4:45 PM	6:45 PM	High School Stadium Field (Turf)		
Oct 1, 2022	Sat	Regular Season 7-0 W	Herkimer	5:00 PM	7:30 PM	High School Stadium Field (Turf)		NL
Oct 3, 2022	Mon	Practice	N/A	3:00 PM	4:45 PM	High School Stadium Field (Turf)		
Oct 4, 2022	Tue	Regular Season 0-2 L	@ Clinton	4:30 PM	6:00 PM	Field Hockey Field 29 Norton Ave	<b>Departure Time:</b> 3:00 PM	L
Oct 5, 2022	Wed	Practice	N/A	7:15 PM	9:00 PM	High School Stadium Field (Turf)		
Oct 7, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	High School Stadium Field (Turf)		
Oct 8, 2022	Sat	Regular Season	Oneida	12:30 PM		High School Stadium Field (Turf)		NL
Oct 10, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	High School Stadium Field (Turf)		
Oct 11, 2022	Tue	Regular Season 6-0 W	Mount Markham (Mt. Markham / Coop)	6:00 PM	7:25 PM	High School Stadium Field (Turf)		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 12, 2022	Wed	Practice	N/A	7:00 PM	9:00 PM	High School Stadium Field (Turf)		
CANCELLED Oct 13, 2022	Thu	Regular Season	Homer	6:30 PM		High School Stadium Field (Turf)		NL
Oct 13, 2022	Thu	Practice	N/A	7:30 PM	9:00 PM	High School Stadium Field (Turf)		
Oct 14, 2022	Fri	Regular Season 1-0 W	Cicero-North Syracuse	7:00 PM		High School Stadium Field (Turf)		NL
Oct 15, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	High School Stadium Field (Turf)		
Oct 17, 2022	Mon	Practice	N/A	7:30 PM	9:00 PM	High School Stadium Field (Turf)		
Oct 18, 2022	Tue	Practice	N/A	7:50 PM	9:00 PM	High School Stadium Field (Turf)		
Oct 19, 2022	Wed	Practice	N/A	3:00 PM	4:00 PM	High School Stadium Field (Turf)		
Oct 20, 2022	Thu	Practice	N/A	7:00 PM	9:00 PM	High School Stadium Field (Turf)		
Oct 21, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	High School Stadium Field (Turf)		
Oct 22, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	High School Stadium Field (Turf)		
Oct 23, 2022	Sun	Practice	N/A	6:00 PM	8:00 PM	High School Stadium Field (Turf)		
Oct 24, 2022	Mon	Practice	N/A	5:30 PM	7:00 PM	High School Gym		
Oct 25, 2022	Tue	Post-Season (Section III Semi-Final: Tickets can be purchased on the Section III website (Section3.org). Pre-Sale Tickets are \$7.20 )On or before 10/24). Game day tickets are \$8.00. )	Vernon-Verona-Sherrill	5:30 PM	7:00 PM	Turf Field Stadium	Departure Time: 4:00 PM	NL
Oct 26, 2022	Wed	Practice	N/A	3:00 PM	4:15 PM	High School Stadium Field (Turf)		
Oct 27, 2022	Thu	Practice	N/A	5:00 PM	7:00 PM	High School Stadium Field (Turf)		
Oct 28, 2022	Fri	Practice	N/A	5:00 PM	7:00 PM	High School Stadium Field (Turf)		
Oct 29, 2022	Sat	Practice	N/A	8:00 AM	9:00 AM	High School Stadium Field (Turf)		
Oct 30, 2022	Sun	Post-Season (Class C Finals @ VVS )	Little Falls	11:00 AM		Turf Field Stadium	Departure Time: 9:30 AM	L

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Nov 1, 2022	Tue	Practice	N/A	5:00 PM	7:00 PM	High School Stadium Field (Turf)		
Nov 2, 2022	Wed	Practice	N/A	7:00 PM	9:00 PM	High School Stadium Field (Turf)		
Nov 3, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	High School Stadium Field (Turf)		
Nov 4, 2022	Fri	Practice	N/A	4:00 PM	6:00 PM	High School Stadium Field (Turf)		
TBD		Practice	N/A	3:00 PM	4:30 PM	High School Stadium Field (Turf)		

Date: 2026-01-10