## Canastota (B) V Cross Country

## Coaches:

- Tabitha Gaglianese-White, Head Coach
- Jennifer Nolan, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START E TIME T	IND LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	@ Vernon-Verona- Sherrill	9:50 AM	Cross Country Course	<b>Departure Time:</b> 7:30 AM	L
Sep 11, 2019	Wed	Regular Season	West Canada Valley, Poland, Remsen (Remsen/Town of Webb), Town of Webb UFSD (Remsen/Town of Webb) @ Adirondack	4:30 PM	Track	<b>Departure Time:</b> 2:30 PM	L
Sep 18, 2019	Wed	Regular Season	Dolgeville, Waterville, Westmoreland @ Little Falls	4:30 PM	Little Falls HS	<b>Departure Time:</b> 2:45 PM	L
Sep 21, 2019	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	9:30 AM	TBD	<b>Departure Time:</b> 8:00 AM	NL
Oct 2, 2019	Wed	Regular Season	Mount Markham, Sauquoit Valley, Sherburne-Earlville @ Hamilton	4:30 PM	Colgate Cross Coutry trails	<b>Departure Time:</b> 3:00 PM	L
Oct 5, 2019	Sat	Regular Season (Whitesboro Invitational)	Jamesville-Dewitt, Holland Patent, Central Valley Academy, Altmar- Parish-Williamstown (APW Rebels), Corcoran (Syracuse West), Oneida, Vernon-Verona- Sherrill, Cooperstown (Cooperstown/Milford), New Hartford, Westmoreland, Edmeston (Edmeston/Morris), Utica Proctor, Little Falls, Notre Dame, Utica, Poland, Waterville @ Whitesboro	8:30 AM	Deerfield Town Wilderness Park	<b>Departure Time:</b> 7:30 AM	NL
Oct 9, 2019	Wed	Regular Season	New York Mills, Oriskany @ Holland Patent	4:30 PM	TBD	Departure Time: 3:00 PM	L
Oct 19, 2019	Sat	Regular Season	Adirondack, West Canada Valley, Poland, Remsen (Remsen/Town of Webb), Town of Webb UFSD (Remsen/Town of Webb), Sauquoit Valley, Clinton, Westmoreland, Holland Patent, Little Falls, Dolgeville, Cooperstown (Cooperstown/Milford), Sherburne-Earlville, Hamilton, Oriskany, New York Mills, Herkimer, Mount Markham, Waterville @ TBD	11:20 AM	Kirkland Town Park		L
Nov 9, 2019	Sat	Post-Season (Section 3 Championships)	@ Vernon-Verona- Sherrill	TBD	Cross Country Course	<b>Departure Time:</b> 8:45 AM	NL