

# Canastota

## (G) 7/8TH Cross Country

### Coaches:

- Tabitha Gaglianese-White, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2025	Wed	Regular Season	Sherburne-Earlville, Poland, Adirondack @ Hamilton	4:30 PM		Colgate Cross Country trails	<b>Departure Time:</b> 3:00 PM	L
Sep 13, 2025	Sat	Regular Season (ESM Invitational at Pine Grove Middle School)	@ TBD	11:00 AM		TBD		NL
Sep 17, 2025	Wed	Regular Season	New York Mills, Little Falls @ West Canada Valley	4:30 PM		WCV Cross Country Trail	<b>Departure Time:</b> 2:40 PM	L
Sep 20, 2025	Sat	Regular Season (Baldwinsville Invitational at Durgee High School)	@ TBD	10:00 AM		TBD	<b>Departure Time:</b> 8:00 AM	NL
Sep 27, 2025	Sat	Regular Season (E. J. Hermann Invite at Utica)	@ TBD	9:50 AM		TBD	<b>Departure Time:</b> 7:30 AM	L
Oct 1, 2025	Wed	Regular Season	Cooperstown (Modified), Dolgeville, Owen D. Young (Richfield/ODY) @ Mount Markham	4:30 PM		HS Track	<b>Departure Time:</b> 2:40 PM	L
Oct 8, 2025	Wed	Regular Season	Remsen, Westmoreland, Sauquoit Valley, Town of Webb UFSD	4:30 PM		TBD	<b>Departure Time:</b> 2:40 PM	L
Oct 15, 2025	Wed	Regular Season	Waterville, Herkimer @ Clinton	4:30 PM		Kirkland Town Park	<b>Departure Time:</b> 3:00 PM	L
Oct 18, 2025	Sat	Regular Season (VVS Invit)	@ TBD	9:00 AM		TBD	<b>Departure Time:</b> 7:30 AM	NL
Oct 25, 2025	Sat	Regular Season (CSC League Meet)	Clinton, Sherburne-Earlville, Hamilton, New York Mills, Mount Markham, Owen D. Young (Richfield/ODY), Little Falls, Cooperstown (Modified), Poland, Remsen, Dolgeville, West Canada Valley, Adirondack, Westmoreland, Waterville, Herkimer, Town of Webb UFSD @ Sauquoit Valley	10:00 AM		Town Park	<b>Departure Time:</b> 7:30 AM	L

Date: 2026-05-19