

Canastota

(G) V Cross Country

Coaches:

- Tabitha Gaglianese-White, Head Coach
- Jennifer Nolan, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	@ Vernon-Verona-Sherrill	8:30 AM		Cross Country Course	Departure Time: 7:30 AM	L
Sep 11, 2019	Wed	Regular Season	Remsen (Remsen/Town of Webb), West Canada Valley, Poland @ Adirondack	4:30 PM		TBD	Departure Time: 2:30 PM	L
Sep 18, 2019	Wed	Regular Season	Dolgeville, Waterville, Westmoreland @ Little Falls	4:30 PM		Little Falls HS	Departure Time: 2:45 PM	L
Sep 21, 2019	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	9:30 AM		TBD	Departure Time: 8:00 AM	L
Oct 2, 2019	Wed	Regular Season	Sherburne-Earlville, Mount Markham, Sauquoit Valley @ Hamilton	4:30 PM		Colgate Cross Country trails	Departure Time: 3:00 PM	L
Oct 5, 2019	Sat	Regular Season (Cross Country Invitational)	Jamesville-Dewitt, Altmar-Parish-Williamstown (APW Rebels), Central Valley Academy, Holland Patent, Corcoran (Syracuse West), Vernon-Verona-Sherrill, Cooperstown, New Hartford, Westmoreland, Edmeston (Edmeston/Morris), Little Falls, Notre Dame, Utica, Poland, Utica Proctor, Waterville @ Whitesboro	8:30 AM		Deerfield Town Wilderness Park	Departure Time: 7:30 AM	NL
Oct 9, 2019	Wed	Regular Season	Oriskany, New York Mills @ Holland Patent	4:30 PM		TBD	Departure Time: 3:00 PM	L
Oct 19, 2019	Sat	Regular Season (CSC Champion meet)	New York Mills, West Canada Valley, Poland, Sauquoit Valley, Little Falls, Dolgeville, Remsen (Remsen/Town of Webb), TBD, Clinton, Cooperstown, Herkimer, Westmoreland, Sherburne-Earlville, Hamilton, Mount Markham, Adirondack, Holland Patent, Oriskany, Waterville @ TBD	12:00 PM		Kirkland Town Park	Departure Time: 8:15 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 9, 2019	Sat	Post-Season (Section 3 Championships)	@ Vernon-Verona-Sherrill	TBD		Cross Country Course	Departure Time: 8:45 AM	NL
Oct 7, 2020	Wed	Regular Season 43-19 L	@ Clinton	4:30 PM	5:30 PM	Clinton HS	Departure Time: 3:15 PM	L
Oct 14, 2020	Wed	Regular Season 51-18 L	@ Westmoreland	4:30 PM	5:30 PM	Westmoreland HS	Departure Time: 3:30 PM	L
Oct 17, 2020	Sat	Regular Season	@ Sauquoit Valley	11:00 AM		Town Park	Departure Time: 9:45 AM	L
Oct 21, 2020	Wed	Regular Season	@ Oriskany	4:30 PM		Bernie Block Field @ Walbran Elementary	Departure Time: 3:15 PM	L
Oct 24, 2020	Sat	Regular Season	@ Mount Markham	11:00 AM	12:00 PM	HS Track	Departure Time: 9:30 AM	L
Oct 26, 2020	Mon	Regular Season	@ Holland Patent	4:30 PM		TBD	Departure Time: 3:15 PM	L
Sep 10, 2021	Fri	Regular Season	@ Vernon-Verona-Sherrill	5:30 PM		Cross Country Course	Departure Time: 4:00 PM	L
Sep 15, 2021	Wed	Regular Season	Oriskany, New York Mills, Owen D. Young (Richfield/ODY) @ Holland Patent	4:30 PM	6:30 PM	TBD	Departure Time: 3:00 PM	L
Sep 22, 2021	Wed	Regular Season	West Canada Valley, Remsen (Remsen/Town of Webb), Adirondack @ Poland	4:30 PM		TBD	Departure Time: 2:30 PM	L
Sep 29, 2021	Wed	Regular Season	Westmoreland, Little Falls, Waterville @ Dolgeville	4:30 PM		Dolgeville HS	Departure Time: 2:45 PM	L
Oct 2, 2021	Sat	Regular Season (Whitesboro Invitational)	Remsen (Remsen/Town of Webb), Central Valley Academy, Oriskany, Altmar-Parish-Williamstown (APW Rebels), New Hartford, Phoenix, Henninger (Henninger), Clinton, Utica Proctor, Edmeston (Edmeston/Morris), Westmoreland, Notre Dame, Utica, Cooperstown, Oneonta, Sauquoit Valley, West Canada Valley, Corcoran (Syracuse West) @ Whitesboro	9:00 AM	3:30 PM	Deerfield Town Wilderness Park	Departure Time: 8:00 AM	NL
Oct 6, 2021	Wed	Regular Season	Clinton, Herkimer @ Cooperstown	4:00 PM		Clarks Tower	Departure Time: 1:30 PM	L
Oct 8, 2021	Fri	Meet (Chittenango Twilight Bears Invitational)	Vs. Multiple	4:00 PM	7:00 PM	Chittenango HS-Stadium, Chittenango HS-XC Course	Departure Time: 2:30 PM	NL
Oct 13, 2021	Wed	Regular Season	Sherburne-Earlville, Mount Markham, Sauquoit Valley @ Hamilton	4:30 PM		Colgate Cross Country trails	Departure Time: 2:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2022	Sat	Regular Season	@ Vernon-Verona-Sherrill	TBD		Cross Country Course	Departure Time: 1:00 PM	L
Sep 14, 2022	Wed	Regular Season	Remsen (Remsen/Town of Webb), Adirondack, Poland @ West Canada Valley	4:30 PM		WC High School	Departure Time: 2:45 PM	L
Sep 17, 2022	Sat	Regular Season (New Hartford invitational)	Whitesboro, Adirondack, Central Valley Academy, Oneonta, Utica Proctor, TBD @ New Hartford	9:00 AM		Cross Country Course (Perry JH)	Departure Time: 7:45 AM	NL
Sep 21, 2022	Wed	Regular Season	Dolgeville, Little Falls, Waterville @ Westmoreland	4:30 PM		Westmoreland H S	Departure Time: 3:00 PM	L
Sep 24, 2022	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD		Bville - Durgee Cross Country Trail	Departure Time: 8:00 AM	L
Sep 28, 2022	Wed	Regular Season	Clinton, Herkimer @ Cooperstown	4:30 PM		Clarks Tower	Departure Time: 2:15 PM	L
Oct 1, 2022	Sat	Regular Season (McQuaid Invitational)	@ McQuaid Jesuit	TBD		Genesee Valley Park, Rochester	Departure Time: 7:30 AM	NL
Oct 5, 2022	Wed	Regular Season	Sauquoit Valley, Sherburne-Earlville, Mount Markham @ Hamilton	4:30 PM		Colgate Cross Coutry trails	Departure Time: 3:00 PM	L
Oct 8, 2022	Sat	Regular Season (Rome Coughlin Invitational)	@ Rome Free Academy	TBD		TBD	Departure Time: 9:30 AM	NL
Oct 12, 2022	Wed	Regular Season	New York Mills, Owen D. Young (Richfield/ODY) @ Oriskany	4:30 PM		Bernie Block Field @ Walbran Elementary	Departure Time: 3:00 PM	L
Oct 22, 2022	Sat	Regular Season (CSC League Championship at HCCC)	Westmoreland, Mount Markham, Clinton, Owen D. Young (Richfield/ODY), New York Mills, Herkimer, Waterville, Sauquoit Valley, West Canada Valley, Remsen (Remsen/Town of Webb), Adirondack, Poland, Dolgeville, Oriskany, Little Falls, Sherburne-Earlville, Hamilton @ Cooperstown	11:00 AM		Herkimer County CC	Departure Time: 8:00 AM	L
Sep 9, 2023	Sat	Regular Season (New Hartford Invitational)	@ TBD	10:25 AM		TBD	Departure Time: 7:30 PM	NL
Sep 13, 2023	Wed	Regular Season	Clinton, Cooperstown @ Waterville	4:30 PM		Waterville H S	Departure Time: 2:45 PM	L
Sep 20, 2023	Wed	Regular Season	Owen D. Young (Richfield/ODY), New York Mills @ Sauquoit Valley	4:30 PM		Town Park	Departure Time: 3:00 PM	L

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Sep 27, 2023	Wed	Regular Season	Dolgeville, Sherburne-Earlville, Hamilton, Remsen (Remsen/Town of Webb) @ Little Falls	4:30 PM		Little Falls HS	Departure Time: 2:30 PM	L
Oct 4, 2023	Wed	Regular Season	West Canada Valley, Herkimer @ Mount Markham	4:30 PM		HS Track	Departure Time: 2:30 PM	L
Oct 7, 2023	Sat	Regular Season (Whitesboro Invitational at Deerfield Wilderness Park)	@ TBD	9:50 AM		TBD	Departure Time: 7:30 AM	L
Oct 11, 2023	Wed	Regular Season	Oriskany, Adirondack, Poland @ Westmoreland	4:30 PM		Westmoreland M S	Departure Time: 3:00 PM	L
Nov 4, 2023	Sat	Post-Season (Section III Championships)	@ TBD	9:00 AM		VVS High School	Departure Time: 7:30 AM	NL

Date: 2024-06-17