

Canastota

(G) V Cross Country

- Coaches:
- Tabitha Gaglianese-White, Head Coach, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2025	Sat	Regular Season (Mustang Invitational)	Remsen, Utica Proctor, Auburn, Camden, Weedsport, Fayetteville-Manlius, Chittenango, South Lewis, Jamesville- Dewitt, Cicero-North Syracuse, Onondaga Central, Jordan- Elbridge, Marcellus, Beaver River, Watertown, Pulaski, Baldwinsville, Indian River, Liverpool, Phoenix, West Genesee, Tully, New Hartford, Notre Dame, Utica, Holland Patent, Waterville, Clinton, Fabius-Pompey, Vernon-Verona- Sherrill, Oneida, Cazenovia, Whitesboro, DeRuyter, Hamilton, Central Square, Guilderland High School, Nottingham (Nottingham), Central Valley Academy @ Mount Markham	8:00 AM		Mount Markham HS	Departure Time: 6:00 AM	NL
Sep 10, 2025	Wed	Regular Season (Senior Night)	Sherburne-Earlville, Poland, Adirondack @ Hamilton	4:30 PM		Colgate Cross Coutry trails	Departure Time: 3:00 PM	L
Sep 13, 2025	Sat	Regular Season (ESM Invitational at Pine Grove Middle School)	@ TBD	9:45 AM		Classroom 145	Departure Time: 7:00 AM	NL
Sep 17, 2025	Wed	Regular Season	Little Falls, New York Mills @ West Canada Valley	4:30 PM		WCV Cross Country Trail	Departure Time: 2:40 PM	NL
Sep 20, 2025	Sat	Regular Season (Baldwinsville Invitational at Durgee Junior High School)	@ TBD	10:40 AM		TBD	Departure Time: 8:00 AM	NL
Sep 27, 2025	Sat	Regular Season (E.J. Hermann at Utica)	@ TBD	10:40 AM		TBD	Departure Time: 7:30 AM	NL
Oct 1, 2025	Wed	Regular Season	TBD, Dolgeville, Owen D. Young (Richfield/ODY) @ Mount Markham	4:30 PM		HS Track	Departure Time: 2:40 PM	L
Oct 8, 2025	Wed	Regular Season	Westmoreland, Remsen, Sauquoit Valley, Town of Webb UFSD	4:30 PM		TBD	Departure Time: 2:40 PM	L
Oct 15, 2025	Wed	Regular Season	Waterville, Herkimer @ Clinton	4:30 PM	6:30 PM	Kirkland Town Park	Departure Time: 3:00 PM	L
Oct 18, 2025	Sat	Regular Season (VVS Invit)	@ TBD	11:15 AM		TBD	Departure Time: 7:30 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 24, 2025	Fri	Practice	N/A	2:45 PM	4:00 PM	High School Gym		
Oct 25, 2025	Sat	Regular Season (Center State Conference Championship)	Clinton, Sherburne-Earlville, Herkimer, Mount Markham, Little Falls, Adirondack, Westmoreland, Waterville, Dolgeville, Poland, Remsen, New York Mills, Hamilton, West Canada Valley, Owen D. Young (Richfield/ODY), Cooperstown, Town of Webb UFSD @ Sauquoit Valley	10:00 AM		Town Park	Departure Time: 7:30 AM	L
Nov 8, 2025	Sat	Post-Season (Section III Championships at Mt. Markham High School)	@ TBD	1:30 PM		TBD	Departure Time: 11:00 AM	NL

Date: 2025-12-05