

Canastota

(G) V Cross Country

Coaches:

- Tabitha Gaglianese-White, Head Coach
- Jennifer Nolan, Assistant Coach, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	TBD, Adirondack, Auburn, Beaver River, Cato-Meridian (Blue Devils), Cazenovia, Christian Brothers Academy, Dewitt, Central Square, Central Valley Academy, Chittenango, Clinton, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius-Pompey, Fayetteville-Manlius, Holland Patent, Homer, Indian River, Jamesville-Dewitt, Jordan-Elbridge, Liverpool, Marcellus, Mexico, New Hartford, Notre Dame, Utica, Nottingham (Nottingham), Oneida, Onondaga Central, Phoenix, Utica Proctor, Pulaski, Remsen (Remsen/Town of Webb), Rome Free Academy, Skaneateles, South Lewis, South Jefferson, Tully, Vernon-Verona-Sherrill, Watertown, Whitesboro, Waterville, Weedsport, West Genesee, Westmoreland @ Mount Markham	8:00 AM	12:00 PM	HS Track	Departure Time: 7:15 AM	NL
Sep 14, 2024	Sat	Regular Season (New Hartford Invitational)	@ TBD	10:25 AM		TBD	Departure Time: 7:45 AM	NL
Sep 18, 2024	Wed	Regular Season	Owen D. Young (Richfield/ODY), Poland @ Clinton	4:30 PM		TBD	Departure Time: 3:00 PM	L
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD		TBD	Departure Time: 8:00 AM	NL
Sep 25, 2024	Wed	Regular Season	Remsen (Remsen/Town of Webb), Dolgeville @ West Canada Valley	4:30 PM		WC High School	Departure Time: 2:45 PM	L
Oct 2, 2024	Wed	Regular Season (Senior Night)	Hamilton, Little Falls, Waterville @ Sherburne-Earville	4:30 PM		Sherburne-Earville HS	Departure Time: 2:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 5, 2024	Sat	Regular Season (Whitesboro Invitational (at Deerfield Wilderness Park))	@ TBD	9:50 AM		TBD	Departure Time: 7:30 AM	NL
Oct 9, 2024	Wed	Regular Season (Meet will be held at the Deerfield Wilderness Park)	Adirondack, Sauquoit Valley @ New York Mills	4:30 PM		N Y Mills J/S HS	Departure Time: 3:00 PM	L
Oct 16, 2024	Wed	Regular Season (Great Swamp Conservancy: 8375 North Main Street Canastota, NY 13032)	Herkimer, Mount Markham, Westmoreland, Cooperstown	4:30 PM		TBD		L
Oct 26, 2024	Sat	Post-Season (Center State Conference Championships)	Clinton, Poland, Hamilton, Adirondack, Sherburne-Earlville, Herkimer, West Canada Valley, Mount Markham, Dolgeville, Little Falls, New York Mills, Remsen (Remsen/Town of Webb), Sauquoit Valley, Waterville @ Westmoreland	11:15 AM		Westmoreland H S	Departure Time: 8:00 AM	L
Nov 9, 2024	Sat	Post-Season (Class C Section III Championships at Mount Markham High School)	@ TBD	11:10 AM		TBD	Departure Time: 7:30 AM	NL

Date: 2024-12-02