

Canastota

(G) V Cheerleading

Coaches:

- Crystal Miller, Head Coach
- Alexis Stout, Assistant Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2023	Tue	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Aug 23, 2023	Wed	Practice	N/A	11:00 AM	1:30 PM	Dimao Gym		
Aug 24, 2023	Thu	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Aug 28, 2023	Mon	Practice	N/A	3:30 PM	6:00 PM	Dimao Gym		
Aug 29, 2023	Tue	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Aug 31, 2023	Thu	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 1, 2023	Fri	Regular Season	Holland Patent	7:00 PM		High School Stadium Field (Turf)		NL
Sep 5, 2023	Tue	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 6, 2023	Wed	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 9, 2023	Sat	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 11, 2023	Mon	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 12, 2023	Tue	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 14, 2023	Thu	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 15, 2023	Fri	Regular Season	Adirondack	7:00 PM		High School Stadium Field (Turf)		NL
Sep 18, 2023	Mon	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 19, 2023	Tue	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 20, 2023	Wed	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 22, 2023	Fri	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 26, 2023	Tue	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 27, 2023	Wed	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 28, 2023	Thu	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Sep 29, 2023	Fri	Regular Season (Homecoming vs. Marcellus)	TBD	7:00 PM		High School Stadium Field (Turf)		L
Oct 2, 2023	Mon	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Oct 3, 2023	Tue	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Oct 5, 2023	Thu	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 10, 2023	Tue	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Oct 11, 2023	Wed	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Oct 12, 2023	Thu	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Oct 16, 2023	Mon	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Oct 17, 2023	Tue	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Oct 19, 2023	Thu	Practice	N/A	3:15 PM	6:15 PM	Dimao Gym		
Oct 20, 2023	Fri	Regular Season	Cazenovia	7:00 PM		High School Stadium Field (Turf)		L
Oct 20, 2023	Fri	Regular Season	Cazenovia (Game Day - Fall Season)	7:00 PM		High School Stadium Field (Turf)		L
Oct 26, 2023	Thu	Regular Season	Little Falls (Fall)	6:00 PM		High School Stadium Field (Turf)		NL

Date: 2024-05-04