## Coaches:

## Canastota (B) V Basketball

• Chris Nihoff

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice	N/A	5:15 PM	7:45 PM	High School Gym		
Nov 14, 2023	Tue	Practice	N/A	5:15 PM	7:45 PM	High School Gym		
Nov 15, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Nov 16, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Nov 17, 2023	Fri	Practice	N/A	4:30 PM	6:30 PM	High School Gym		
Nov 18, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	High School Gym		
Nov 20, 2023	Mon	Practice	N/A	7:00 PM	9:00 PM	High School Gym		
Nov 21, 2023	Tue	Scrimmage	@ Madison	7:00 PM		Madison Central Gymnasium	<b>Departure Time:</b> 4:00 PM	NL
Nov 24, 2023	Fri	Practice	N/A	10:00 AM	1:00 PM	High School Gym		
Nov 25, 2023	Sat	Practice	N/A	8:00 AM	11:00 AM	High School Gym		
Nov 27, 2023	Mon	Practice	N/A	5:15 PM	7:45 PM	High School Gym		
Nov 28, 2023	Tue	Practice	N/A	4:30 PM	7:00 PM	High School Gym		
Nov 29, 2023	Wed	Regular Season	Westmoreland	7:00 PM		High School Gym		NL
Nov 30, 2023	Thu	Practice	N/A	7:30 PM	9:00 PM	High School Gym		
Dec 1, 2023	Fri	Regular Season	@ Jordan- Elbridge	7:00 PM		JE HS Gym	<b>Departure Time:</b> 3:45 PM	NL
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	4:45 PM	High School Gym		
Dec 5, 2023	Tue	Practice	N/A	5:15 PM	7:30 PM	High School Gym		
Dec 6, 2023	Wed	Practice	N/A	7:30 PM	9:00 PM	High School Gym		
Dec 7, 2023	Thu	Regular Season	Adirondack	7:00 PM	8:30 PM	High School Gym		L
Dec 8, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	High School Gym		
Dec 10, 2023	Sun	Practice	N/A	12:00 PM	1:30 PM	High School Gym		
Dec 11, 2023	Mon	Regular Season	@ Herkimer	7:00 PM	8:30 PM	HS Gym	<b>Departure Time:</b> 3:45 PM	L
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	5:15 PM	High School Gym		
Dec 13, 2023	Wed	Practice	N/A	7:30 PM	9:00 PM	High School Gym		
Dec 14, 2023	Thu	Regular Season	Little Falls	7:00 PM	8:30 PM	High School Gym		L
Dec 15, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	High School Gym		
Dec 17, 2023	Sun	Practice	N/A	12:00 PM	1:30 PM	High School Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 18, 2023	Mon	Regular Season	Mount Markham	7:00 PM		High School Gym		L
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	High School Gym		
Dec 20, 2023	Wed	Practice	N/A	7:30 PM	9:00 PM	High School Gym		
Dec 21, 2023	Thu	Regular Season	@ Richfield Springs	7:00 PM		Richfield Springs CSD	<b>Departure Time:</b> 3:30 PM	NL
Dec 26, 2023	Tue	Practice	N/A	10:00 AM	12:00 PM	High School Gym		
Dec 27, 2023	Wed	Practice	N/A	10:00 AM	12:00 PM	High School Gym		
Dec 28, 2023	Thu	Practice	N/A	6:30 PM	8:30 PM	High School Gym		
Dec 29, 2023	Fri	Practice	N/A	10:00 AM	12:00 PM	High School Gym		
Jan 2, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	High School Gym		
Jan 4, 2024	Thu	Regular Season 55-53 W	@ Sherburne- Earlville	7:00 PM		Upper Gym	<b>Departure Time:</b> 3:45 PM	L
Jan 5, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	High School Gym		
Jan 6, 2024	Sat	Regular Season	@ Westmoreland	12:30 PM		TBD	<b>Departure Time:</b> 9:45 AM	NL
Jan 8, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Jan 10, 2024	Wed	Regular Season	Phoenix	6:30 PM		High School Gym		NL
Jan 11, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Jan 12, 2024	Fri	Practice	N/A	6:30 PM	9:00 PM	High School Gym		
Jan 15, 2024	Mon	Practice	N/A	10:00 AM	12:00 PM	High School Gym		
Jan 16, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	High School Gym		
Jan 17, 2024	Wed	Regular Season 46-82 L	@ Clinton	7:00 PM		HS Gym	<b>Departure Time:</b> 4:00 PM	L
Jan 18, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Jan 19, 2024	Fri	Regular Season	@ Adirondack	7:00 PM	8:30 PM	HS Gym	<b>Departure Time:</b> 3:30 PM	L
Jan 22, 2024	Mon	Practice	N/A	7:30 PM	9:00 PM	High School Gym		
Jan 23, 2024	Tue	Regular Season	Herkimer	7:00 PM	8:30 PM	High School Gym		L
Jan 24, 2024	Wed	Practice	N/A	7:30 PM	9:00 PM	High School Gym		
Jan 25, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	High School Gym		
Jan 26, 2024	Fri	Regular Season	@ Little Falls	7:00 PM	8:30 PM	HS Gym	<b>Departure Time:</b> 3:30 PM	L
Jan 28, 2024	Sun	Practice	N/A	12:00 PM	1:30 PM	High School Gym		
Jan 29, 2024	Mon	Regular Season	@ New York Mills	7:00 PM		Beekman Gym	<b>Departure Time:</b> 4:00 PM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 30, 2024	Tue	Practice	N/A	7:00 PM	9:00 PM	High School Gym		
Jan 31, 2024	Wed	Regular Season	New York Mills	6:30 PM		High School Gym		NL
Feb 1, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Feb 2, 2024	Fri	Regular Season	Sauquoit Valley	6:30 PM		High School Gym		L
Feb 5, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Feb 6, 2024	Tue	Regular Season	Richfield Springs	7:00 PM		High School Gym		NL
Feb 7, 2024	Wed	Practice	N/A	3:00 PM	4:00 PM	High School Gym		
Feb 8, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	High School Gym		
Feb 9, 2024	Fri	Regular Season	@ Phoenix	6:30 PM		JCB Gym	<b>Departure Time:</b> 3:30 PM	NL
Feb 11, 2024	Sun	Practice	N/A	12:00 PM	1:30 PM	High School Gym		
Feb 12, 2024	Mon	Regular Season	Jordan- Elbridge	7:00 PM		High School Gym		NL
Feb 13, 2024	Tue	Practice	N/A	7:00 PM	9:00 PM	High School Gym		
Feb 14, 2024	Wed	Practice	N/A	6:45 PM	8:45 PM	High School Gym		
Feb 15, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Feb 16, 2024	Fri	Practice	N/A	2:30 PM	4:00 PM	Laidlaw Gym		
Feb 17, 2024	Sat	Practice	N/A	7:30 AM	9:30 AM	High School Gym		
Feb 18, 2024	Sun	Practice	N/A	12:00 PM	1:30 PM	High School Gym		
Feb 19, 2024	Mon	Post-Season (Round of 32 Sectional Playoff Game)	Hannibal	7:00 PM		High School Gym		NL

Date: 2025-12-15