

Canastota

(B) V Basketball

Coaches:

- Chris Nihoff

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	High School Gym		
Nov 15, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	High School Gym		
Nov 16, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	High School Gym		
Nov 17, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	High School Gym		
Nov 18, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	High School Gym		
Nov 19, 2022	Sat	Practice	N/A	10:00 AM	12:00 PM	High School Gym		
Nov 21, 2022	Mon	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Nov 22, 2022	Tue	Practice	N/A	7:00 PM	9:00 PM	High School Gym		
Nov 23, 2022	Wed	Scrimmage	@ Mount Markham	5:30 PM	7:00 PM	HS Gym	Departure Time: 2:15 PM	NL
Nov 25, 2022	Fri	Practice	N/A	10:00 AM	12:00 PM	High School Gym		
Nov 26, 2022	Sat	Practice	N/A	10:00 AM	12:00 PM	High School Gym		
Nov 28, 2022	Mon	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Nov 29, 2022	Tue	Regular Season	Jordan-Elbridge	7:00 PM	9:00 PM	High School Gym		NL
Nov 30, 2022	Wed	Practice	N/A	3:00 PM	4:00 PM	High School Gym		
Dec 1, 2022	Thu	Regular Season	@ Clinton	7:00 PM		HS Gym	Departure Time: 4:00 PM	NL
Dec 2, 2022	Fri	Practice	N/A	4:30 PM	6:30 PM	High School Gym		
Dec 3, 2022	Sat	Regular Season	Mexico	12:30 PM	1:45 PM	High School Gym		NL
Dec 5, 2022	Mon	Practice	N/A	4:30 PM	6:00 PM	High School Gym		
Dec 6, 2022	Tue	Regular Season 26-70 L	Holland Patent	7:00 PM		High School Gym		NL
Dec 7, 2022	Wed	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Dec 8, 2022	Thu	Practice	N/A	3:00 PM	4:00 PM	High School Gym		
Dec 9, 2022	Fri	Regular Season	Dolgeville	7:00 PM	8:30 PM	High School Gym		L
Dec 11, 2022	Sun	Practice	N/A	12:00 PM	1:30 PM	High School Gym		
Dec 12, 2022	Mon	Regular Season	Little Falls	7:00 PM	8:30 PM	High School Gym		L
Dec 13, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	High School Gym		
Dec 14, 2022	Wed	Regular Season	@ Herkimer	7:00 PM	8:30 PM	HS Gym	Departure Time: 3:45 PM	L
CANCELLED Dec 15, 2022	Thu	Practice	N/A	7:00 PM	9:00 PM	High School Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Dec 16, 2022	Fri	Practice	N/A	2:30 PM	4:30 PM	High School Gym		
Dec 18, 2022	Sun	Practice	N/A	12:00 PM	1:30 PM	High School Gym		
Dec 19, 2022	Mon	Regular Season	@ Frankfort-Schuyler	7:00 PM	8:30 PM	FSHS Main Gym	Departure Time: 3:45 PM	L
Dec 20, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	High School Gym		
Dec 21, 2022	Wed	Practice	N/A	7:30 PM	9:00 PM	High School Gym		
Dec 22, 2022	Thu	Regular Season	@ Oneida	6:30 PM		Fariel Gym	Departure Time: 4:00 PM	NL
Dec 27, 2022	Tue	Practice	N/A	8:00 AM	10:00 AM	High School Gym		
Dec 29, 2022	Thu	Practice	N/A	8:00 AM	10:00 AM	High School Gym		
Dec 30, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	High School Gym		
Jan 2, 2023	Mon	Practice	N/A	5:00 PM	6:30 PM	High School Gym		
Jan 4, 2023	Wed	Practice	N/A	7:00 PM	9:00 PM	High School Gym		
Jan 5, 2023	Thu	Regular Season	Adirondack	7:00 PM	8:30 PM	High School Gym		L
Jan 6, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	High School Gym		
Jan 7, 2023	Sat	Regular Season 42-71 L	@ Holland Patent	12:30 PM		HS Gym	Departure Time: 9:15 AM	NL
Jan 8, 2023	Sun	Practice	N/A	12:00 PM	1:30 PM	High School Gym		
Jan 9, 2023	Mon	Regular Season	Phoenix	7:00 PM	9:00 PM	High School Gym		NL
Jan 11, 2023	Wed	Practice	N/A	3:00 PM	4:45 PM	High School Gym		
Jan 12, 2023	Thu	Practice	N/A	6:00 PM	7:00 PM	High School Gym		
Jan 13, 2023	Fri	Regular Season	Clinton	7:00 PM		High School Gym		NL
Jan 16, 2023	Mon	Practice	N/A	10:00 AM	12:00 PM	High School Gym		
Jan 18, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	High School Gym		
Jan 19, 2023	Thu	Practice	N/A	7:30 PM	9:00 PM	High School Gym		
Jan 20, 2023	Fri	Practice	N/A	6:00 PM	7:30 PM	High School Gym		
Jan 23, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	High School Gym		
Jan 24, 2023	Tue	Regular Season	@ Dolgeville	7:00 PM	8:30 PM	HS Gym #2	Departure Time: 3:30 PM	L
POSTPONED Jan 25, 2023	Wed	Practice	N/A	3:00 PM	3:45 PM	High School Gym		
Jan 26, 2023	Thu	Practice	N/A	7:00 PM	9:00 PM	High School Gym		
Jan 27, 2023	Fri	Regular Season	@ Little Falls	7:00 PM	8:30 PM	HS Gym	Departure Time: 3:45 PM	L
Jan 30, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	High School Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 31, 2023	Tue	Regular Season	Herkimer	7:00 PM	8:30 PM	High School Gym		L
Feb 1, 2023	Wed	Practice	N/A	7:30 PM	9:00 PM	High School Gym		
Feb 2, 2023	Thu	Practice	N/A	7:00 PM	9:00 PM	High School Gym		
Feb 2, 2023	Thu	Regular Season	Frankfort-Schuyler	7:00 PM	8:30 PM	High School Gym		L
Feb 5, 2023	Sun	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Feb 6, 2023	Mon	Regular Season	@ Phoenix	6:30 PM		JCB Gym	Departure Time: 3:15 PM	NL
Feb 7, 2023	Tue	Practice	N/A	7:00 PM	9:00 PM	High School Gym		
Feb 8, 2023	Wed	Regular Season	@ Mexico	6:30 PM		Mexico HS-Gymnasium	Departure Time: 3:15 PM	NL
Feb 9, 2023	Thu	Practice	N/A	7:00 PM	9:00 PM	High School Gym		
Feb 10, 2023	Fri	Regular Season	@ Adirondack	7:00 PM	8:30 PM	HS Gym	Departure Time: 3:30 PM	L
Feb 13, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	High School Gym		
Feb 14, 2023	Tue	Practice	N/A	5:00 PM	7:00 PM	High School Gym		
Feb 15, 2023	Wed	Practice	N/A	7:00 PM	9:00 PM	High School Gym		
Feb 16, 2023	Thu	Post-Season	@ Holland Patent	7:00 PM	9:00 PM	HS Gym	Departure Time: 5:15 PM	NL

Date: 2025-12-06