

Canastota

(G) V Outdoor Track

Coaches:

- Tabitha Gaglianese-White, Head Coach
- John Copp, Head Coach
- Bonnie Barlow, Assistant Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 17, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	High School Gym, Laidlaw Gym		
Mar 18, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	High School Gym, Laidlaw Gym		
Mar 19, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	High School Gym, Laidlaw Gym		
Mar 20, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	High School Gym, Laidlaw Gym		
Mar 21, 2025	Fri	Practice	N/A	2:45 PM	5:45 PM	High School Gym, Laidlaw Gym		
Mar 24, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	High School Gym, Laidlaw Gym		
Mar 25, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	High School Gym, Laidlaw Gym		
Mar 26, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	High School Gym, Laidlaw Gym		
Mar 27, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	High School Gym, Laidlaw Gym		
Mar 28, 2025	Fri	Practice	N/A	2:45 PM	5:45 PM	High School Gym, Laidlaw Gym		
Mar 31, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	High School Gym, Laidlaw Gym		
Apr 1, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	High School Gym, Laidlaw Gym		
Apr 2, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	High School Gym, Laidlaw Gym		
Apr 3, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	High School Gym, Laidlaw Gym		
Apr 3, 2025	Thu	Scrimmage	Vernon-Verona-Sherrill	4:00 PM		High School Track		NL
Apr 4, 2025	Fri	Practice	N/A	2:45 PM	4:45 PM	High School Gym, Laidlaw Gym		
Apr 8, 2025	Tue	Practice	N/A	3:00 PM	4:00 PM	Laidlaw Gym		
Apr 9, 2025	Wed	Practice	N/A	3:00 PM	4:00 PM	Laidlaw Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 12, 2025	Sat	Regular Season (Holland Patent Invitational)	Mount Markham, Frankfort-Schuyler, Indian River, Beaver River, Sandy Creek, Remsen, Lowville, Oneida, Notre Dame, Utica @ Holland Patent	10:00 AM		HS Stadium / Track	Departure Time: 8:00 AM	L
Apr 15, 2025	Tue	Regular Season	Clinton	4:30 PM		High School Track		L
Apr 17, 2025	Thu	Regular Season (Utica Proctor Invitational)	@ TBD	3:45 PM		TBD	Departure Time: 1:45 PM	NL
Apr 22, 2025	Tue	Regular Season	Vernon-Verona-Sherrill, Sauquoit Valley, Frankfort-Schuyler, West Canada Valley @ Clinton	10:00 AM		Stadium Field		NL
Apr 26, 2025	Sat	Meet (Chittenango Invitational)	Vs. Multiple	11:00 AM	4:00 PM	Chittenango HS-Stadium, Chittenango HS-Multi Turf	Departure Time: 9:30 AM	NL
Apr 30, 2025	Wed	Regular Season	Utica Academy of Science	4:30 PM		High School Track		NL
May 2, 2025	Fri	Regular Season (2025 Ed Wadas Co-Ed Invitational)	Clinton, Fulton, Herkimer, Holland Patent, Marcellus, New Hartford, Niskayuna High School, Utica Proctor, Remsen, Rome Free Academy, South Jefferson, South Lewis, Watertown, Waterville, West Canada Valley, TBD @ Whitesboro	4:00 PM		Ed Wadas Complex High School	Departure Time: 2:15 PM	NL
May 7, 2025	Wed	Regular Season	@ Adirondack	4:30 PM		Track	Departure Time: 2:15 PM	L
May 10, 2025	Sat	Regular Season (Junkyard Relays at Clinton)	@ TBD	10:00 AM	5:00 PM	TBD	Departure Time: 8:00 AM	NL
May 13, 2025	Tue	Regular Season	Sherburne-Earlville	4:30 PM		High School Track		L
May 16, 2025	Fri	Regular Season	@ Little Falls	4:30 PM		HS Main Field	Departure Time: 2:15 PM	L
May 21, 2025	Wed	Regular Season (Center State Conference Championship)	Adirondack, Clinton, Sherburne-Earlville, Little Falls, Frankfort-Schuyler, West Canada Valley, Utica Academy of Science, Herkimer @ Dolgeville	3:30 PM		Track	Departure Time: 1:00 PM	L
May 23, 2025	Fri	Regular Season (CNS Invitational)	@ TBD	4:30 PM		TBD	Departure Time: 2:45 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 28, 2025	Wed	Post-Season (Section III Championships at Sherburne-Earlville High School)	@ TBD	4:00 PM		TBD	Departure Time: 2:00 PM	NL
Jun 5, 2025	Thu	Post-Season (State Qualifiers at CNS High School)	@ TBD	4:00 PM		TBD	Departure Time: 2:15 PM	NL
Jun 13, 2025	Fri	Post-Season (NYS Championships at Middletown)	@ TBD	TBD		TBD		NL
Jun 14, 2025	Sat	Post-Season (NYS Championships at Middletown High School)	@ TBD	TBD		TBD		NL

Date: 2025-04-27