

# Canastota

## (G) V Outdoor Track

### Coaches:

- Tabitha Gaglianese-White, Head Coach
- John Copp, Head Coach
- Bonnie Barlow

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 13, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Hallways		
CANCELLED Mar 14, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Hallways		
Mar 15, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Hallways		
Mar 16, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Hallways		
Mar 20, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Hallways		
Mar 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Hallways		
Mar 22, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Hallways		
Mar 23, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Hallways		
Mar 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Hallways		
Mar 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Hallways		
Mar 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Hallways		
Mar 29, 2023	Wed	Regular Season	Sherburne-Earlville	4:30 PM		High School Track		L
Mar 30, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Hallways		
Apr 19, 2023	Wed	Regular Season	@ Herkimer	4:30 PM		Elementary Stadium	Departure Time: 3:00 PM	NL
Apr 21, 2023	Fri	Regular Season (Cook-DeStefano Invitational @ Proctor High School)	@ TBD	3:45 PM		TBD	Departure Time: 2:30 PM	NL
Apr 26, 2023	Wed	Regular Season	@ Clinton	4:30 PM		Stadium Field (Grass / Track & Field)	Departure Time: 2:30 PM	L
Apr 28, 2023	Fri	Regular Season (Onondaga Invitational at Onondaga High School)	@ TBD	4:00 PM		TBD	Departure Time: 2:25 PM	NL
May 3, 2023	Wed	Regular Season	@ Adirondack	4:30 PM		Track	Departure Time: 3:00 PM	L
May 5, 2023	Fri	Regular Season (Whitesboro Invitational at Whitesboro High School)	@ TBD	4:00 PM		TBD	Departure Time: 2:30 PM	NL
May 9, 2023	Tue	Regular Season	Utica Academy of Science	4:30 PM		High School Track		L
May 12, 2023	Fri	Regular Season (Oneida Invitational)	@ TBD	3:30 PM		TBD	Departure Time: 2:30 PM	NL
May 17, 2023	Wed	Regular Season (CSC D1/D2 Championships)	Clinton	4:00 PM		High School Track		L
May 17, 2023	Wed	Regular Season (CSC D1/D2 League Meet )	Little Falls	4:00 PM		High School Track		NL
May 20, 2023	Sat	Regular Season (Junkyard Relays at Clinton)	@ TBD	TBD		TBD	Departure Time: 8:30 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 25, 2023	Thu	Post-Season (Section III Class B-2 Championships)	Clinton, Phoenix	4:00 PM		High School Track		NL
Jun 1, 2023	Thu	Regular Season (State Qualifiers at CNS)	@ TBD	4:00 PM		TBD	<b>Departure Time:</b> 2:15 PM	NL

Date: 2025-12-13