

Canastota

(B) V Outdoor Track

Coaches:

- John Copp, Head Coach
- Lindsay Bazan, Assistant Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 11, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Hallways		
Mar 12, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Hallways		
Mar 13, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Hallways		
Mar 14, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Hallways		
Mar 15, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Hallways		
Mar 18, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Hallways		
Mar 19, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Hallways		
Mar 20, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Hallways		
Mar 21, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Hallways		
Mar 22, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Hallways		
Mar 25, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Hallways		
Mar 26, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Hallways		
Mar 27, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Hallways		
Mar 28, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Hallways		
Apr 9, 2024	Tue	Regular Season	Frankfort-Schuyler	4:30 PM		High School Track		NL
Apr 16, 2024	Tue	Regular Season	Adirondack	4:00 PM		High School Track		L
May 1, 2024	Wed	Regular Season	Little Falls	4:30 PM		High School Track		L

Date: 2024-05-09