

## Coaches:

• Kelly Sterner, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 14, 2023	Tue	Practice (First week of Practice- Indoor Track )	N/A	3:00 PM		TBD			
Mar 28, 2023	Tue	Regular Season 0-85-46 L	Odessa- Montour @ Newfield	4:30 PM		Cancro Field	Bus/Driver: Watkins Glen Central School District	Departure Point: Field House- Bus Departure Time: 3:30 PM Return Date: Return Time: 8:00 PM	L
Apr 18, 2023	Tue	Regular Season (Candor Home Meet @ Spencer Van Etten High School)	Spencer-Van Etten, Newark Valley @ Candor (Candor)	4:00 PM		Spencer Van Etten HS	Bus/Driver: Watkins Glen Central School District	Departure Point: Field House- 1 Bus & 1 Van Departure Time: 3:00 PM Return Date: Return Time: 8:00 PM	L
Apr 21, 2023	Fri	Regular Season (Tioga Twisted Track Meet)	@ TBD	4:30 PM		Haggerty Field/Track	Bus/Driver: Watkins Glen Central School District	Departure Point: Field House 1 Van and 1 Bus Departure Time: 2:45 PM Return Date: Return Time: 9:30 PM	NL
Apr 21, 2023	Fri	Regular Season	Marathon, Newfield, Southern Cayuga, Spencer-Van Etten, Elmira Heights, Union Springs @ Tioga	4:30 PM		Haggerty Field/Track			L
Apr 29, 2023	Sat	Regular Season (Moravia Relays)	@ TBD	10:00 AM	1:00 PM	Scarry Athletic Complex (Track)	Bus/Driver: Watkins Glen Central School District	Departure Time:	L
Apr 29, 2023	Sat	Regular Season (Moravia Relays)	Odessa- Montour, Spencer-Van Etten, Newfield, Tioga, Marathon, Lansing @ Moravia	10:00 AM		Scarry Athletic Complex (Track)			NL
May 2, 2023	Tue	Regular Season	@ Waverly	4:30 PM		Waverly Track Facility	Bus/Driver: Watkins Glen Central School District	Departure Point: Field House- Bus Departure Time: 3:15 PM Return Date: Return Time: 8:00 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 3, 2023	Wed	Regular Season (Legends of the Night)	@ TBD	5:00 PM	Charles Martin Field	Bus/Driver: Watkins Glen Central School District	Departure Point: Field House- Bus Departure Time: 4:15 PM Return Date: Return Time: 11:00 PM	NL
May 5, 2023	Fri	Regular Season (Legends of the Night)	Elmira Heights, South Seneca, Groton, Moravia, Tioga, Lansing, Newfield, Trumansburg, Union Springs @ Odessa- Montour	4:30 PM	Charles Martin Field	Bus/Driver: Watkins Glen Central School District	Departure Point: Field House Departure Time: 3:45 PM Return Date: Return Time: 10:30 PM	NL
May 9, 2023	Tue	Regular Season (Divisionals @ Newark Valley)	@ TBD	4:30 PM	Newark Valley High School	Bus/Driver: Watkins Glen Central School District	Departure Point: Field House Van and 1 Bus Departure Time: 2:00 PM Return Date: Return Time: 9:00 PM	L
May 12, 2023	Fri	Regular Season (South Seneca Invitational)	@ TBD	5:00 PM	South Seneca M/HS	Bus/Driver: Watkins Glen Central School District	Departure Point: Field House Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM	NL
May 17, 2023	Wed	Regular Season (IAC Championships)	Southern Cayuga, Groton, Trumansburg, Lansing, Union Springs, Marathon, Moravia, Whitney Point, Notre Dame, Elmira, Odessa- Montour, Newark Valley, Waverly, Newfield, Spencer-Van Etten, Tioga, Candor (Candor), Elmira Heights @ Dryden	4:45 PM	Dryden High School Stadium	Bus/Driver: Watkins Glen Central School District	Departure Point: Field House- 1 Bus and 1 Van Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 18, 2023	Thu	Regular Season (IAC Championships)	Southern Cayuga, Groton, Lansing, Union Springs, Marathon, Trumansburg, Moravia, Whitney Point, Notre Dame, Elmira, Odessa- Montour, Newark Valley, Waverly, Newfield, Spencer-Van Etten, Tioga, Candor (Candor), Elmira Heights @ Dryden	4:45 PM		Dryden High School Stadium	Bus/Driver: Watkins Glen Central School District	Departure Point: Field House- 1 Bus and 1 Van Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L
May 24, 2023	Wed	Post-Season (Class C Championships - Newark Valley)	@ TBD	3:30 PM		Newark Valley High School	Bus/Driver: Watkins Glen Central School District	Departure Time:	NL
May 31, 2023	Wed	Post-Season (Section IV State Quals @ UE)	@ TBD	5:00 PM	7:30 PM	UEHS Mike Miller Track	Bus/Driver: Watkins Glen Central School District	Departure Point: Field House- Van Departure Time: 2:30 PM Return Date: Return Time: 9:00 PM	NL
Jun 1, 2023	Thu	Post-Season (Section IV State Quals @ UE Day 2)	@ TBD	5:00 PM	7:30 PM	UEHS Mike Miller Track	Bus/Driver: Watkins Glen Central School District	Departure Time:	NL

Date: 2025-12-16