



Watkins Glen

(B) V Cross Country

Coaches:

- Kelly Sterner, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 19, 2019	Mon	Practice (First Day of Practice)	N/A	7:30 AM		W G Field House Gym			
Aug 31, 2019	Sat	Scrimmage (KEUKA TRAIL RUN)	@ TBD	8:00 AM	10:00 AM	Keuka Trail - Penn Yan to Dresden	Bus/Driver: Watkins Glen	Departure Point: Field House Departure Time: 7:30 AM Return Date: Return Time: 11:00 AM	NL
Sep 7, 2019	Sat	Regular Season (Bob Goodell Memorial Invitational @ Red Jacket HS)	@ TBD	10:00 AM	1:15 PM	R J HS	Bus/Driver: Watkins Glen	Departure Point: Field House Departure Time: 7:45 AM Return Date: Return Time: 2:30 PM	NL
Sep 10, 2019	Tue	Regular Season (Held @ WG State Park - Iroquois Lodge Pavillion)	Notre Dame, Elmira, Groton, Lansing, Waverly	5:00 PM	6:45 PM	Watkins Glen State Park	Bus/Driver: WATKINS GLEN	Departure Point: Field house Departure Time: 3:30 PM	L
Sep 14, 2019	Sat	Regular Season (Wayne Eagles Invitational)	@ TBD	9:30 AM	1:00 PM	Wayne HS	Bus/Driver: Watkins Glen	Departure Point: Field House Departure Time: 7:00 AM Return Date: Return Time: 3:30 PM	NL
Sep 17, 2019	Tue	Regular Season (@ T-Burg HS (Senior Night))	Groton, Lansing, Moravia, Southern Cayuga @ Trumansburg	5:00 PM		Stadium Field	Bus/Driver: WATKINS GLEN	Departure Point: Field house Departure Time: 3:30 PM	L
Sep 21, 2019	Sat	Regular Season (Pre State Meet @ SUNY Plattsburg - Leave Friday 9/20 @ 10:00 AM)	@ TBD	10:00 AM		SUNY Plattsburgh	Bus/Driver: Watkins Glen Class Dismissal: 9:45 AM	Departure Point: Field House Departure Time: 10:00 AM	NL
Sep 28, 2019	Sat	Regular Season (McQuaid Invitational @ Genesee Valley Park)	@ TBD	9:35 AM		Genesee Valley Park	Bus/Driver: Watkins Glen	Departure Point: Field House Departure Time: 6:15 AM Return Date: Return Time: 3:30 PM	NL
Oct 1, 2019	Tue	Regular Season (@ Southern Cayuga HS Fields)	Groton, Marathon, Moravia, Trumansburg @ Southern Cayuga	5:00 PM		Southern Cayuga HS Fields	Bus/Driver: WATKINS GLEN Class Dismissal: 2:30 PM	Departure Point: HS Flag Pole Departure Time: 2:45 PM	L

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Oct 8, 2019	Tue	Regular Season (Divisonal Meet @ NV)	Notre Dame, Elmira, Waverly, Elmira Heights, Tioga, Spencer-Van Etten (S-VE Panthers) @ Newark Valley	4:00 PM		Newark Valley High School	Bus/Driver: Watkins Glen Class Dismissal: 1:45 PM	Departure Point: Field House Departure Time: 2:00 PM Return Date: Return Time: 8:00 PM	L
Oct 12, 2019	Sat	Regular Season (Legends Invite @ Finger Lakes CC)	@ TBD	10:00 AM	2:00 PM	Ultra Tech Park - Newark NY	Bus/Driver: WATKINS GLEN	Departure Point: Field house Departure Time: 8:00 AM	NL
Oct 19, 2019	Sat	Regular Season (Marathon Invitational @ Appleby ES in Marathon)	@ TBD	10:00 AM		Appleby ES	Bus/Driver: WATKINS GLEN	Departure Point: Field house Departure Time: 7:30 AM Return Date: Return Time: 3:00 PM	NL
Nov 1, 2019	Fri	Regular Season (IAC Championships @ Appleby ES Marathon)	@ TBD	4:00 PM		Appleby ES	Bus/Driver: WATKINS GLEN Class Dismissal: 1:15 PM	Departure Point: HS Flag Pole Departure Time: 1:30 PM	L
Nov 7, 2019	Thu	Post-Season (Section IV Championships @ CV State Park)	@ TBD	10:00 AM		Chenango Valley State Park	Bus/Driver: WATKINS GLEN	Departure Point: Field house Departure Time: 7:00 AM Return Date: Return Time: 4:00 PM	NL
Nov 16, 2019	Sat	Post-Season (NYSPHSAA CHAMPIONSHIPS @ SUNY PLATTSBURGH leave Friday 11/15)	@ Plattsburgh	9:00 AM		SUNY Plattsburgh	Bus/Driver: WATKINS GLEN	Departure Point: Field house Departure Time: 7:00 AM	NL

Date: 2024-05-10